

Kent Schools' Track and Field Championships - 2023
Medway Park, Gillingham ME7 1HF

Track					Field					
T1	10.00	300m Hurdles	IG	Final	5	F1	10.00	JB/JG	Pole Vault	6/1+1
T2	10.08	400m Hurdles	IB	Final	5	F2	10.00	IB/JB	Hammer	3/14
T3	10.15	100m	Y7G	2 T/trials	16	F3	10.00	IB/IG	High Jump	9/5
T4	10.25	100m	Y7B	3 T/trials	25	F4	10.00	IB/IG	Triple Jump	8/4 Pit 1
T5	10.35	100m	JG	4 Heats	31	F5	10.00	Y7B/Y7G	Shot	10/5
T6	10.45	100m	JB	4 Heats	27	F6	11.40	JG	High Jump	8
T7	10.55	100m	IG	3 Heats	25	F7	11.45	Y7B	Long Jump	17 Pit 2
T8	11.05	100m	IB	3 Heats	24	F8	11.45	Y7G	Long Jump	9 Pit 1
T9	11.15	1500m	JG	Final	14	F9	11.50	IG/JG	Hammer	3/3
T10	11.20	1500m	JB	2 Heats	26	F10	12.15	IG/JG	Javelin	6/11
T11	11.30	1500m	IG	Final	9	F11	12.30	JB	Shot	16
T12	11.37	1500m	IB	Final	11	F12	13.00	IB/IG	Pole Vault	3+1/1+1
T13	11.45	100m	JG	Final	from T5	F13	13.30	IG	Long Jump	10 Pit 2
T14	11.50	100m	JB	Final	from T6	F14	13.50	IB/JB	Javelin	9/16
T15	11.55	100m	IG	Final	from T7	F15	14.15	JB	Triple Jump	17 Pit 1
T16	12.00	100m	IB	Final	from T8	F16	14.30	JB	High Jump	17
T17	12.05	5000m Walks	All	Final	0/1	F17	15.30	IG/JG	Discus	8/13
T18	12.05	3000m Walks	All	Final	1/1/1/1	F18	15.30	JG	Shot	14
Break						F19	15.30	JG	Long Jump	14 Pit 2
T19	12.40	800m	Y7G	2 T/trials	15	F20	16.15	Y7B/Y7G	Javelin	10/1 PV end
T20	12.47	800m	Y7B	5 T/trials	37	F21	16.30	IB/IG	Shot	11/10
T21	13.10	800m	JG	3 Heats	27	F22	16.30	JB	Long Jump	15 Pit 1
T22	13.15	800m	JB	4 Heats	34	F23	16.45	IB/JB	Discus	09/13
T23	13.25	800m	IG	2 Heats	17	F24	16.45	IB	Long Jump	10 Pit 2
T24	13.32	800m	IB	2 Heats	16					
T25	13.40	200m	IB	3 Heats	17	Competitors should arrive at the venue at least 1 hour before their first event start time. Ensure you arrive for the heat and not the final time where applicable.				
T26	13.50	200m	IG	3 Heats	17	UPON ARRIVAL REPORT TO REGISTRATION, COLLECT YOUR NUMBERS AND ENSURE YOU ARE REGISTERED FOR YOUR EVENT(S)				
T27	14.00	200m	JB	3 Heats	20	Track events - athletes should report to the marksman at the start location at least 10 mins before the event start time.				
T28	14.05	200m	JG	2 Heats	16	Field events - report at least 15 minutes before event start time for warm up.				
T29	14.10	3000m	IB/IG	Final	4/3	All competitors apart from those in the Pole Vault and High Jump will have three attempts with the best six having further trials, 1 extra for Junior and Y7 athletes and 3 for Intermediate age athletes.				
T30	14.25	75m Hurdles	JG	2 Heats	12	Minimum Starting heights will be:				
T31	14.40	80m Hurdles	IG	Final	8	PV 1.80 JG				
T32	14.50	80m Hurdles	JB	2 Heats	12	2.00 JB				
T33	15.00	100m Hurdles	IB	Final	6	1.80 IG				
T34	15.15	400m	IB	2 Heats	13	2.20 IB				
T35	15.20	300m	IG	2 Heats	10	HJ 1.30 JG				
T36	15.27	300m	JB	2 Heats	16	1.40 JB				
T37	15.35	300m	JG	Final	6	1.35 IG				
T38	15.45	1500m	JB	Final	from T10	1.50 IB				
T39	16.00	1500m S/C	SG	Final	5+3	In the High Jump the height progression will be at the discretion of the Field Referee				
T40	16.00	1500m S/C	IG	Final	1					
T41	16.15	1500m S/C	IB	Final	2+5					
T42	16.30	2000m S/C	SB	Final	3+3					
T43	16.45	75m Hurdles	JG	Final	From T30					
T44	16.55	80m Hurdles	JB	Final	From T32					
T45	17.05	800m	JG	Final	From T21					
T46	17.15	800m	JB	Final	From T22					
T47	17.20	800m	IG	Final	From T23					
T48	17.25	800m	IB	Final	From T24					
T49	17.30	200m	IB	Final	From T25					
T50	17.33	200m	IG	Final	From T26					
T51	17.37	200m	JB	Final	From T27					
T52	17.40	200m	JG	Final	From T28					
T53	17.47	400m	IB	Final	From T34					
T54	17.53	300m	IG	Final	From T35					
T55	17.56	300m	JB	Final	From T36					

BRING 8 SAFETY PINS FOR YOUR NUMBERS

Competitors in the Triple Jump (JB, IB) may choose to take off from either the 9m or 11m board. If in the opinion of the officials at the event a competitor is unlikely to reach the pit safely from the 9m board they may disallow the competitor from taking part in the competition. Inter Girls may choose to take off from either the 7m line or 9m or 11m boards and must safely reach the pit.

Finals will be run at heat times if insufficient competitors declare. Those who qualify for the final must participate in it unless permission is obtained from the Track Referee. In this case they will not be able to take part in subsequent events.