

Kent Schools' Track and Field Championships - 2019  
Julie Rose Stadium, Kennington Road, Ashford TN24 9QP

Track						Field																																		
T1	10.00	300m Hurdles	IG	Final	5	F1	10.00	JB/JG	Pole Vault	6/2																														
T2	10.08	400m Hurdles	IB	Final	3	F2	10.00	IB/JB	Hammer	7/7																														
T3	10.15	100m	Y7G	3 T/trials	21	F3	10.00	IG	High Jump	12																														
T4	10.25	100m	Y7B	4 T/trials	30	F4	10.00	IB/IG	Triple Jump	12/5																														
T5	10.35	100m	JG	4 Heats	26	F5	10.00	Y7B/Y7G	Shot	8/8																														
T6	10.45	100m	JB	5 Heats	38	F6	11.30	JG	High Jump	12																														
T7	10.55	100m	IG	3 Heats	21	F7	11.45	IG/JG	Hammer	1/9																														
T8	11.00	100m	IB	4 Heats	27	F8	11.45	IB	Long Jump	15																														
T9	11.10	1500m	JG	2 Heats	19	F9	12.00	Y7B/Y7G	Long Jump	12/3																														
T10	11.20	1500m	JB	3 Heats	33	F10	12.30	JB	Shot	19																														
T11	11.32	1500m	IG	Final	7	F11	12.45	IG/JG	Javelin	9/11																														
T12	11.40	1500m	IB	2 Heats	20	F12	13.00	IB	High Jump	13																														
T13	11.57	100m	JG	Final	from T5	F13	13.00	IB/IG	Pole Vault	5/2																														
T14	12.00	100m	JB	Final	from T6	F14	13.30	IG	Long Jump	10																														
T15	12.04	100m	IG	Final	from T7	F15	14.15	JB	Triple Jump	12																														
T16	12.07	100m	IB	Final	from T8	F16	14.15	JB	Javelin	18																														
T17	12.10	5000m Walks	All	Final	1/2	F17	14.30	JB	High Jump	17																														
T18	12.10	3000m Walks	All	Final	3/2/3	F18	14.30	IG/JG	Discus	2/9																														
<b>Break</b>						F19	15.30	IB	Javelin	8																														
T19	12.45	800m	Y7G	3 T/trials	22	F20	15.30	JG	Shot	10																														
T20	12.55	800m	Y7B	4 T/trials	29	F21	15.30	JG	Long Jump	16																														
T21	13.13	800m	JG	3 Heats	20	F22	16.00	JB	Discus	19																														
T22	13.19	800m	JB	4 Heats	28	F23	16.15	Y7B/Y7G	Javelin	10/5																														
T23	13.27	800m	IG	Final	9	F24	16.30	Y7B/Y7G	High Jump	9/9																														
T24	13.32	800m	IB	Final	8	F25	16.30	IB/IG	Shot	8/8																														
T25	13.40	400m	IB	2 Heats	14	F26	16.30	JB	Long Jump	18																														
T26	13.45	300m	IG	2 Heats	13	F27	17.15	IB	Discus	11																														
T27	13.55	300m	JB	3 Heats	18	<p>Competitors should arrive at the venue at least 1 hour before their first event start time. Ensure you arrive for the heat and not the final time where applicable.</p> <p><b>UPON ARRIVAL REPORT TO REGISTRATION, COLLECT YOUR NUMBERS AND ENSURE YOU ARE REGISTERED FOR YOUR EVENT(S)</b></p> <p>Track events - athletes should report to the marksman at the start location at least 10 mins before the event start time.</p> <p>Field events - report at least 15 minutes before event start time for warm up.</p> <p>All competitors apart from those in the Pole Vault and High Jump will have three attempts with the best six having further trials, 1 extra for Y7 athletes and 3 for older age athletes.</p> <p>Minimum Starting heights will be:</p> <table style="margin-left: 40px;"> <tr><td>PV</td><td>1.80</td><td>JG</td></tr> <tr><td></td><td>2.00</td><td>JB</td></tr> <tr><td></td><td>1.8</td><td>IG</td></tr> <tr><td></td><td>2.20</td><td>IB</td></tr> <tr><td>HJ</td><td>1.25</td><td>Y7G</td></tr> <tr><td></td><td>1.30</td><td>Y7B</td></tr> <tr><td></td><td>1.30</td><td>JG</td></tr> <tr><td></td><td>1.40</td><td>JB</td></tr> <tr><td></td><td>1.35</td><td>IG</td></tr> <tr><td></td><td>1.50</td><td>IB</td></tr> </table> <p>In the High Jump the height progression will be at the discretion of the Field Referee</p>					PV	1.80	JG		2.00	JB		1.8	IG		2.20	IB	HJ	1.25	Y7G		1.30	Y7B		1.30	JG		1.40	JB		1.35	IG		1.50	IB
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T28	14.05	300m	JG	Final	7																																			
T29	14.15	3000m	IB/IG	Final	8/1																																			
T30	14.30	75m Hurdles	JG	3 Heats	21																																			
T31	14.45	80m Hurdles	IG	Final	8																																			
T32	14.50	80m Hurdles	JB	2 Heats	12																																			
T33	15.00	100m Hurdles	IB	2 Heats	13																																			
T34	15.15	200m	IB	3 Heats	21																																			
T35	15.22	200m	IG	2 Heats	16																																			
T36	15.30	200m	JB	4 Heats	27																																			
T37	15.40	200m	JG	3 Heats	17																																			
T38	15.50	1500m	JG	Final	from T9																																			
T39	15.57	1500m	JB	Final	from T10																																			
T40	16.04	1500m	IB	Final	from T12																																			
T41	16.15	1500m S/C	SG	Final	7																																			
T42	16.15	1500m S/C	IG	Final	3+4																																			
T43	16.25	1500m S/C	IB	Final	1+2																																			
T44	16.45	2000m S/C	SB	Final	5																																			
T45	16.55	75m Hurdles	JG	Final	From T29																																			
T46	17.00	80m Hurdles	JB	Final	From T31																																			
T47	17.05	100m Hurdles	IB	Final	From T32																																			
T48	17.15	800m	JG	Final	From T20																																			
T49	17.20	800m	JB	Final	From T21																																			
T50	17.25	400m	IB	Final	From T24																																			
T51	17.30	300m	IG	Final	From T25																																			
T52	17.35	300m	JB	Final	From T26																																			
T53	17.45	200m	IB	Final	From T33																																			
T54	17.48	200m	IG	Final	From T34																																			
T55	17.51	200m	JB	Final	From T35																																			
T56	17.54	200m	JG	Final	From T36																																			

BRING 8 SAFETY PINS FOR YOUR NUMBERS

Competitors in the Triple Jump (JB, IB) may choose to take off from either the 9m or 11m board. If in the opinion of the officials at the event a competitor is unlikely to reach the pit safely from the 9m board they may disallow the competitor from taking part in the competition. Inter Girls may chose to take off from either the 7m line or 9m or 11m boards and must safely reach the pit.

Finals will be run at heat times if insufficient competitors declare. Those who qualify for the final must participate in it unless permission is obtained from the Track Referee. In this case they will not be able to take part in subsequent events.