

Kent Schools' Track and Field Championships - 2025
Medway Park, Gillingham ME7 1HF

Track					
T1	10.00	300m Hurdles	IG	Final	6
T2	10.08	400m Hurdles	IB	Final	7
T3	10.15	100m	Y7G	2 T/trials	15
T4	10.25	100m	Y7B	3 T/trials	20
T5	10.35	100m	JG	5 Heats (9)	45
T6	10.48	100m	JB	4 Heats (9/10)	37
T7	11.00	100m	IG	4 Heats	27
T8	11.15	100m	IB	4 Heats (9/10)	39
T9	11.30	1500m	JG	2 T/trials	20
T10	11.40	1500m	JB	3 T/trials	44
T11	11.55	1500m	IG	Final	9
T12	12.00	1500m	IB	2 T/trials	30
T13	12.10	100m	JG	Final	from T5
T14	12.15	100m	JB	Final	from T6
T15	12.20	100m	IG	Final	from T7
T16	12.25	100m	IB	Final	from T8
T17	12.30	3000m Walks	All	Final	1/0
T18	12.30	2000m Walks	All	Final	1/1+0/3
T19	12.30	1500m Walks	Y7B	Final	1
Break					
T20	12.55	800m	Y7G	2 T/trials	15
T21	13.03	800m	Y7B	3 T/trials	33
T22	13.20	800m	JG	3 T/trials	29
T23	13.30	800m	JB	4 T/trials	38
T24	13.40	800m	IG	2 Heats	19
T25	13.47	800m	IB	2 Heats	18
T26	13.55	200m	IB	4 Heats	31
T27	14.07	200m	IG	3 Heats	20
T28	14.20	200m	JB	4 Heats	26
T29	14.35	200m	JG	4 Heats	25
T30	14.50	3000m	IB/IG	Final	2/0
T31	15.05	75m Hurdles	JG	Final (9)	9
T32	15.15	80m Hurdles	IG	Final	4
T33	15.25	80m Hurdles	JB	2 Heats	12
T34	15.40	100m Hurdles	IB	Final (9)	9
T35	15.50	400m	IB	2 Heats	13
T36	16.00	300m	IG	3 Heats	18
T37	16.10	300m	JB	5 Heats	39
T38	16.30	300m	JG	2 Heats	13
T39	16.40	1500m S/C	IG	Final	5 + 3
T40	17.00	1500m S/C	IB	Final	4 + 3
T41	17.15	2000m S/C	SB	Final	3
T42	17.25	80m Hurdles	JB	Final	From T33
T43	17.35	800m	IG	Final	From T24
T44	17.40	800m	IB	Final	From T25
T45	17.45	200m	IB	Final	From T26
T46	17.48	200m	IG	Final	From T27
T47	17.51	200m	JB	Final	From T28
T48	17.54	200m	JG	Final	From T29
T49	18.03	400m	IB	Final	From T35
T50	18.10	300m	IG	Final	From T36
T51	18.15	300m	JB	Final	From T37
T52	18.20	300m	JG	Final	From T38

BRING 8 SAFETY PINS FOR YOUR NUMBERS

Starting Blocks will only be permitted in sprint finals in accordance with the ESAA Track and Field Championship Rule 24

Field					
F1	10.00	JB/JG	Pole Vault		3/3
F2	10.00	IB/JB	Hammer		9/10
F3	10.00	IG	High Jump		7
F4	10.00	Y7B/Y7G	Shot		8/2
F5	11.00	JG	High Jump		13
F6	11.00	Y7B	Long Jump		14 Pit 2
F7	11.00	Y7G	Long Jump		7 Pit 1
F8	11.45	IG/JG	Hammer		3/4
F9	12.15	IB	High Jump		20
F10	12.15	IG/JG	Javelin		12/8
F11	12.30	IB/IG	Triple Jump		15/6 Pit 1
F12	12.45	JB	Shot		22
F13	13.45	IB/IG	Pole Vault		2/3
F14	13.45	IG	Long Jump		8 Pit 2
F15	14.00	IB/JB	Javelin		16/20
F16	14.10	JB	Triple Jump		17 Pit 1
F17	14.30	JB	High Jump		21
F18	15.30	JG	Shot		15
F19	15.45	IG/JG	Discus		5/6
F20	15.45	Y7B/Y7G	Javelin		15/4 PV end
F21	15.45	JG	Long Jump		22 Pit 2
F22	16.30	IB/IG	Shot		20/10
F23	16.30	IB/JB	Discus		16/21
F24	16.45	JB	Long Jump		25 Pit 1
F25	16.55	IB	Long Jump		22 Pit 2

Competitors should arrive at the venue at least 1 hour before their first event start time. Ensure you arrive for the heat and not the final time where applicable.

UPON ARRIVAL REPORT TO REGISTRATION, COLLECT YOUR NUMBERS AND ENSURE YOU ARE REGISTERED FOR YOUR EVENT(S)

Track events - athletes should report to the marksman at the start location at least 10 mins before the event start time.

Field events - report at least 15 minutes before event start time for warm up.

All competitors apart from those in the Pole Vault and High Jump will have three attempts with the best six having further trials, 1 extra for Junior and Y7 athletes and 3 for Intermediate age athletes.

Minimum Starting heights will be:

PV	1.80	JG
	2.00	JB
	1.80	IG
	2.20	IB

HJ	1.35	JG
	1.45	JB
	1.40	IG
	1.55	IB

In the High Jump the height progression will be at the discretion of the Field Referee

Competitors in the Triple Jump (JB, IB) may choose to take off from either the 9m or 11m board. If in the opinion of the officials at the event a competitor is unlikely to reach the pit safely from the 9m board they may disallow the competitor from taking part in the competition. Inter Girls may choose to take off from either the 7m line or 9m or 11m boards and must safely reach the pit.

Finals will be run at heat times if insufficient competitors declare. Those who qualify for the final must participate in it unless permission is obtained from the Track Referee. In this case they will not be able to take part in subsequent events.