

**Kent Schools' Track and Field Championships - 2025**  
Medway Park, Gillingham ME7 1HF

<b>Track</b>					
T1	10.00	300m Hurdles	IG	<b>Final</b>	6
T2	10.08	400m Hurdles	IB	<b>Final</b>	7
T3	10.15	100m	Y7G	<b>2 T/trials</b>	15
T4	10.25	100m	Y7B	<b>3 T/trials</b>	20
T5	10.35	100m	JG	<b>5 Heats (9)</b>	45
T6	10.48	100m	JB	<b>4 Heats (9/10)</b>	37
T7	11.00	100m	IG	<b>4 Heats</b>	27
T8	11.15	100m	IB	<b>4 Heats (9/10)</b>	39
T9	11.30	1500m	JG	<b>2 T/trials</b>	20
T10	11.40	1500m	JB	<b>3 T/trials</b>	44
T11	11.55	1500m	IG	<b>Final</b>	9
T12	12.00	1500m	IB	<b>2 T/trials</b>	30
T13	12.10	100m	JG	<b>Final</b>	from T5
T14	12.15	100m	JB	<b>Final</b>	from T6
T15	12.20	100m	IG	<b>Final</b>	from T7
T16	12.25	100m	IB	<b>Final</b>	from T8
T17	12.30	3000m Walks	All	<b>Final</b>	1/0
T18	12.30	2000m Walks	All	<b>Final</b>	1/1+0/3
T19	12.30	1500m Walks	Y7B	<b>Final</b>	1
<b>Break</b>					
T20	12.55	800m	Y7G	<b>2 T/trials</b>	15
T21	13.03	800m	Y7B	<b>3 T/trials</b>	33
T22	13.20	800m	JG	<b>3 T/trials</b>	29
T23	13.30	800m	JB	<b>4 T/trials</b>	38
T24	13.40	800m	IG	<b>2 Heats</b>	19
T25	13.47	800m	IB	<b>2 Heats</b>	18
T26	13.55	200m	IB	<b>4 Heats</b>	31
T27	14.07	200m	IG	<b>3 Heats</b>	20
T28	14.20	200m	JB	<b>4 Heats</b>	26
T29	14.35	200m	JG	<b>4 Heats</b>	25
T30	14.50	3000m	IB/IG	<b>Final</b>	2/0
T31	15.05	75m Hurdles	JG	<b>Final (9)</b>	9
T32	15.15	80m Hurdles	IG	<b>Final</b>	4
T33	15.25	80m Hurdles	JB	<b>2 Heats</b>	12
T34	15.40	100m Hurdles	IB	<b>Final (9)</b>	9
T35	15.50	400m	IB	<b>2 Heats</b>	13
T36	16.00	300m	IG	<b>3 Heats</b>	18
T37	16.10	300m	JB	<b>5 Heats</b>	39
T38	16.30	300m	JG	<b>2 Heats</b>	13
T39	16.40	1500m S/C	IG	<b>Final</b>	5 + 3
T40	17.00	1500m S/C	IB	<b>Final</b>	4 + 3
T41	17.15	2000m S/C	SB	<b>Final</b>	3
T42	17.25	80m Hurdles	JB	<b>Final</b>	From T33
T43	17.35	800m	IG	<b>Final</b>	From T24
T44	17.40	800m	IB	<b>Final</b>	From T25
T45	17.45	200m	IB	<b>Final</b>	From T26
T46	17.48	200m	IG	<b>Final</b>	From T27
T47	17.51	200m	JB	<b>Final</b>	From T28
T48	17.54	200m	JG	<b>Final</b>	From T29
T49	18.03	400m	IB	<b>Final</b>	From T35
T50	18.10	300m	IG	<b>Final</b>	From T36
T51	18.15	300m	JB	<b>Final</b>	From T37
T52	18.20	300m	JG	<b>Final</b>	From T38

BRING 8 SAFETY PINS FOR YOUR NUMBERS

Starting Blocks will only be permitted in sprint finals in accordance with the ESAA Track and Field Championship Rule 24

<b>Field</b>					
F1	10.00	JB/JG	Pole Vault	3/3	
F2	10.00	IB/JB	Hammer	9/10	
F3	10.00	IG	High Jump	7	
F4	10.00	Y7B/Y7G	Shot	8/2	
F5	11.00	JG	High Jump	13	
F6	11.00	Y7B	Long Jump	14	Pit 2
F7	11.00	Y7G	Long Jump	7	Pit 1
F8	11.45	IG/JG	Hammer	3/4	
F9	12.15	IB	High Jump	20	
F10	12.15	IG/JG	Javelin	12/8	
F11	12.30	IB/IG	Triple Jump	15/6	Pit 1
F12	12.45	JB	Shot	22	
F13	13.45	IB/IG	Pole Vault	2/3	
F14	13.45	IG	Long Jump	8	Pit 2
F15	14.00	IB/JB	Javelin	16/20	
F16	14.10	JB	Triple Jump	17	Pit 1
F17	14.30	JB	High Jump	21	
F18	15.30	JG	Shot	15	
F19	15.45	IG/JG	Discus	5/6	
F20	15.45	Y7B/Y7G	Javelin	15/4	PV end
F21	15.45	JG	Long Jump	22	Pit 2
F22	16.30	IB/IG	Shot	20/10	
F23	16.30	IB/JB	Discus	16/21	
F24	16.45	JB	Long Jump	25	Pit 1
F25	16.55	IB	Long Jump	22	Pit 2

Competitors should arrive at the venue at least 1 hour before their first event start time. Ensure you arrive for the heat and not the final time where applicable.

**UPON ARRIVAL REPORT TO REGISTRATION, COLLECT YOUR NUMBERS AND ENSURE YOU ARE REGISTERED FOR YOUR EVENT(S)**

Track events - athletes should report to the marksman at the start location at least 10 mins before the event start time.

Field events - report at least 15 minutes before event start time for warm up.

All competitors apart from those in the Pole Vault and High Jump will have three attempts with the best six having further trials, 1 extra for Junior and Y7 athletes and 3 for Intermediate age athletes.

Minimum Starting heights will be:

PV 1.80 JG  
2.00 JB  
1.80 IG  
2.20 IB

HJ 1.35 JG  
1.45 JB  
1.40 IG  
1.55 IB

In the High Jump the height progression will be at the discretion of the Field Referee

Competitors in the Triple Jump (JB, IB) may choose to take off from either the 9m or 11m board. If in the opinion of the officials at the event a competitor is unlikely to reach the pit safely from the 9m board they may disallow the competitor from taking part in the competition. Inter Girls may chose to take off from either the 7m line or 9m or 11m boards and must safely reach the pit.

Finals will be run at heat times if insufficient competitors declare. Those who qualify for the final must participate in it unless permission is obtained from the Track Referee. In this case they will not be able to take part in subsequent events.