

Age group	Event	NS	DS	Starting height
JB	100m	11.40	12.50	
JB	200m	23.20	25.60	
JB	300m	36.80	42.00	
JB	800m	02:02.0	02:20.0	
JB	1500m	04:13.0	04:50.0	
JB	80m Hurdles	11.60	13.80	
JB	High Jump	1.78	1.50	1.40
JB	Long Jump	5.95	5.00	
JB	Triple Jump	12.40	10.00	
JB	Pole Vault	3.30	2.10	2.00
JB	Shot	13.30	9.50	
JB	Discus	38.00	24.00	
JB	Javelin	47.00	30.00	
JB	Hammer	45.00	24.00	
IB	100m	11.00	12.00	
IB	200m	22.20	24.40	
IB	400m	49.70	55.50	
IB	800m	01:55.0	02:10.0	
IB	1500m	04:03.0	04:30.0	
IB	3000m	08:50.0	10:00.0	
IB	100m Hurdles	13.50	16.00	
IB	400m Hurdles	56.50	68.00	
IB	1500m S/C	04:32.0	05:20.0	
IB	High Jump	1.94	1.60	1.50
IB	Long Jump	6.80	5.50	
IB	Triple Jump	13.70	11.00	
IB	Pole Vault	4.20	2.20	2.20
IB	Shot	14.20	10.00	
IB	Discus	44.00	26.00	
IB	Javelin	54.00	33.00	
IB	Hammer	56.00	24.00	
SB	100m	10.80	12.00	
SB	200m	21.90	24.40	
SB	400m	48.80	55.50	
SB	800m	01:52.0	2:10.0	
SB	1500m	03:55.0	4:30.0	
SB	3000m	08:33.0	10:00.0	
SB	110m Hurdles	14.60	18.50	
SB	400m Hurdles	55.00	68.00	
SB	2000m S/C	06:08.0	7:15.0	
SB	High Jump	2.01	1.60	
SB	Long Jump	6.80	5.50	
SB	Triple Jump	14.20	11.00	

SB	Pole Vault	4.50	2.20	
SB	Shot	13.70	9.50	
SB	Discus	46.00	24.00	
SB	Javelin	56.00	32.00	
SB	Hammer	58.00	22.00	
JG	100m	12.40	13.50	
JG	200m	25.50	28.00	
JG	300m	41.00	46.00	
JG	800m	02:15.0	02:33.0	
JG	1500m	04:40.0	05:20.0	
JG	75m Hurdles	11.40	13.50	
JG	High Jump	1.65	1.40	1.30
JG	Long Jump	5.30	4.40	
JG	Pole Vault	3.00	1.80	1.80
JG	Shot	11.20	8.00	
JG	Discus	30.00	19.00	
JG	Javelin	36.00	23.00	
JG	Hammer	43.00	21.00	
IG	100m	12.20	13.40	
IG	200m	25.10	27.50	
IG	300m	40.20	45.50	
IG	800m	02:13.0	02:32.0	
IG	1500m	04:39.0	05:15.0	
IG	3000m	10:10.0	12:00.0	
IG	80m Hurdles	11.60	14.00	
IG	300m Hurdles	45.00	54.00	
IG	1500m S/C	05:13.0	06:15.0	
IG	High Jump	1.71	1.45	1.35
IG	Long Jump	5.55	4.60	
IG	Triple Jump	11.30	9.00	
IG	Pole Vault	3.40	1.90	1.80
IG	Shot	12.70	8.70	
IG	Discus	37.00	21.00	
IG	Javelin	41.00	25.00	
IG	Hammer	53.00	23.00	
SG	100m	12.10	13.40	
SG	200m	25.10	27.50	
SG	400m	57.00	65.00	
SG	800m	02:12.0	2:32.0	
SG	1500m	04:36.0	5:15.0	
SG	3000m	10:06.0	12:00.0	
SG	100m Hurdles	14.60	18.50	
SG	400m Hurdles	64.00	76.00	
SG	1500m S/C	05:10.0	6:15.0	
SG	High Jump	1.72	1.45	
SG	Pole Vault	3.50	1.90	

SG	Long Jump	5.60	4.60
SG	Triple Jump	11.40	9.00
SG	Shot	11.40	7.50
SG	Discus	39.00	21.00
SG	Javelin	40.00	23.00
SG	Hammer	47.00	22.00