

## **ESAA T&F Championships**

**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

### **NOTES**

**Hurdles points are awarded as seen below.**

|                                  |              |
|----------------------------------|--------------|
| U18M 400 metres Hurdles (84.0cm) | Points to IB |
| U18M 110 metres Hurdles (91.4cm) | Points to IB |
| U18W 100 metres Hurdles (76.2cm) | Points to IG |
| U18W 400 metres Hurdles (76.2cm) | Points to IG |
| U16B 100m Hurdles (84cm)         | Points to JB |
| U16B 300m Hurdles (76.2cm)       | Points to JB |
| U16G 300m Hurdles (76.2cm)       | Points to JG |
| U16G 80 metres Hurdles (76.2cm)  | Points to JG |
| U19M 110 metres Hurdles (99.1cm) | Points to SM |
| U19M 400 metres Hurdles (91.4cm) | Points to SM |
| U19W 100 metres Hurdles (84.0cm) | Points to SW |
| U19W 400 metres Hurdles (76.2cm) | Points to SW |

**Mixed relay points are split between Girls and Boys**

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| <b>Junior Boys : Group A<br/>Championships Shield</b>   |                            |        | <b>Intermediate Boys : Group A<br/>Hendon Council trophy</b>  |                            |        | <b>Senior Boys : Group A<br/>E.W. Haley Trophy</b>     |                            |        |
|---------------------------------------------------------|----------------------------|--------|---------------------------------------------------------------|----------------------------|--------|--------------------------------------------------------|----------------------------|--------|
| Pos                                                     | County                     | Points | Pos                                                           | County                     | Points | Pos                                                    | County                     | Points |
| 1                                                       | Kent                       | 108    | 1                                                             | Kent                       | 104    | 1                                                      | Middlesex                  | 73     |
| 2                                                       | Essex                      | 75     | 2                                                             | Essex                      | 72     | 2                                                      | Essex                      | 60.5   |
| 3                                                       | Berkshire                  | 48     | 3                                                             | Hertfordshire              | 69     | 3                                                      | Surrey                     | 53.5   |
| 4                                                       | Greater Manchester         | 41     | 4                                                             | Surrey                     | 65     | 4                                                      | Hertfordshire              | 47     |
| 4                                                       | Hampshire                  | 41     | 5                                                             | London                     | 62     | 5                                                      | Kent                       | 45     |
| 6                                                       | Surrey                     | 34     | 6                                                             | Middlesex                  | 54     | 6                                                      | Hampshire                  | 42     |
| 7                                                       | Sussex                     | 32     | 7                                                             | Sussex                     | 37     | 7                                                      | Berkshire                  | 29     |
| 8                                                       | London                     | 26     | 8                                                             | Berkshire                  | 25     | 8                                                      | Sussex                     | 24     |
| 9                                                       | Middlesex                  | 23     | 9                                                             | Greater Manchester         | 23     | 9                                                      | Greater Manchester         | 15     |
| 10                                                      | Hertfordshire              | 18     | 9                                                             | Hampshire                  | 23     | 10                                                     | London                     | 5      |
| <b>Junior Boys : Group B<br/>Durham Cup</b>             |                            |        | <b>Intermediate Boys : Group B<br/>Goodwill Cup</b>           |                            |        | <b>Senior Boys : Group B<br/>Cheshire Trophy</b>       |                            |        |
| Pos                                                     | County                     | Points | Pos                                                           | County                     | Points | Pos                                                    | County                     | Points |
| 1                                                       | Buckinghamshire            | 54     | 1                                                             | Cheshire                   | 42.5   | 1                                                      | Lancashire                 | 35     |
| 2                                                       | West Midlands              | 38     | 2                                                             | Somerset                   | 33     | 2                                                      | North Yorkshire            | 33     |
| 3                                                       | Merseyside                 | 18     | 3                                                             | North Yorkshire            | 20.5   | 3                                                      | Merseyside                 | 23     |
| 4                                                       | South Yorkshire            | 17.5   | 4                                                             | West Midlands              | 17.5   | 4                                                      | Cheshire                   | 20.5   |
| 5                                                       | West Yorkshire             | 15     | 5                                                             | Avon                       | 17     | 5                                                      | Somerset                   | 20     |
| 6                                                       | Leicestershire and Rutland | 12.5   | 5                                                             | Lancashire                 | 17     | 5                                                      | West Midlands              | 20     |
| 7                                                       | Nottinghamshire            | 11     | 7                                                             | Buckinghamshire            | 16.5   | 7                                                      | West Yorkshire             | 18     |
| 8                                                       | Derbyshire                 | 7      | 8                                                             | Derbyshire                 | 15.5   | 8                                                      | Devon                      | 16.5   |
| 8                                                       | Lancashire                 | 7      | 9                                                             | Devon                      | 15     | 9                                                      | Avon                       | 15     |
| 8                                                       | North Yorkshire            | 7      | 10                                                            | Nottinghamshire            | 13     | 10                                                     | Leicestershire and Rutland | 14     |
| 11                                                      | Cheshire                   | 3      | 11                                                            | West Yorkshire             | 12     | 10                                                     | Nottinghamshire            | 14     |
| 11                                                      | Somerset                   | 3      | 12                                                            | Merseyside                 | 10     | 12                                                     | Buckinghamshire            | 7      |
| 13                                                      | Devon                      | 2      | 13                                                            | Leicestershire and Rutland | 7.5    | 13                                                     | Derbyshire                 | 6      |
| 14                                                      | Avon                       |        | 14                                                            | South Yorkshire            | 1      | 14                                                     | South Yorkshire            | 1      |
| <b>Junior Boys : Group C<br/>Watford Council trophy</b> |                            |        | <b>Intermediate Boys : Group C<br/>Rotary (Slough) Shield</b> |                            |        | <b>Senior Boys : Group C<br/>Ernest Campion Trophy</b> |                            |        |
| Pos                                                     | County                     | Points | Pos                                                           | County                     | Points | Pos                                                    | County                     | Points |
| 1                                                       | Wiltshire                  | 32     | 1                                                             | Wiltshire                  | 34     | 1                                                      | Norfolk                    | 45.5   |
| 2                                                       | Bedfordshire               | 31.5   | 2                                                             | Northamptonshire           | 29.5   | 2                                                      | Gloucestershire            | 39     |
| 3                                                       | Suffolk                    | 26     | 3                                                             | Gloucestershire            | 16     | 3                                                      | Wiltshire                  | 29     |
| 4                                                       | Humberside                 | 20     | 4                                                             | Suffolk                    | 15     | 4                                                      | Bedfordshire               | 28     |
| 5                                                       | Northumberland             | 19.5   | 5                                                             | Staffordshire              | 11.5   | 5                                                      | Warwickshire               | 25     |
| 6                                                       | Norfolk                    | 17     | 5                                                             | Warwickshire               | 11.5   | 6                                                      | Dorset                     | 20     |
| 7                                                       | Lincolnshire               | 14     | 7                                                             | Dorset                     | 10     | 7                                                      | Northumberland             | 16.5   |
| 8                                                       | Warwickshire               | 10     | 7                                                             | Oxfordshire                | 10     | 8                                                      | Durham                     | 16     |
| 9                                                       | Dorset                     | 9      | 9                                                             | Cambridgeshire             | 8      | 8                                                      | Lincolnshire               | 16     |
| 9                                                       | Northamptonshire           | 9      | 9                                                             | Northumberland             | 8      | 10                                                     | Northamptonshire           | 10     |
| 11                                                      | Cambridgeshire             | 8      | 11                                                            | Bedfordshire               | 6      | 11                                                     | Staffordshire              | 3.5    |
| 12                                                      | Gloucestershire            | 7      | 12                                                            | Norfolk                    | 5.5    | 12                                                     | Cambridgeshire             | 3      |
| 13                                                      | Oxfordshire                | 6      | 13                                                            | Humberside                 | 5      | 12                                                     | Humberside                 | 3      |
| 14                                                      | Staffordshire              | 4.5    | 14                                                            | Lincolnshire               | 2      | 14                                                     | Shropshire                 | 2      |
| 15                                                      | Durham                     | 1      | 15                                                            | Shropshire                 | 0.5    | 15                                                     | Suffolk                    | 1      |
| 16                                                      | Shropshire                 |        | 16                                                            | Durham                     |        | 16                                                     | Oxfordshire                |        |
| <b>Junior Boys : Group D</b>                            |                            |        | <b>Intermediate Boys : Group D</b>                            |                            |        | <b>Senior Boys : Group D</b>                           |                            |        |
| Pos                                                     | County                     | Points | Pos                                                           | County                     | Points | Pos                                                    | County                     | Points |
| 1                                                       | Isle of Man                | 15     | 1                                                             | Hereford and Worcestersh   | 9      | 1                                                      | Hereford and Worcestersh   | 16     |
| 2                                                       | Hereford and Worcestersh   | 9      | 2                                                             | Channel Islands            | 8      | 2                                                      | Channel Islands            | 9      |
| 3                                                       | Cumbria                    | 5      | 2                                                             | Cumbria                    | 8      | 3                                                      | Cleveland                  | 1      |
| 4                                                       | Cleveland                  | 2      | 4                                                             | Isle of Man                | 3.5    | 4                                                      | Cornwall                   | 0.5    |
| 5                                                       | Channel Islands            | 1      | 5                                                             | Cleveland                  | 1      | 5                                                      | Cumbria                    |        |
| 6                                                       | Cornwall                   |        | 5                                                             | Cornwall                   | 1      | 5                                                      | Isle of Man                |        |

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| <b>Junior Girls : Group A<br/>Championships Shield</b> |                            |        | <b>Intermediate Girls : Group A<br/>Hendon Business Men's trophy</b> |                            |        | <b>Senior Girls : Group A<br/>Joan Hayward Cup</b>       |                            |        |
|--------------------------------------------------------|----------------------------|--------|----------------------------------------------------------------------|----------------------------|--------|----------------------------------------------------------|----------------------------|--------|
| Pos                                                    | County                     | Points | Pos                                                                  | County                     | Points | Pos                                                      | County                     | Points |
| 1                                                      | Essex                      | 69     | 1                                                                    | Essex                      | 79     | 1                                                        | Surrey                     | 98     |
| 2                                                      | London                     | 67     | 2                                                                    | Kent                       | 59     | 2                                                        | Sussex                     | 60     |
| 3                                                      | Surrey                     | 49     | 3                                                                    | London                     | 53     | 3                                                        | Greater Manchester         | 59.5   |
| 4                                                      | Hampshire                  | 41     | 4                                                                    | Surrey                     | 49     | 4                                                        | Kent                       | 56     |
| 5                                                      | Sussex                     | 40     | 5                                                                    | Sussex                     | 43     | 5                                                        | Hampshire                  | 51.5   |
| 6                                                      | Berkshire                  | 38     | 6                                                                    | Berkshire                  | 36     | 6                                                        | Middlesex                  | 50     |
| 7                                                      | Middlesex                  | 34     | 7                                                                    | Hampshire                  | 35.5   | 7                                                        | London                     | 39     |
| 8                                                      | Hertfordshire              | 30     | 8                                                                    | Middlesex                  | 33     | 8                                                        | Essex                      | 35     |
| 9                                                      | Kent                       | 21     | 9                                                                    | Greater Manchester         | 29     | 9                                                        | Berkshire                  | 28     |
| 10                                                     | Greater Manchester         | 14     | 10                                                                   | Hertfordshire              | 16.5   | 10                                                       | Hertfordshire              | 22     |
| <b>Junior Girls : Group B<br/>Forrester Trophy</b>     |                            |        | <b>Intermediate Girls : Group B<br/>Goodwill Cup</b>                 |                            |        | <b>Senior Girls : Group B<br/>Rotary (Northwich) Cup</b> |                            |        |
| Pos                                                    | County                     | Points | Pos                                                                  | County                     | Points | Pos                                                      | County                     | Points |
| 1                                                      | Derbyshire                 | 37     | 1                                                                    | Merseyside                 | 48     | 1                                                        | Devon                      | 35.5   |
| 2                                                      | Avon                       | 29     | 2                                                                    | Devon                      | 43     | 2                                                        | West Midlands              | 26.5   |
| 2                                                      | West Midlands              | 29     | 3                                                                    | West Yorkshire             | 34     | 3                                                        | Merseyside                 | 24     |
| 4                                                      | Merseyside                 | 21.5   | 4                                                                    | Cheshire                   | 28     | 4                                                        | Buckinghamshire            | 23     |
| 5                                                      | West Yorkshire             | 18     | 4                                                                    | Nottinghamshire            | 28     | 5                                                        | Cheshire                   | 20.5   |
| 6                                                      | Buckinghamshire            | 15     | 6                                                                    | West Midlands              | 23.5   | 6                                                        | Avon                       | 18     |
| 6                                                      | North Yorkshire            | 15     | 7                                                                    | Lancashire                 | 20     | 7                                                        | Nottinghamshire            | 16     |
| 8                                                      | Nottinghamshire            | 14     | 8                                                                    | North Yorkshire            | 19.5   | 8                                                        | North Yorkshire            | 14     |
| 9                                                      | Lancashire                 | 13     | 9                                                                    | Derbyshire                 | 16.5   | 8                                                        | South Yorkshire            | 14     |
| 9                                                      | South Yorkshire            | 13     | 10                                                                   | Buckinghamshire            | 14.5   | 10                                                       | West Yorkshire             | 11     |
| 11                                                     | Leicestershire and Rutland | 11.5   | 11                                                                   | Avon                       | 13     | 11                                                       | Derbyshire                 | 9      |
| 12                                                     | Devon                      | 11     | 12                                                                   | Leicestershire and Rutland | 9.5    | 11                                                       | Lancashire                 | 9      |
| 13                                                     | Cheshire                   | 5      | 13                                                                   | Somerset                   | 7      | 11                                                       | Somerset                   | 9      |
| 14                                                     | Somerset                   | 2      | 14                                                                   | South Yorkshire            |        | 14                                                       | Leicestershire and Rutland | 8      |
| <b>Junior Girls : Group C<br/>A.F. Joseph Trophy</b>   |                            |        | <b>Intermediate Girls : Group C<br/>Buckinghamshire Cup</b>          |                            |        | <b>Senior Girls : Group C<br/>C.F. Gosling Trophy</b>    |                            |        |
| Pos                                                    | County                     | Points | Pos                                                                  | County                     | Points | Pos                                                      | County                     | Points |
| 1                                                      | Dorset                     | 42     | 1                                                                    | Warwickshire               | 33.5   | 1                                                        | Warwickshire               | 31     |
| 2                                                      | Humberside                 | 17     | 2                                                                    | Norfolk                    | 22.5   | 2                                                        | Gloucestershire            | 26     |
| 3                                                      | Bedfordshire               | 14.5   | 3                                                                    | Oxfordshire                | 22     | 3                                                        | Lincolnshire               | 20     |
| 4                                                      | Northamptonshire           | 12     | 4                                                                    | Bedfordshire               | 20.5   | 4                                                        | Humberside                 | 17     |
| 5                                                      | Staffordshire              | 10.5   | 5                                                                    | Staffordshire              | 19.5   | 5                                                        | Durham                     | 15     |
| 6                                                      | Lincolnshire               | 10     | 6                                                                    | Lincolnshire               | 19     | 6                                                        | Shropshire                 | 14     |
| 7                                                      | Norfolk                    | 9.5    | 7                                                                    | Humberside                 | 16     | 7                                                        | Norfolk                    | 13.5   |
| 8                                                      | Cambridgeshire             | 9      | 8                                                                    | Northumberland             | 15     | 8                                                        | Northumberland             | 11.5   |
| 9                                                      | Northumberland             | 8.5    | 9                                                                    | Gloucestershire            | 11     | 9                                                        | Cambridgeshire             | 10     |
| 10                                                     | Shropshire                 | 8      | 10                                                                   | Wiltshire                  | 9      | 10                                                       | Suffolk                    | 8      |
| 11                                                     | Wiltshire                  | 7      | 11                                                                   | Northamptonshire           | 6.5    | 11                                                       | Staffordshire              | 5.5    |
| 12                                                     | Warwickshire               | 4.5    | 12                                                                   | Shropshire                 | 2.5    | 12                                                       | Dorset                     | 4      |
| 13                                                     | Durham                     | 4      | 13                                                                   | Cambridgeshire             | 1      | 13                                                       | Oxfordshire                | 1      |
| 14                                                     | Gloucestershire            | 2      | 13                                                                   | Dorset                     | 1      | 14                                                       | Bedfordshire               |        |
| 15                                                     | Suffolk                    | 1      | 13                                                                   | Suffolk                    | 1      | 14                                                       | Northamptonshire           |        |
| 16                                                     | Oxfordshire                |        | 16                                                                   | Durham                     |        | 14                                                       | Wiltshire                  |        |
| <b>Junior Girls : Group D</b>                          |                            |        | <b>Intermediate Girls : Group D</b>                                  |                            |        | <b>Senior Girls : Group D</b>                            |                            |        |
| Pos                                                    | County                     | Points | Pos                                                                  | County                     | Points | Pos                                                      | County                     | Points |
| 1                                                      | Cumbria                    | 10     | 1                                                                    | Channel Islands            | 13.5   | 1                                                        | Cornwall                   | 8.5    |
| 2                                                      | Cleveland                  | 8      | 2                                                                    | Cleveland                  | 13     | 2                                                        | Channel Islands            | 6      |
| 3                                                      | Hereford and Worcestersh   | 5      | 3                                                                    | Hereford and Worcestersh   | 6      | 3                                                        | Cumbria                    | 3      |
| 4                                                      | Channel Islands            |        | 4                                                                    | Cornwall                   |        | 4                                                        | Isle of Man                | 1      |
| 4                                                      | Cornwall                   |        | 4                                                                    | Cumbria                    |        | 5                                                        | Cleveland                  |        |
| 4                                                      | Isle of Man                |        | 4                                                                    | Isle of Man                |        | 5                                                        | Hereford and Worcestersh   |        |

**Group A**

| <b>Pos</b> | <b>County</b>      | <b>Points</b> |
|------------|--------------------|---------------|
| 1          | Kent               | 393           |
| 2          | Essex              | 390.5         |
| 3          | Surrey             | 348.5         |
| 4          | Middlesex          | 267           |
| 5          | London             | 252           |
| 6          | Sussex             | 236           |
| 7          | Hampshire          | 234           |
| 8          | Berkshire          | 204           |
| 9          | Hertfordshire      | 202.5         |
| 10         | Greater Manchester | 181.5         |

**Group B**

| <b>Pos</b> | <b>County</b>              | <b>Points</b> |
|------------|----------------------------|---------------|
| 1          | West Midlands              | 154.5         |
| 2          | Merseyside                 | 144.5         |
| 3          | Buckinghamshire            | 130           |
| 4          | Devon                      | 123           |
| 5          | Cheshire                   | 119.5         |
| 6          | North Yorkshire            | 109           |
| 7          | West Yorkshire             | 108           |
| 8          | Lancashire                 | 101           |
| 9          | Nottinghamshire            | 96            |
| 10         | Avon                       | 92            |
| 11         | Derbyshire                 | 91            |
| 12         | Somerset                   | 74            |
| 13         | Leicestershire and Rutland | 63            |
| 14         | South Yorkshire            | 46.5          |

**Group C**

| <b>Pos</b> | <b>County</b>    | <b>Points</b> |
|------------|------------------|---------------|
| 1          | Warwickshire     | 115.5         |
| 2          | Norfolk          | 113.5         |
| 3          | Wiltshire        | 111           |
| 4          | Gloucestershire  | 101           |
| 5          | Bedfordshire     | 100.5         |
| 6          | Dorset           | 86            |
| 7          | Lincolnshire     | 81            |
| 8          | Northumberland   | 79            |
| 9          | Humberside       | 78            |
| 10         | Northamptonshire | 67            |
| 11         | Staffordshire    | 55            |
| 12         | Suffolk          | 52            |
| 13         | Cambridgeshire   | 39            |
| 13         | Oxfordshire      | 39            |
| 15         | Durham           | 36            |
| 16         | Shropshire       | 27            |

**Group D**

| <b>Pos</b> | <b>County</b>               | <b>Points</b> |
|------------|-----------------------------|---------------|
| 1          | Hereford and Worcestershire | 45            |
| 2          | Channel Islands             | 37.5          |
| 3          | Cumbria                     | 26            |
| 4          | Cleveland                   | 25            |
| 5          | Isle of Man                 | 19.5          |
| 6          | Cornwall                    | 10            |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T3 JG 100 metres Heats**

**Heat 1**

**NS 12.40 ES 12.70 CBP 11.58**

**Record Holder - Ashleigh Nelson (Staffordshire) 2005**

**Wind= -2.1**

| Posn | Bib | Name                  | County         | Perf  | ESAA Std | Points |   |
|------|-----|-----------------------|----------------|-------|----------|--------|---|
| 1    | 85  | Grace Gode            | West Yorkshire | 12.01 | NS       |        | Q |
| 2    | 54  | Sienna Joseph-Edwards | Middlesex      | 12.41 | ES       | 1      |   |
| 3    | 55  | Caelah-Leigh Whyte    | Norfolk        | 12.48 | ES       | 1      |   |
| 4    | 19  | Jasmine Upton         | Derbyshire     | 12.58 | ES       | 1      |   |
| 5    | 33  | Tolu Elufowoju        | Hampshire      | 12.60 | ES       | 1      |   |
| 6    | 25  | Katie Bland           | Durham         | 12.63 | ES       | 1      |   |
| 7    | 49  | Amara Charles         | London         | 12.66 | ES       | 1      |   |
| 8    | 59  | Didi Ojigbani         | Northumberland | 12.88 |          |        |   |

**T3 JG 100 metres Heats**

**Heat 2**

**NS 12.40 ES 12.70 CBP 11.58**

**Record Holder - Ashleigh Nelson (Staffordshire) 2005**

**Wind= -1.4**

| Posn | Bib | Name                 | County                      | Perf  | ESAA Std | Points |   |
|------|-----|----------------------|-----------------------------|-------|----------|--------|---|
| 1    | 27  | Honor Oteng          | Essex                       | 11.91 | NS       |        | Q |
| 2    | 7   | Adaobi Ogbunude      | Buckinghamshire             | 12.19 | NS       |        | q |
| 3    | 50  | Alissa Jones-Aryeh   | London                      | 12.21 | NS       |        | q |
| 4    | 4   | Adrielle Mutsekwa    | Bedfordshire                | 12.40 | NS       | 2      |   |
| 5    | 35  | Lara Taylor          | Hereford and Worcestershire | 12.41 | ES       | 1      |   |
| 6    | 51  | Sadie Glynn          | Merseyside                  | 12.70 | ES       | 1      |   |
| 7    | 20  | Annabelle Sturt      | Derbyshire                  | 12.82 |          |        |   |
| 8    | 29  | Rubi Iheme-Madukairo | Gloucestershire             | 12.92 |          |        |   |

**T3 JG 100 metres Heats**

**Heat 3**

**NS 12.40 ES 12.70 CBP 11.58**

**Record Holder - Ashleigh Nelson (Staffordshire) 2005**

**Wind= +0.9**

| Posn | Bib | Name                       | County         | Perf  | ESAA Std | Points |   |
|------|-----|----------------------------|----------------|-------|----------|--------|---|
| 1    | 28  | Michelle Thompson          | Essex          | 12.20 | NS       |        | Q |
| 2    | 5   | Penelope Prowse            | Berkshire      | 12.45 | ES       | 1      |   |
| 3    | 50a | Cymphonique Barrett        | London         | 12.51 | ES       | 1      |   |
| 4    | 9   | Nathania Lewis             | Cambridgeshire | 12.69 | ES       | 1      |   |
| 5    | 3   | Julia Paczkowska           | Bedfordshire   | 12.71 |          |        |   |
| 6    | 34  | Nia Faith Victoria Trotman | Hampshire      | 12.89 |          |        |   |

**T3 JG 100 metres Heats**

**Heat 4**

**NS 12.40 ES 12.70 CBP 11.58**

**Record Holder - Ashleigh Nelson (Staffordshire) 2005**

**Wind= -1.6**

| Posn | Bib | Name             | County          | Perf  | ESAA Std | Points |   |
|------|-----|------------------|-----------------|-------|----------|--------|---|
| 1    | 37  | Nia Marshall     | Hertfordshire   | 12.23 | NS       |        | Q |
| 2    | 6   | Teeann Taylor    | Berkshire       | 12.26 | NS       |        | q |
| 3    | 77  | Grace Whitlock   | Surrey          | 12.36 | NS       |        | q |
| 4    | 47  | Cheryl Nwachukwu | Lincolnshire    | 12.57 | ES       | 1      |   |
| 5    | 1   | Eseose Osazuwa   | Avon            | 12.67 | ES       | 1      |   |
| 6    | 39  | Lily Hainsworth  | Humberside      | 12.71 |          |        |   |
| 7    | 83  | Ava Robinson     | West Midlands   | 12.73 |          |        |   |
| 8    | 63  | Natasha Milburn  | Nottinghamshire | 13.00 |          |        |   |

**T55 JG 100 metres Final**

**NS 12.40 ES 12.70 CBP 11.58**

**Record Holder - Ashleigh Nelson (Staffordshire) 2005**

**Wind= +0.5**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |  |
|------|-----|--------------------|-----------------|-------|----------|--------|--|
| 1    | 27  | Honor Oteng        | Essex           | 11.74 | NS       | 10     |  |
| 2    | 85  | Grace Gode         | West Yorkshire  | 11.92 | NS       | 9      |  |
| 3    | 28  | Michelle Thompson  | Essex           | 12.04 | NS       | 8      |  |
| 4    | 50  | Alissa Jones-Aryeh | London          | 12.32 | NS       | 7      |  |
| 5    | 37  | Nia Marshall       | Hertfordshire   | 12.33 | NS       | 6      |  |
| 6    | 7   | Adaobi Ogbunude    | Buckinghamshire | 12.34 | NS       | 5      |  |
| 7    | 6   | Teeann Taylor      | Berkshire       | 12.35 | NS       | 4      |  |
| 8    | 77  | Grace Whitlock     | Surrey          | 12.41 | ES       | 3      |  |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T45 JG 200 metres Heats**

**Heat 1**

**NS 25.50 ES 26.20 CBP 23.72**

**Record Holder - Annabelle Fasuba (Devon) 2025**

**Wind=**

**-1.4**

| Posn | Bib | Name                 | County                     | Perf  | ESAA Std | Points |   |
|------|-----|----------------------|----------------------------|-------|----------|--------|---|
| 1    | 77  | Dougita Danso        | Surrey                     | 25.19 | NS       |        | Q |
| 2    | 73  | Brodie Horler        | Staffordshire              | 25.89 | ES       | 1      |   |
| 3    | 58  | Sophie Bridgeman     | Northamptonshire           | 26.00 | ES       | 1      |   |
| 4    | 5   | Keirra Jaida Blandin | Berkshire                  | 26.03 | ES       | 1      |   |
| 5    | 71  | Essie McGarrigle     | South Yorkshire            | 26.84 |          |        |   |
| 6    | 46a | Ella SWANEPOEL       | Leicestershire and Rutland | 27.44 |          |        |   |
| 7    | 3   | Desirae Mutsekwa     | Bedfordshire               | 27.95 |          |        |   |
| 9    | 71  | Essie McGarrigle     | South Yorkshire            | 26.76 |          |        |   |

**T45 JG 200 metres Heats**

**Heat 2**

**NS 25.50 ES 26.20 CBP 23.72**

**Record Holder - Annabelle Fasuba (Devon) 2025**

**Wind=**

**-1.3**

| Posn | Bib | Name            | County                     | Perf  | ESAA Std | Points |   |
|------|-----|-----------------|----------------------------|-------|----------|--------|---|
| 1    | 27  | Katy Galach     | Essex                      | 25.36 | NS       |        | Q |
| 2    | 46  | Amaka Iheanacho | Leicestershire and Rutland | 25.58 | ES       | 1      |   |
| 3    | 50  | Rida Oluwa      | London                     | 25.58 | ES       | 1      |   |
| 4    | 9   | Elyse Morgan    | Cambridgeshire             | 26.11 | ES       | 1      |   |
| 5    | 43  | Grace Mawdsley  | Lancashire                 | 26.24 |          |        |   |
| 6    | 6a  | Ella Blood      | Berkshire                  | 26.50 |          |        |   |
| 7    | 91  | Autumn Ryles    | Isle of Man                | 27.53 |          |        |   |

**T45 JG 200 metres Heats**

**Heat 3**

**NS 25.50 ES 26.20 CBP 23.72**

**Record Holder - Annabelle Fasuba (Devon) 2025**

**Wind=**

**+0.5**

| Posn | Bib | Name                     | County                     | Perf  | ESAA Std | Points |   |
|------|-----|--------------------------|----------------------------|-------|----------|--------|---|
| 1    | 17  | Amy Johnstone            | Cumbria                    | 24.49 | NS       |        | Q |
| 2    | 49  | Anu Jaiyeola             | London                     | 25.14 | NS       |        | q |
| 3    | 78  | Emma Kjaer               | Surrey                     | 25.32 | NS       |        | q |
| 4    | 33  | Bella Cheesbrough-Pierce | Hampshire                  | 26.00 | ES       | 1      |   |
| 5    | 81  | Naomi Kabalika           | Warwickshire               | 26.42 |          |        |   |
| 6    | 6   | Alice Greenland          | Berkshire                  | 27.01 |          |        |   |
| 7    | 45  | Emily Webb               | Leicestershire and Rutland | 27.16 |          |        |   |

**T45 JG 200 metres Heats**

**Heat 4**

**NS 25.50 ES 26.20 CBP 23.72**

**Record Holder - Annabelle Fasuba (Devon) 2025**

**Wind=**

**+0.5**

| Posn | Bib | Name                  | County           | Perf  | ESAA Std | Points |   |
|------|-----|-----------------------|------------------|-------|----------|--------|---|
| 1    | 83  | Araya Williams        | West Midlands    | 24.05 | NS       |        | Q |
| 2    | 13  | Tinashe Kushamba      | Cleveland        | 24.84 | NS       |        | q |
| 3    | 57  | Alexis Brown          | Northamptonshire | 25.39 | NS       |        | q |
| 4    | 53  | Daisy Baxter          | Middlesex        | 25.54 | ES       | 1      |   |
| 5    | 19  | Abigail Sheppard-Howe | Derbyshire       | 26.38 |          |        |   |
| 6    | 1   | Lauren Ramsey         | Avon             | 26.49 |          |        |   |
| 7    | 69  | Evie Ledger           | Somerset         | 26.51 |          |        |   |

**T62 JG 200 metres Final**

**NS 25.50 ES 26.20 CBP 23.72**

**Record Holder - Annabelle Fasuba (Devon) 2025**

**Wind=**

**+1.4**

| Posn | Bib | Name             | County           | Perf  | ESAA Std | Points |  |
|------|-----|------------------|------------------|-------|----------|--------|--|
| 1    | 83  | Araya Williams   | West Midlands    | 23.80 | NS       | 10     |  |
| 2    | 17  | Amy Johnstone    | Cumbria          | 24.35 | NS       | 9      |  |
| 3    | 13  | Tinashe Kushamba | Cleveland        | 24.88 | NS       | 8      |  |
| 4    | 27  | Katy Galach      | Essex            | 24.88 | NS       | 7      |  |
| 5    | 49  | Anu Jaiyeola     | London           | 25.16 | NS       | 6      |  |
| 6    | 77  | Dougita Danso    | Surrey           | 25.24 | NS       | 5      |  |
| 7    | 78  | Emma Kjaer       | Surrey           | 25.49 | NS       | 4      |  |
| 8    | 57  | Alexis Brown     | Northamptonshire | 25.65 | ES       | 3      |  |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T13 JG 300 metres Heats**

**Heat 1**

**NS 41.00 ES 42.00 CBP 38.61**

**Record Holder - Isla Perry (Devon) 2025**

| Posn | Bib | Name                      | County             | Perf  | ESAA Std | Points |
|------|-----|---------------------------|--------------------|-------|----------|--------|
| 1    | 23  | Rosie Gollings            | Dorset             | 39.97 | NS       | Q      |
| 2    | 61  | Esme Lee                  | North Yorkshire    | 40.21 | NS       | Q      |
| 3    | 31  | Matilda Nott              | Greater Manchester | 40.41 | NS       | Q      |
| 4    | 49  | Alaia Ajanlekoko Gomendio | London             | 40.81 | NS       | q      |
| 5    | 1   | Isabelle Marr             | Avon               | 41.56 | ES       | 1      |
| 6    | 19  | Bella Egley               | Derbyshire         | 42.03 |          |        |
| 7    | 54  | Holly Brewester           | Middlesex          | 42.59 |          |        |
| 8    | 65  | Orla O'Flaherty           | Oxfordshire        | 43.25 |          |        |
| 9    | 69  | Bethany Hollis            | Somerset           | 43.72 |          |        |

**T13 JG 300 metres Heats**

**Heat 2**

**NS 41.00 ES 42.00 CBP 38.61**

**Record Holder - Isla Perry (Devon) 2025**

| Posn | Bib | Name                      | County                      | Perf  | ESAA Std | Points |
|------|-----|---------------------------|-----------------------------|-------|----------|--------|
| 1    | 37  | Gabriela Olusanya-Artiles | Hertfordshire               | 39.96 | NS       | Q      |
| 2    | 41  | Sereniti Rankin           | Kent                        | 40.28 | NS       | Q      |
| 3    | 77  | Georgina Herrett          | Surrey                      | 40.66 | NS       | Q      |
| 4    | 11  | Millie Jackson            | Cheshire                    | 41.07 | ES       | q      |
| 5    | 21  | Nelly Harvey              | Devon                       | 42.68 |          |        |
| 6    | 53  | Sienna Darcy              | Middlesex                   | 42.69 |          |        |
| 7    | 9   | Kitty Kelly               | Cambridgeshire              | 43.07 |          |        |
| 8    | 25  | Izzy Hall                 | Durham                      | 43.63 |          |        |
| 9    | 35  | Isla Oldham               | Hereford and Worcestershire | 44.05 |          |        |

**T92 JG 300 metres Final**

**NS 41.00 ES 42.00 CBP 38.61**

**Record Holder - Isla Perry (Devon) 2025**

| Posn | Bib | Name                      | County             | Perf  | ESAA Std | Points |
|------|-----|---------------------------|--------------------|-------|----------|--------|
| 1    | 61  | Esme Lee                  | North Yorkshire    | 39.95 | NS       | 10     |
| 2    | 23  | Rosie Gollings            | Dorset             | 40.08 | NS       | 9      |
| 3    | 77  | Georgina Herrett          | Surrey             | 40.18 | NS       | 8      |
| 4    | 37  | Gabriela Olusanya-Artiles | Hertfordshire      | 40.22 | NS       | 7      |
| 5    | 41  | Sereniti Rankin           | Kent               | 40.43 | NS       | 6      |
| 6    | 31  | Matilda Nott              | Greater Manchester | 40.76 | NS       | 5      |
| 7    | 11  | Millie Jackson            | Cheshire           | 41.70 | ES       | 3      |
| 8    | 49  | Alaia Ajanlekoko Gomendio | London             | 42.72 |          | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T19 JG 800 metres Heats**

**Heat 1**

**NS 2:14.00 ES 2:17.00 CBP 2:06.20**

**Record Holder - Tilly Simpson (Derbyshire) 2015**

| Posn | Num | Name                    | County               | Perf    | ESAA Std | Points |   |
|------|-----|-------------------------|----------------------|---------|----------|--------|---|
| 1    | 5   | Hannah Lucas            | Berkshire            | 2:11.84 | NS       |        | Q |
| 2    | 64  | Olivia Wright           | Nottinghamshire      | 2:11.91 | NS       |        | Q |
| 3    | 85  | Sienna Lavine           | West Yorkshire       | 2:11.93 | NS       |        | q |
| 4    | 11  | Sofiya Hare             | Cheshire             | 2:12.73 | NS       | 2      |   |
| 5    | 54  | Ruby Rock               | Middlesex            | 2:13.42 | NS       | 2      |   |
| 6    | 93  | Hattie Garrett          | United Arab Emirates | 2:16.49 | ES       | 1      |   |
| 7    | 84  | Isabella Heathcock      | West Midlands        | 2:17.66 |          |        |   |
| 8    | 72  | Bella-Maria Minichiello | South Yorkshire      | 2:22.87 |          |        |   |
| 9    | 77  | Eliza Hedger            | Surrey               | 2:25.08 |          |        |   |
| 10   | 75  | India Bostock           | Suffolk              | 2:25.82 |          |        |   |

**T19 JG 800 metres Heats**

**Heat 2**

**NS 2:14.00 ES 2:17.00 CBP 2:06.20**

**Record Holder - Tilly Simpson (Derbyshire) 2015**

| Posn | Num | Name                | County                     | Perf    | ESAA Std | Points |   |
|------|-----|---------------------|----------------------------|---------|----------|--------|---|
| 1    | 53  | Capree Cooper       | Middlesex                  | 2:12.82 | NS       |        | Q |
| 2    | 25  | Isla Staley         | Durham                     | 2:13.45 | NS       |        | Q |
| 3    | 83  | Hallie Parkes       | West Midlands              | 2:13.50 | NS       | 2      |   |
| 4    | 1   | Beatrix Reveler     | Avon                       | 2:15.91 | ES       | 1      |   |
| 5    | 45  | Jessica Riley       | Leicestershire and Rutland | 2:17.33 |          |        |   |
| 6    | 86  | Evelyn Hodgkinson   | West Yorkshire             | 2:18.94 |          |        |   |
| 7    | 32  | Katie-Louise Malley | Greater Manchester         | 2:19.74 |          |        |   |
| 8    | 76  | Alexandra McVittie  | Suffolk                    | 2:21.61 |          |        |   |
| 9    | 49  | Skyla O'brien       | London                     | 2:22.14 |          |        |   |
| 10   | 12  | Jemima Tillott      | Cheshire                   | 2:23.85 |          |        |   |
| 11   | 65  | Emerald LEWISMAN    | Oxfordshire                | 2:25.84 |          |        |   |

**T19 JG 800 metres Heats**

**Heat 3**

**NS 2:14.00 ES 2:17.00 CBP 2:06.20**

**Record Holder - Tilly Simpson (Derbyshire) 2015**

| Posn | Num | Name            | County             | Perf    | ESAA Std | Points |   |
|------|-----|-----------------|--------------------|---------|----------|--------|---|
| 1    | 51  | Eve Beddow      | Merseyside         | 2:07.92 | NS       |        | Q |
| 2    | 63  | Anna Kemp       | Nottinghamshire    | 2:08.70 | NS       |        | Q |
| 3    | 71  | Jessica Thake   | South Yorkshire    | 2:09.60 | NS       |        | q |
| 4    | 37  | Anya Rochester  | Hertfordshire      | 2:13.10 | NS       | 2      |   |
| 5    | 31  | Emme Lowe       | Greater Manchester | 2:14.94 | ES       | 1      |   |
| 6    | 43  | Ruby Cox        | Lancashire         | 2:16.62 | ES       | 1      |   |
| 7    | 57  | Freya Carty     | Northamptonshire   | 2:18.07 |          |        |   |
| 8    | 21  | Annalise Little | Devon              | 2:18.41 |          |        |   |
| 9    | 78  | Eleri BAKER     | SURREY             | 2:18.46 |          |        |   |
| 10   | 59  | Ayla Blight     | Northumberland     | 2:21.44 |          |        |   |

**T70 JG 800 metres Final**

**NS 2:14.00 ES 2:17.00 CBP 2:06.20**

**Record Holder - Tilly Simpson (Derbyshire) 2015**

| Posn | Num | Name          | County          | Perf    | ESAA Std | Points |
|------|-----|---------------|-----------------|---------|----------|--------|
| 1    | 53  | Capree Cooper | Middlesex       | 2:08.61 | NS       | 10     |
| 2    | 51  | Eve Beddow    | Merseyside      | 2:09.36 | NS       | 9      |
| 3    | 63  | Anna Kemp     | Nottinghamshire | 2:10.33 | NS       | 8      |
| 4    | 5   | Hannah Lucas  | Berkshire       | 2:10.42 | NS       | 7      |
| 5    | 85  | Sienna Lavine | West Yorkshire  | 2:13.34 | NS       | 6      |
| 6    | 64  | Olivia Wright | Nottinghamshire | 2:13.43 | NS       | 5      |
| 7    | 71  | Jessica Thake | South Yorkshire | 2:15.48 | ES       | 4      |
| 8    | 25  | Isla Staley   | Durham          | 2:18.54 |          | 3      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**



**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T40 JG 1500 metres Heats**

**Heat 1**

**NS 4:38.00 ES 4:46.00 CBP 4:23.58**

**Record Holder - Jessica Warner-Judd (Essex) 2009**

| Posn | Num | Name                | County                     | Perf    | ESAA Std | Points |
|------|-----|---------------------|----------------------------|---------|----------|--------|
| 1    | 49  | Charlotte Foster    | London                     | 4:38.41 | ES       | Q      |
| 2    | 46  | Elizabeth Griffiths | Leicestershire and Rutland | 4:39.03 | ES       | Q      |
| 3    | 1   | Elizabeth Hutchings | Avon                       | 4:40.95 | ES       | Q      |
| 4    | 51  | Isobel Beddow       | Merseyside                 | 4:42.73 | ES       | Q      |
| 5    | 68  | Libby Coss          | Shropshire                 | 4:48.19 |          | Q      |
| 6    | 54  | Maria Szyszko-Walls | Middlesex                  | 4:48.49 |          | Q      |
| 7    | 33  | Freya Klepacz       | Hampshire                  | 4:48.75 |          |        |
| 8    | 65  | Zara Tate           | Oxfordshire                | 4:54.67 |          |        |
| 9    | 57  | Elsie Rudkin-Wilson | Northamptonshire           | 4:55.00 |          |        |
| 10   | 9   | Iris Purser         | Cambridgeshire             | 4:56.10 |          |        |
| 11   | 7   | Juliette Macdougall | Buckinghamshire            | 4:57.42 |          |        |
| 12   | 72  | Carlotta Bailey     | South Yorkshire            | 4:57.88 |          |        |
| 13   | 47  | Molly Porter        | Lincolnshire               | 4:58.25 |          |        |
| 14   | 5   | Megan Bond          | Berkshire                  | 4:58.67 |          |        |

**T40 JG 1500 metres Heats**

**Heat 2**

**NS 4:38.00 ES 4:46.00 CBP 4:23.58**

**Record Holder - Jessica Warner-Judd (Essex) 2009**

| Posn | Num | Name               | County               | Perf    | ESAA Std | Points |
|------|-----|--------------------|----------------------|---------|----------|--------|
| 1    | 29  | Joselyn Hathway    | Gloucestershire      | 4:40.67 | ES       | Q      |
| 2    | 48  | Holly Norris       | Lincolnshire         | 4:41.79 | ES       | Q      |
| 3    | 67  | Roni Kohring       | Shropshire           | 4:42.72 | ES       | Q      |
| 4    | 43  | Ellie Blackhurst   | Lancashire           | 4:43.19 | ES       | Q      |
| 5    | 6   | Harriet Saunders   | Berkshire            | 4:44.21 | ES       | Q      |
| 6    | 27  | Madison Kindler    | Essex                | 4:44.68 | ES       | Q      |
| 7    | 53  | Laura Graham       | Middlesex            | 4:47.41 |          |        |
| 8    | 93  | Hannah Schmidt     | United Arab Emirates | 4:49.08 |          |        |
| 9    | 50a | Lizzie Sanders     | London               | 4:49.80 |          |        |
| 10   | 52  | Daisy McVicar      | Merseyside           | 4:50.08 |          |        |
| 11   | 71  | Molly Buckley      | South Yorkshire      | 4:50.32 |          |        |
| 12   | 61  | Georgia Raw        | North Yorkshire      | 4:50.53 |          |        |
| 13   | 31  | Imogen Weatherhead | Greater Manchester   | 4:50.71 |          |        |
| 14   | 85  | Isabelle Crowther  | West Yorkshire       | 4:51.06 |          |        |
| 15   | 63  | Evie Clifton       | Nottinghamshire      | 5:04.72 |          |        |

**T99 JG 1500 metres Final**

**NS 4:38.00 ES 4:46.00 CBP 4:23.58**

**Record Holder - Jessica Warner-Judd (Essex) 2009**

| Posn | Num | Name                | County                     | Perf    | ESAA Std | Points |
|------|-----|---------------------|----------------------------|---------|----------|--------|
| 1    | 27  | Madison Kindler     | Essex                      | 4:29.51 | NS       | 10     |
| 2    | 49  | Charlotte Foster    | London                     | 4:30.31 | NS       | 9      |
| 3    | 67  | Roni Kohring        | Shropshire                 | 4:33.20 | NS       | 8      |
| 4    | 1   | Elizabeth Hutchings | Avon                       | 4:33.57 | NS       | 7      |
| 5    | 48  | Holly Norris        | Lincolnshire               | 4:37.48 | NS       | 6      |
| 6    | 51  | Isobel Beddow       | Merseyside                 | 4:39.50 | ES       | 4      |
| 7    | 6   | Harriet Saunders    | Berkshire                  | 4:40.40 | ES       | 3      |
| 8    | 46  | Elizabeth Griffiths | Leicestershire and Rutland | 4:40.44 | ES       | 2      |
| 9    | 43  | Ellie Blackhurst    | Lancashire                 | 4:40.47 | ES       | 1      |
| 10   | 29  | Joselyn Hathway     | Gloucestershire            | 4:41.11 | ES       | 1      |
| 11   | 54  | Maria Szyszko-Walls | Middlesex                  | 4:48.98 |          |        |
| 12   | 68  | Libby Coss          | Shropshire                 | 4:52.45 |          |        |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T2 U16G 80 metres Hurdles (76.2cm) Heat: Heat 1**

**NS 11.90 ES 12.20 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2019**

**Wind=**

**-0.1**

| Posn | Bib | Name                    | County             | Perf  | ESAA Std | Points |
|------|-----|-------------------------|--------------------|-------|----------|--------|
| 1    | 27  | Isabella Moulton        | Essex              | 11.43 | NS       | Q      |
| 2    | 41  | Tiffany OYEWALE         | Kent               | 11.75 | NS       | Q      |
| 3    | 33  | Vida-Pascaline Pericard | Hampshire          | 11.89 | NS       | 2      |
| 4    | 71  | Neve Connelly           | South Yorkshire    | 12.02 | ES       | 1      |
| 5    | 23  | Sienna Pope             | Dorset             | 12.02 | ES       | 1      |
| 6    | 32  | Eva Anwyl               | Greater Manchester | 12.09 | ES       | 1      |
| 7    | 25  | Ellie Harrison          | Durham             | 12.56 |          |        |
| 8    | 2   | Cora Lambourne          | Avon               | 12.60 |          |        |
| 9    | 38a | Clara Upjohn            | Hertfordshire      | 12.84 |          |        |

**T2 U16G 80 metres Hurdles (76.2cm) Heat: Heat 2**

**NS 11.90 ES 12.20 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2019**

**Wind=**

**+0.4**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------------------|-------|----------|--------|
| 1    | 28  | Farryl McLoughlin | Essex                       | 11.46 | NS       | Q      |
| 2    | 38  | Emily Todd        | Hertfordshire               | 11.53 | NS       | Q      |
| 3    | 77  | Aurelia Adams     | Surrey                      | 11.67 | NS       | q      |
| 4    | 21  | Darcie Benson     | Devon                       | 11.81 | NS       | q      |
| 5    | 11  | Isla Boardman     | Cheshire                    | 12.25 |          |        |
| 6    | 35  | Harriett Carey    | Hereford and Worcestershire | 12.32 |          |        |
| 7    | 53  | Kyra WILLIAMS     | Middlesex                   | 12.40 |          |        |
| 8    | 67  | Grace Kinsey      | Shropshire                  | 12.47 |          |        |
| 9    | 1   | Olivia Windows    | Avon                        | 12.60 |          |        |

**T2 U16G 80 metres Hurdles (76.2cm) Heat: Heat 3**

**NS 11.90 ES 12.20 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2019**

**Wind=**

**-2.1**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points |
|------|-----|--------------------|--------------------|-------|----------|--------|
| 1    | 39  | Juliette callau    | Humberside         | 11.67 | NS       | Q      |
| 2    | 31  | Olivia Jones       | Greater Manchester | 11.99 | ES       | Q      |
| 3    | 85  | Sophie Torossian   | West Yorkshire     | 12.06 | ES       | 1      |
| 4    | 49  | Elizabeth Mcken    | London             | 12.25 |          |        |
| 5    | 37  | Isabella Patterson | Hertfordshire      | 12.30 |          |        |
| 6    | 22  | Megan Johnson      | Devon              | 12.48 |          |        |
| 7    | 34  | Laila Rawlings     | Hampshire          | 12.57 |          |        |
| 8    | 63  | Sophie Peet        | Nottinghamshire    | 13.17 |          |        |

**T58 U16G 80 metres Hurdles (76.2cm) Final**

**NS 11.90 ES 12.20 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2019**

**Wind=**

**-0.9**

| Posn | Bib | Name              | County             | Perf  | ESAA Std | Points |
|------|-----|-------------------|--------------------|-------|----------|--------|
| 1    | 39  | Juliette callau   | Humberside         | 11.27 | NS       | 10     |
| 2    | 27  | Isabella Moulton  | Essex              | 11.50 | NS       | 9      |
| 3    | 28  | Farryl McLoughlin | Essex              | 11.69 | NS       | 8      |
| 4    | 77  | Aurelia Adams     | Surrey             | 11.76 | NS       | 7      |
| 5    | 38  | Emily Todd        | Hertfordshire      | 11.78 | NS       | 6      |
| 6    | 31  | Olivia Jones      | Greater Manchester | 11.87 | NS       | 5      |
| 7    | 21  | Darcie Benson     | Devon              | 11.88 | NS       | 4      |
| 8    | 41  | Tiffany OYEWALE   | Kent               | 11.89 | NS       | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T105 U16G 300m Hurdles (76.2cm) Heats Heat 1**

**NS 45.50 ES 47.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------------------|-------|----------|--------|
| 1    | 41  | Matilda Murray    | Kent                        | 44.08 | NS       | Q      |
| 2    | 61  | Matilda Baxter    | North Yorkshire             | 45.34 | NS       | Q      |
| 3    | 43  | Eva Whittaker     | Lancashire                  | 45.42 | NS       | Q      |
| 4    | 33  | Alexa Divers      | Hampshire                   | 45.46 | NS       | q      |
| 5    | 8   | Harriet Stichbury | Buckinghamshire             | 46.60 | ES       | 1      |
| 6    | 32  | Hollie McHugh     | Greater Manchester          | 46.94 | ES       | 1      |
| 7    | 73  | Jessica Golder    | Staffordshire               | 47.08 |          |        |
| 8    | 11  | Freya Howells     | Cheshire                    | 47.40 |          |        |
| 9    | 35  | Summer Eades      | Hereford and Worcestershire | 48.46 |          |        |

**T105 U16G 300m Hurdles (76.2cm) Heats Heat 2**

**NS 45.50 ES 47.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name                  | County          | Perf  | ESAA Std | Points |
|------|-----|-----------------------|-----------------|-------|----------|--------|
| 1    | 7   | Lauren Fowler         | Buckinghamshire | 45.78 | ES       | Q      |
| 2    | 44  | Esme Rutter           | Lancashire      | 46.14 | ES       | Q      |
| 3    | 79  | Seren Rowe            | Sussex          | 46.18 | ES       | Q      |
| 4    | 37  | Hazel Spitzer         | Hertfordshire   | 46.24 | ES       | q      |
| 5    | 34  | Francesca Bertacchini | Hampshire       | 46.64 | ES       | 1      |
| 6    | 77  | Sophie Clark          | Surrey          | 46.69 | ES       | 1      |
| 7    | 81  | Lolita Newby Vincent  | Warwickshire    | 46.91 | ES       | 1      |
| 8    | 19  | Bibi Mulholland       | Derbyshire      | 47.51 |          |        |
| 9    | 91  | Issy Kennaugh         | Isle of Man     | 51.74 |          |        |

**T106 U16G 300m Hurdles (76.2cm) Final**

**NS 45.50 ES 47.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name           | County          | Perf  | ESAA Std | Points |
|------|-----|----------------|-----------------|-------|----------|--------|
| 1    | 33  | Alexa Divers   | Hampshire       | 43.36 | NS       | 10     |
| 2    | 7   | Lauren Fowler  | Buckinghamshire | 43.54 | NS       | 9      |
| 3    | 41  | Matilda Murray | Kent            | 43.56 | NS       | 8      |
| 4    | 44  | Esme Rutter    | Lancashire      | 46.61 | ES       | 6      |
| 5    | 79  | Seren Rowe     | Sussex          | 46.67 | ES       | 5      |
| 6    | 43  | Eva Whittaker  | Lancashire      | 46.77 | ES       | 5      |
| 7    | 37  | Hazel Spitzer  | Hertfordshire   | 48.26 |          | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T30 JG Relay 4 x 100m Final**

**NS 50.00 ES 51.00 CBP 46.48**

**Record Holder - (Middlesex) 2019**

| Posn | Bib | Name | County    | Perf  | ESAA Std | Points |
|------|-----|------|-----------|-------|----------|--------|
| 1    | 49  |      | London    | 47.26 | NS       | 10     |
| 2    | 77  |      | Surrey    | 47.35 | NS       | 9      |
| 3    | 53  |      | Middlesex | 48.78 | NS       | 8      |
| 4    | 33  |      | Hampshire | 48.80 | NS       | 7      |
| 5    | 5   |      | Berkshire | 48.98 | NS       | 6      |
| 6    | 79  |      | Sussex    | 55.30 |          | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

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**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 1**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County           | Perf  | ESAA Std | Points |
|------|-----|------|------------------|-------|----------|--------|
| 1    | 3   |      | Bedfordshire     | 47.17 | NS       | Q      |
| 2    | 23  |      | Dorset           | 49.16 |          | Q      |
| 3    | 1   |      | Avon             | 49.26 |          |        |
| 4    | 57  |      | Northamptonshire | 50.69 |          |        |
| 5    | 61  |      | North Yorkshire  | 52.08 |          |        |
| 6    | 7   |      | Buckinghamshire  | 52.69 |          |        |

**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 2**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County         | Perf  | ESAA Std | Points |
|------|-----|------|----------------|-------|----------|--------|
| 1    | 83  |      | West Midlands  | 45.93 | NS       | Q      |
| 2    | 55  |      | Norfolk        | 48.15 | ES       | Q      |
| 3    | 73  |      | Staffordshire  | 48.42 | ES       | 0.5    |
| 4    | 59  |      | Northumberland | 48.62 | ES       | 0.5    |
| 5    | 25  |      | Durham         | 49.74 |          |        |
| 6    | 65  |      | Oxfordshire    | 59.41 |          |        |

**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 3**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County                      | Perf  | ESAA Std | Points |
|------|-----|------|-----------------------------|-------|----------|--------|
| 1    | 35  |      | Hereford and Worcestershire | 47.46 | NS       | Q      |
| 2    | 45  |      | Leicestershire and Rutland  | 47.49 | NS       | Q      |
| 3    | 85  |      | West Yorkshire              | 47.95 | ES       | q      |
| 4    | 63  |      | Nottinghamshire             | 48.07 | ES       | q      |
| 5    | 71  |      | South Yorkshire             | 48.58 | ES       | 0.5    |
| 6    | 69  |      | Somerset                    | 53.31 |          |        |

**T95 Junior Mixed Relay 4 x 100m Final**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Oxfordshire) 2024**

| Posn     | Bib       | Name | County                      | Perf         | ESAA Std          | Points |
|----------|-----------|------|-----------------------------|--------------|-------------------|--------|
| <b>1</b> | <b>83</b> |      | <b>West Midlands</b>        | <b>45.17</b> | <b>NS/ Record</b> | 5      |
| 2        | 3         |      | Bedfordshire                | 46.50        | NS                | 4.5    |
| 3        | 35        |      | Hereford and Worcestershire | 47.01        | NS                | 4      |
| 4        | 45        |      | Leicestershire and Rutland  | 47.41        | NS                | 3.5    |
| 5        | 55        |      | Norfolk                     | 47.65        | NS                | 3      |
| 6        | 85        |      | West Yorkshire              | 48.18        | ES                | 2      |
| 7        | 23        |      | Dorset                      | 49.33        |                   | 1      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

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**F24 JG Long Jump**

**NS 5.35 ES 5.10 CBP 6.22**

**Record Holder - Margaret Cheetham (Merseyside) 1983**

| Posn | Bib | Name                  | County                     | Perf | ESAA Std | Points | Wind |
|------|-----|-----------------------|----------------------------|------|----------|--------|------|
| 1    | 49  | Sasha Nolan           | London                     | 5.75 | NS       | 10     |      |
| 2    | 27  | Emma FRISBY           | ESSEX                      | 5.61 | NS       | 9      |      |
| 3    | 19  | Lottie Mole           | Derbyshire                 | 5.55 | NS       | 8      |      |
| 4    | 1   | Serena Summer Challis | Avon                       | 5.50 | NS       | 7      |      |
| 5    | 37  | Esohe Emegbor         | Hertfordshire              | 5.47 | NS       | 6      |      |
| 6    | 45  | Stephanie Emmanuel    | Leicestershire and Rutland | 5.46 | NS       | 5      |      |
| 7    | 79  | Klara Novak-wightman  | Sussex                     | 5.37 | NS       | 4      |      |
| 8    | 57  | Millie-Anna Snell     | Northamptonshire           | 5.25 | ES       | 2      |      |
| 9    | 29  | Lily Herdman          | Gloucestershire            | 5.21 | ES       | 1      |      |
| 10   | 61  | Norah Yates           | North Yorkshire            | 5.20 | ES       | 1      |      |
| 11   | 63  | Annabel McGough       | Nottinghamshire            | 5.19 | ES       | 1      |      |
| 12   | 69  | Lowri Sinkins-moysey  | Somerset                   | 5.12 | ES       | 1      |      |
| 13   | 31  | Solae Goater          | Greater Manchester         | 5.10 | ES       | 1      |      |
| 14   | 23  | Lila Richards         | Dorset                     | 5.02 |          |        |      |
| 15   | 62  | Imogen Bind           | North Yorkshire            | 5.01 |          |        |      |
| 16   | 41  | Mattea Stanley        | Kent                       | 4.89 |          |        |      |
| 17   | 73  | Neve Brannen          | Staffordshire              | 4.88 |          |        |      |
| 18   | 64  | Scarlett Stoddart     | Nottinghamshire            | 4.86 |          |        |      |
| 19   | 71  | Emily Unwin           | South Yorkshire            | 4.77 |          |        |      |
| 20   | 20  | Ava Hudson            | Derbyshire                 | 4.70 |          |        |      |
| 21   | 67  | Mya Ruddock           | Shropshire                 | 4.65 |          |        |      |
| 22   | 58  | Taya Young            | Northamptonshire           | 4.62 |          |        |      |

**F4 JG High Jump**

**NS 1.62 ES 1.56 CBP 1.77**

**Record Holder - Lea Haggett (London) 1986**

| Posn | Bib | Name                   | County          | Perf | ESAA Std | Points |
|------|-----|------------------------|-----------------|------|----------|--------|
| 1    | 49  | Ellen Odigie           | London          | 1.67 | NS       | 10     |
| 2    | 23  | Imogen Pope            | Dorset          | 1.64 | NS       | 9      |
| 3    | 21  | Rumi Sieff             | Devon           | 1.61 | ES       | 7      |
| 4    | 2   | Ella Delin             | Avon            | 1.58 | ES       | 6      |
| 5    | 53  | Maya Naylor            | Middlesex       | 1.58 | ES       | 5      |
| 6    | 33  | Omawumi Eyesan         | Hampshire       | 1.58 | ES       | 4      |
| 7    | 1   | Ruby Taylor            | Avon            | 1.55 |          | 2      |
| 8=   | 71  | Anna Budd              | South Yorkshire | 1.50 |          | 0.5    |
| 8=   | 81  | Tilly Farmer           | Warwickshire    | 1.50 |          | 0.5    |
| 8=   | 51  | Caitlin Hurworth       | Merseyside      | 1.50 |          | 0.5    |
| 8=   | 55  | Talia Stowers          | Norfolk         | 1.50 |          | 0.5    |
| 12   | 10  | Eunice Stewart-Wallace | Cambridgeshire  | 1.50 |          |        |
| 13=  | 69  | Jess Hilton            | Somerset        | 1.50 |          |        |
| 13=  | 91  | Tara Nelson            | Isle Of Man     | 1.50 |          |        |
| 15=  | 9   | Elly Jackson           | Cambridgeshire  | 1.45 |          |        |
| 15=  | 17  | Georgina Gaunt         | Cumbria         | 1.45 |          |        |

**F7 JG Pole Vault**

**NS 3.00 ES 2.70 CBP 3.62**

**Record Holder - Emilie Oakden (Sussex) 2019**

| Posn | Bib | Name                  | County        | Perf | ESAA Std | Points |
|------|-----|-----------------------|---------------|------|----------|--------|
| 1    | 79  | Florence Matten       | Sussex        | 3.60 | NS       | 10     |
| 2    | 73  | Maisie Stevens        | Staffordshire | 3.50 | NS       | 9      |
| 3    | 83  | Tilly Webb            | West Midlands | 3.10 | NS       | 8      |
| 4    | 87  | Lowri Prosser         | Wiltshire     | 3.10 | NS       | 7      |
| 5    | 80  | Jasmine Clarke-walker | Sussex        | 2.85 | ES       | 5      |
| 6    | 80a | Milly Pile            | Sussex        | 2.85 | ES       | 4      |
| 7    | 84  | Khalida Perkins       | West Midlands | 2.70 | ES       | 3      |

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**F10 JG Shot 3Kg**

**NS 11.20 ES 10.60 CBP 14.08**

**Record Holder - Adanna Udechuku (Essex) 2025**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |
|------|-----|----------------------|-----------------|-------|----------|--------|
| 1    | 20  | Summer Biggs         | Derbyshire      | 11.60 | NS       | 10     |
| 2    | 49  | Miya Cook            | London          | 11.58 | NS       | 9      |
| 3    | 27  | Shindara Ayo-Adeyemo | Essex           | 11.40 | NS       | 8      |
| 4    | 71  | Ella Paish-Plunkett  | South Yorkshire | 11.34 | NS       | 7      |
| 5    | 19  | Kyrie Turner         | Derbyshire      | 11.02 | ES       | 5      |
| 6    | 61  | Fleur Farmer-beasley | North Yorkshire | 10.99 | ES       | 4      |
| 7    | 81  | Amarachi Okwara      | Warwickshire    | 10.95 | ES       | 3      |
| 8    | 75  | Ava Ogunyadeka       | Suffolk         | 10.17 |          | 1      |
| 9    | 9   | Tadiswa Bapiro       | Cambridgeshire  | 10.13 |          |        |
| 10   | 13  | Amelie Rodgers       | Cleveland       | 9.39  |          |        |

**F47 JG Javelin 500g**

**NS 35.00 ES 33.00 CBP 43.77**

**Record Holder - Mila Desborough (Dorset)**

| Posn     | Bib       | Name                   | County         | Perf         | ESAA Std           | Points    |
|----------|-----------|------------------------|----------------|--------------|--------------------|-----------|
| <b>1</b> | <b>23</b> | <b>Mila Desborough</b> | <b>Dorset</b>  | <b>46.36</b> | <b>NS / Record</b> | <b>10</b> |
| 2        | 24        | Lumen Myers            | Dorset         | 44.19        | NS                 | 9         |
| 3        | 3         | Emily Elphick          | Bedfordshire   | 41.17        | NS                 | 8         |
| 4        | 9         | Amelie Davies          | Cambridgeshire | 37.06        | NS                 | 7         |
| 5        | 51        | India Bates            | Merseyside     | 35.61        | NS                 | 6         |
| 6        | 41        | Seren Field            | Kent           | 34.60        | ES                 | 4         |
| 7        | 47        | Phoebe Ball            | Lincolnshire   | 34.12        | ES                 | 3         |
| 8        | 59        | Alice Scambler         | Northumberland | 31.99        |                    | 1         |
| 9        | 67        | Caitlyn Hulse          | Shropshire     | 30.97        |                    |           |
| 10       | 65        | Evie Barrett           | Oxfordshire    | 28.58        |                    |           |
| 11       | 79        | Evie Hunter            | Sussex         | 28.29        |                    |           |
| 12       | 87        | Matilda Todd           | Wiltshire      | 26.72        |                    |           |

**F2 JG Discus 1Kg**

**NS 30.00 ES 27.00 CBP 39.89**

**Record Holder - Sophie Mace (Surrey) 2013**

| Posn | Bib | Name                     | County               | Perf  | ESAA Std | Points |
|------|-----|--------------------------|----------------------|-------|----------|--------|
| 1    | 19  | Ruby Arnold              | Derbyshire           | 39.11 | NS       | 10     |
| 2    | 34  | Clarice Thorne-Henderson | Hampshire            | 37.00 | NS       | 9      |
| 3    | 5   | Nimechi Okoro            | Berkshire            | 35.86 | NS       | 8      |
| 4    | 39  | Ellie Warden             | Humberside           | 34.16 | NS       | 7      |
| 5    | 57  | Amelia Rex               | Northamptonshire     | 32.75 | NS       | 6      |
| 6    | 55  | Eleanor Wright           | Norfolk              | 32.61 | NS       | 5      |
| 7    | 1   | Isabelle Spencer         | Avon                 | 30.89 | NS       | 4      |
| 8    | 23  | Poppy Gosling            | Dorset               | 30.31 | NS       | 3      |
| 9    | 77  | Isla Oxley               | Surrey               | 30.07 | NS       | 2      |
| 10   | 51  | Violet Thorne            | Merseyside           | 29.63 | ES       | 1      |
| 11   | 69  | Tanishi Banerjee         | Somerset             | 29.17 | ES       | 1      |
| 12   | 17  | Alice Maddams            | Cumbria              | 27.73 | ES       | 1      |
| 13   | 31  | Sophie Low               | Greater Manchester   | 26.53 |          |        |
| 14   | 20  | Emily Ross               | Derbyshire           | 26.46 |          |        |
| 15   | 56  | Olivia McMillan          | Norfolk              | 25.16 |          |        |
|      | 93  | Millie ACTON-ADAMS       | United Arab Emirates | 26.51 |          |        |
|      | 2   | Olivia Powell            | Avon                 | NM    |          |        |

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**F36 JG Hammer 3Kg**

**NS 41.00 ES 37.00 CBP 58.01**

**Record Holder - Pheobe Baggott (Staffordshire) 2016**

| Posn | Bib | Name                 | County         | Perf  | ESAA Std | Points |
|------|-----|----------------------|----------------|-------|----------|--------|
| 1    | 77  | Adanna ANAH          | Surrey         | 51.26 | NS       | 10     |
| 2    | 79  | Piper Kelly          | Sussex         | 49.80 | NS       | 9      |
| 3    | 5   | Sophia Powers        | Berkshire      | 43.21 | NS       | 8      |
| 4    | 59  | Isabella Joan Rose   | Northumberland | 43.10 | NS       | 7      |
| 5    | 33  | Charlotte Humphreys  | Hampshire      | 42.75 | NS       | 6      |
| 6    | 54  | Erykah-Monae Quartey | Middlesex      | 41.02 | NS       | 5      |
| 7    | 19  | Jodie Kennedy        | Derbyshire     | 40.75 | ES       | 3      |
| 8    | 53  | Olivia Green         | Middlesex      | 40.63 | ES       | 2      |
| 9    | 83  | Amelia Rhooms        | West Midlands  | 37.29 | ES       | 1      |
| 10   | 51  | Heidi Browne         | Merseyside     | 22.78 |          |        |

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**T5 JB 100 metres Heats**

**Heat 1**

**NS 11.40 ES 11.60 CBP 10.65**

**Record Holder - Divine Iheme (Oxfordshire) 2024**

**Wind=**

| Posn | Bib | Name             | County                      | Perf  | ESAA Std | Points |
|------|-----|------------------|-----------------------------|-------|----------|--------|
| 1    | 59  | Theo Dixon       | Northumberland              | 11.07 | NS       | Q      |
| 2    | 50  | Alfie Massey     | London                      | 11.24 | NS       | Q      |
| 3    | 31  | Harley Turner    | Greater Manchester          | 11.26 | NS       | q      |
| 4    | 65  | Michael Akinpelu | Oxfordshire                 | 11.54 | ES       | 1      |
| 5    | 35  | Emmanuel Mba     | Hereford and Worcestershire | 11.55 | ES       | 1      |
| 6    | 33  | Ashton Hooper    | Hampshire                   | 11.57 | ES       | 1      |
| 7    | 71  | Aron hattersley  | South Yorkshire             | 11.89 |          |        |
| 8    | 25  | Noah Hunt        | Durham                      | 11.89 |          |        |
| 9    | 9   | Alfie Olaore     | Cambridgeshire              | 12.94 |          |        |

**T5 JB 100 metres Heats**

**Heat 2**

**NS 11.40 ES 11.60 CBP 10.65**

**Record Holder - Divine Iheme (Oxfordshire) 2024**

**Wind=**

| Posn | Bib | Name                   | County                      | Perf  | ESAA Std | Points |
|------|-----|------------------------|-----------------------------|-------|----------|--------|
| 1    | 53  | Emmanuel Ofori-Manteaw | Middlesex                   | 11.00 | NS       | Q      |
| 2    | 3   | Zachary Ononye         | Bedfordshire                | 11.11 | NS       | Q      |
| 3    | 23  | Junior Buron           | Dorset                      | 11.26 | NS       | q      |
| 4    | 6   | Joshua Singleton       | Berkshire                   | 11.45 | ES       | 1      |
| 5    | 32  | Oscar Burke            | Greater Manchester          | 11.45 | ES       | 1      |
| 6    | 87  | Alex Maina             | Wiltshire                   | 11.50 | ES       | 1      |
| 7    | 50a | Mason Elwin-davis      | London                      | 11.58 | ES       | 1      |
| 8    | 36  | Ethan Sibanda          | Hereford and Worcestershire | 11.79 |          |        |

**T5 JB 100 metres Heats**

**Heat 3**

**NS 11.40 ES 11.60 CBP 10.65**

**Record Holder - Divine Iheme (Oxfordshire) 2024**

**Wind=**

| Posn | Bib | Name                     | County        | Perf  | ESAA Std | Points |
|------|-----|--------------------------|---------------|-------|----------|--------|
| 1    | 77  | Yohan Grant              | Surrey        | 11.01 | NS       | Q      |
| 2    | 49  | Ryan Okudzeto            | London        | 11.24 | NS       | Q      |
| 3    | 83  | Charlie Kelsey           | West Midlands | 11.32 | NS       | 2      |
| 4    | 13  | Valentino Peretti        | Cleveland     | 11.41 | ES       | 1      |
| 5    | 69  | Osa Ogbeide              | Somerset      | 11.47 | ES       | 1      |
| 6    | 24  | Zachary Southgate-Hooper | Dorset        | 11.53 | ES       | 1      |

**T56 JB 100 metres Final**

**NS 11.40 ES 11.60 CBP 10.65**

**Record Holder - Divine Iheme (Oxfordshire) 2024**

**Wind=**

**-0.9**

| Posn | Bib | Name                   | County             | Perf  | ESAA Std | Points |
|------|-----|------------------------|--------------------|-------|----------|--------|
| 1    | 53  | Emmanuel Ofori-Manteaw | Middlesex          | 10.99 | NS       | 10     |
| 2    | 59  | Theo Dixon             | Northumberland     | 11.16 | NS       | 9      |
| 3    | 77  | Yohan Grant            | Surrey             | 11.33 | NS       | 8      |
| 4    | 3   | Zachary Ononye         | Bedfordshire       | 11.35 | NS       | 7      |
| 5    | 50  | Alfie Massey           | London             | 11.44 | ES       | 6      |
| 6    | 31  | Harley Turner          | Greater Manchester | 11.51 | ES       | 5      |
| 7    | 23  | Junior Buron           | Dorset             | 11.58 | ES       | 4      |
| 8    | 49  | Ryan Okudzeto          | London             | 11.65 |          | 3      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**



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**T46 JB 200 metres Heats**

**Heat 1**

**NS 23.30 ES 23.80 CBP 21.99**

**Record Holder - Remi Jokosenumi (Middlesex) 2018**

**Wind=**

**-0.9**

| Posn | Bib | Name                   | County                     | Perf  | ESAA Std | Points |   |
|------|-----|------------------------|----------------------------|-------|----------|--------|---|
| 1    | 59  | Haden O'Hara           | Northumberland             | 22.89 | NS       |        | Q |
| 2    | 83  | Joshua McKenzie        | West Midlands              | 23.01 | NS       |        | Q |
| 3    | 53  | Dim Agunbiade          | Middlesex                  | 23.36 | ES       | 1      |   |
| 4    | 65  | Alexander Brooke-Alder | Oxfordshire                | 23.63 | ES       | 1      |   |
| 5    | 71  | Ryan Hatcher           | South Yorkshire            | 23.83 |          |        |   |
| 6    | 46  | Theo Wheelan           | Leicestershire and Rutland | 23.83 |          |        |   |
| 7    | 7   | Aubrey Christon        | Buckinghamshire            | 24.22 |          |        |   |

**T46 JB 200 metres Heats**

**Heat 2**

**NS 23.30 ES 23.80 CBP 21.99**

**Record Holder - Remi Jokosenumi (Middlesex) 2018**

**Wind=**

**+0.8**

| Posn | Bib | Name             | County             | Perf  | ESAA Std | Points |   |
|------|-----|------------------|--------------------|-------|----------|--------|---|
| 1    | 63  | Owain Osifo      | Nottinghamshire    | 22.74 | NS       |        | Q |
| 2    | 31  | Thierry Kerr     | Greater Manchester | 22.88 | NS       |        | Q |
| 3    | 87  | Ethan Biss       | Wiltshire          | 23.12 | NS       |        | q |
| 4    | 3   | Oscar Hyde       | Bedfordshire       | 23.24 | NS       |        | q |
| 5    | 47  | Tom Wilson       | Lincolnshire       | 23.42 | ES       | 1      |   |
| 6    | 23  | Thomas Whitfield | Dorset             | 23.85 |          |        |   |

**T46 JB 200 metres Heats**

**Heat 3**

**NS 23.30 ES 23.80 CBP 21.99**

**Record Holder - Remi Jokosenumi (Middlesex) 2018**

**Wind=**

**+1.4**

| Posn | Bib | Name                  | County                      | Perf  | ESAA Std | Points |   |
|------|-----|-----------------------|-----------------------------|-------|----------|--------|---|
| 1    | 57  | Ezra Graham           | Northamptonshire            | 23.24 | NS       |        | Q |
| 2    | 45  | Ireoluwa George-Aremu | Leicestershire and Rutland  | 23.29 | NS       |        | Q |
| 3    | 5   | Jay Swift             | Berkshire                   | 23.43 | ES       | 1      |   |
| 4    | 13  | James Moss            | Cleveland                   | 23.71 | ES       | 1      |   |
| 5    | 35  | Max Peake             | Hereford and Worcestershire | 23.88 |          |        |   |
| 6    | 79  | Henry Bromham         | Sussex                      | 23.96 |          |        |   |

**T63 JB 200 metres Final**

**NS 23.30 ES 23.80 CBP 21.99**

**Record Holder - Remi Jokosenumi (Middlesex) 2018**

**Wind=**

**-0.1**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |  |
|------|-----|-----------------|--------------------|-------|----------|--------|--|
| 1    | 63  | Owain Osifo     | Nottinghamshire    | 22.47 | NS       | 10     |  |
| 2    | 31  | Thierry Kerr    | Greater Manchester | 22.59 | NS       | 9      |  |
| 3    | 83  | Joshua McKenzie | West Midlands      | 22.63 | NS       | 8      |  |
| 4    | 59  | Haden O'Hara    | Northumberland     | 22.92 | NS       | 7      |  |
| 5    | 87  | Ethan Biss      | Wiltshire          | 22.94 | NS       | 6      |  |
| 6    | 3   | Oscar Hyde      | Bedfordshire       | 23.53 | ES       | 5      |  |
| 7    | 57  | Ezra Graham     | Northamptonshire   | 23.62 | ES       | 4      |  |

Points awarded include additional points (ESAA standards NS & ES) from heats,

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**T14 JB 300 metres Heats**

**Heat 1**

**NS 36.80 ES 38.00 CBP 34.81**

**Record Holder - Amir Sultan-Edwards (London) 2018**

| Posn | Bib | Name                  | County                      | Perf  | ESAA Std | Points |
|------|-----|-----------------------|-----------------------------|-------|----------|--------|
| 1    | 77  | Trey Lindsay          | Surrey                      | 36.08 | NS       | Q      |
| 2    | 61  | Ben Vamplew           | North Yorkshire             | 36.22 | NS       | Q      |
| 3    | 31  | Lucian Randall-Morgan | Greater Manchester          | 36.66 | NS       | q      |
| 4    | 73  | Harrison Smith        | Staffordshire               | 37.25 | ES       | 1      |
| 5    | 17  | Thomas Downie         | Cumbria                     | 37.33 | ES       | 1      |
| 6    | 63  | Blake Henry           | Nottinghamshire             | 37.35 | ES       | 1      |
| 7    | 1   | Josiah Oyelmude       | Avon                        | 38.72 |          |        |
| 8    | 35  | Jack Yarnold          | Hereford and Worcestershire | 39.37 |          |        |

**T14 JB 300 metres Heats**

**Heat 2**

**NS 36.80 ES 38.00 CBP 34.81**

**Record Holder - Amir Sultan-Edwards (London) 2018**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------------------|-------|----------|--------|
| 1    | 91  | Taylor Kneen      | Isle of Man                 | 35.87 | NS       | Q      |
| 2    | 37  | Stanley Wilkinson | Hertfordshire               | 36.89 | ES       | Q      |
| 3    | 85  | Jack Cleaver      | West Yorkshire              | 37.20 | ES       | q      |
| 4    | 57  | Max Threadgold    | Northamptonshire            | 37.77 | ES       | 1      |
| 5    | 55  | Luke Anderson     | Norfolk                     | 38.23 |          |        |
| 6    | 18  | Ben Notman        | Cumbria                     | 38.85 |          |        |
| 7    | 36  | Jack Marley       | Hereford and Worcestershire | 39.27 |          |        |

**T14 JB 300 metres Heats**

**Heat 3**

**NS 36.80 ES 38.00 CBP 34.81**

**Record Holder - Amir Sultan-Edwards (London) 2018**

| Posn | Bib | Name                | County          | Perf  | ESAA Std | Points |
|------|-----|---------------------|-----------------|-------|----------|--------|
| 1    | 41  | Dillon Warner       | Kent            | 36.31 | NS       | Q      |
| 2    | 5   | Edward Okyere Darko | Berkshire       | 37.02 | ES       | Q      |
| 3    | 33  | Arthur Woyton       | Hampshire       | 37.30 | ES       | 1      |
| 4    | 53  | Lucas Simon         | Middlesex       | 37.86 | ES       | 1      |
| 5    | 74  | Jacob Clamp         | Staffordshire   | 38.31 |          |        |
| 6    | 83  | Zachary Miles       | West Midlands   | 38.53 |          |        |
| 7    | 71  | Oscar McGuinness    | South Yorkshire | 38.59 |          |        |
| 8    | 9   | Oscar Tee           | Cambridgeshire  | 39.27 |          |        |

**T93 JB 300 metres Final**

**NS 36.80 ES 38.00 CBP 34.81**

**Record Holder - Amir Sultan-Edwards (London) 2018**

| Posn | Bib | Name                  | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------------|--------------------|-------|----------|--------|
| 1    | 77  | Trey Lindsay          | Surrey             | 35.53 | NS       | 10     |
| 2    | 91  | Taylor Kneen          | Isle of Man        | 35.74 | NS       | 9      |
| 3    | 37  | Stanley Wilkinson     | Hertfordshire      | 35.90 | NS       | 8      |
| 4    | 61  | Ben Vamplew           | North Yorkshire    | 36.11 | NS       | 7      |
| 5    | 5   | Edward Okyere Darko   | Berkshire          | 36.27 | NS       | 6      |
| 6    | 41  | Dillon Warner         | Kent               | 36.29 | NS       | 5      |
| 7    | 31  | Lucian Randall-Morgan | Greater Manchester | 37.27 | ES       | 4      |
| 8    | 85  | Jack Cleaver          | West Yorkshire     | 37.36 | ES       | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T20 JB 800 metres Heats**

**Heat 1**

**NS 2:02.00 ES 2:05.00 CBP 1:56.00**

**Record Holder - Findlay MCLAREN (Essex) 2023**

| Posn | Num | Name                    | County             | Perf    | ESAA Std | Points |   |
|------|-----|-------------------------|--------------------|---------|----------|--------|---|
| 1    | 5   | Michael Emmanuel        | Berkshire          | 2:01.75 | NS       |        | Q |
| 2    | 57  | Alexander Kampta        | Northamptonshire   | 2:02.38 | ES       |        | Q |
| 3    | 31  | Noah Phillips           | Greater Manchester | 2:02.85 | ES       | 1      |   |
| 4    | 34  | Oliver Maxwell          | Hampshire          | 2:03.85 | ES       | 1      |   |
| 5    | 37  | Jonah McNaught          | Hertfordshire      | 2:04.81 | ES       | 1      |   |
| 6    | 43  | Jack Turner             | Lancashire         | 2:06.09 |          |        |   |
| 7    | 8   | Harrison Lawrence       | Buckinghamshire    | 2:06.35 |          |        |   |
| 8    | 23  | Charlie Harrison        | Dorset             | 2:06.97 |          |        |   |
| 9    | 49  | Elliott Albert-preskett | London             | 2:07.80 |          |        |   |

**T20 JB 800 metres Heats**

**Heat 2**

**NS 2:02.00 ES 2:05.00 CBP 1:56.00**

**Record Holder - Findlay MCLAREN (Essex) 2023**

| Posn | Num | Name           | County         | Perf    | ESAA Std | Points |   |
|------|-----|----------------|----------------|---------|----------|--------|---|
| 1    | 51  | Bobby McEvoy   | Merseyside     | 2:00.40 | NS       |        | Q |
| 2    | 83  | Leo Fry        | West Midlands  | 2:00.50 | NS       |        | Q |
| 3    | 19  | Osniel Segal   | Derbyshire     | 2:00.50 | NS       |        | q |
| 4    | 79  | Rory Grant     | Sussex         | 2:02.32 | ES       |        | q |
| 5    | 33  | Ian Bahia      | Hampshire      | 2:02.53 | ES       | 1      |   |
| 6    | 91  | Seamus Hall    | Isle Of Man    | 2:06.26 |          |        |   |
| 7    | 68  | Joshua Thomas  | Shropshire     | 2:07.48 |          |        |   |
| 8    | 9   | JOSHUA SPAVINS | Cambridgeshire | 2:08.42 |          |        |   |

**T20 JB 800 metres Heats**

**Heat 3**

**NS 2:02.00 ES 2:05.00 CBP 1:56.00**

**Record Holder - Findlay MCLAREN (Essex) 2023**

| Posn | Num | Name            | County               | Perf    | ESAA Std | Points |   |
|------|-----|-----------------|----------------------|---------|----------|--------|---|
| 1    | 85  | Thomas Hastings | West Yorkshire       | 2:03.91 | ES       |        | Q |
| 2    | 77  | Tom Leedham     | Surrey               | 2:04.44 | ES       |        | Q |
| 3    | 93  | William Brain   | United Arab Emirates | 2:04.50 | ES       | 1      |   |
| 4    | 59  | Mason Gaylor    | Northumberland       | 2:04.56 | ES       | 1      |   |
| 5    | 7   | Alex Vout       | Buckinghamshire      | 2:06.91 |          |        |   |
| 6    | 67  | Jonathan Yang   | Shropshire           | 2:07.18 |          |        |   |
| 7    | 20  | Toby Newbould   | Derbyshire           | 2:07.70 |          |        |   |
| 8    | 10  | Samuel Parker   | Cambridgeshire       | 2:10.36 |          |        |   |

**T71 JB 800 metres Final**

**NS 2:02.00 ES 2:05.00 CBP 1:56.00**

**Record Holder - Findlay MCLAREN (Essex) 2023**

| Posn | Num | Name             | County           | Perf    | ESAA Std | Points |
|------|-----|------------------|------------------|---------|----------|--------|
| 1    | 83  | Leo Fry          | West Midlands    | 1:56.87 | NS       | 10     |
| 2    | 85  | Thomas Hastings  | West Yorkshire   | 1:56.98 | NS       | 9      |
| 3    | 5   | Michael Emmanuel | Berkshire        | 1:58.81 | NS       | 8      |
| 4    | 51  | Bobby McEvoy     | Merseyside       | 1:59.79 | NS       | 7      |
| 5    | 19  | Osniel Segal     | Derbyshire       | 2:00.26 | NS       | 6      |
| 6    | 77  | Tom Leedham      | Surrey           | 2:01.81 | NS       | 5      |
| 7    | 57  | Alexander Kampta | Northamptonshire | 2:02.54 | ES       | 3      |
| 8    | 79  | Rory Grant       | Sussex           | 2:02.61 | ES       | 2      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T41 JB 1500 metres Heats**

**Heat 1**

**NS 4:13.00 ES 4:19.00 CBP 4:03.60**

**Record Holder - Doug Stones (Humberside) 1979**

| Posn | Num | Name                   | County             | Perf    | ESAA Std | Points |
|------|-----|------------------------|--------------------|---------|----------|--------|
| 1    | 81  | Zakariya Rush          | Warwickshire       | 4:15.23 | ES       | Q      |
| 2    | 69  | Edward Salter          | Somerset           | 4:15.92 | ES       | Q      |
| 3    | 71  | Jacob Dawe             | South Yorkshire    | 4:16.53 | ES       | Q      |
| 4    | 65  | Noah Spruce            | Oxfordshire        | 4:16.84 | ES       | Q      |
| 5    | 51  | James McGrory          | Merseyside         | 4:17.37 | ES       | 1      |
| 6    | 7   | Edward Rowe            | Buckinghamshire    | 4:18.62 | ES       | 1      |
| 7    | 25  | Ollie Curran           | Durham             | 4:19.09 |          |        |
| 8    | 61  | Joseph Preston         | North Yorkshire    | 4:20.30 |          |        |
| 9    | 31  | Alistair Riley         | Greater Manchester | 4:20.79 |          |        |
| 10   | 49  | Max Harrison           | London             | 4:22.64 |          |        |
| 11   | 47  | Barney Burnham         | Lincolnshire       | 4:24.93 |          |        |
| 12   | 67  | Oscar Adams            | Shropshire         | 4:26.80 |          |        |
| 13   | 76a | cody Holland           | Suffolk            | 4:28.53 |          |        |
| 14   | 9   | Benjamin Zenner Branco | Cambridgeshire     | 4:31.47 |          |        |

**T41 JB 1500 metres Heats**

**Heat 2**

**NS 4:13.00 ES 4:19.00 CBP 4:03.60**

**Record Holder - Doug Stones (Humberside) 1979**

| Posn | Num | Name                | County                      | Perf    | ESAA Std | Points |
|------|-----|---------------------|-----------------------------|---------|----------|--------|
| 1    | 85  | Caleb Emmett        | West Yorkshire              | 4:14.14 | ES       | Q      |
| 2    | 83  | Jack Larkin         | West Midlands               | 4:14.79 | ES       | Q      |
| 3    | 79  | Harry Chapman       | Sussex                      | 4:15.16 | ES       | Q      |
| 4    | 8   | Luis Dasilva        | Buckinghamshire             | 4:15.28 | ES       | Q      |
| 5    | 19  | Jacob Dutton        | Derbyshire                  | 4:15.96 | ES       | 1      |
| 6    | 89  | Paul Friedrich      | Channel Islands             | 4:17.06 | ES       | 1      |
| 7    | 76  | Noah Griffiths      | Suffolk                     | 4:18.94 | ES       | 1      |
| 8    | 37  | Alexander Shoesmith | Hertfordshire               | 4:19.85 |          |        |
| 9    | 59  | Edward Watson       | Northumberland              | 4:22.63 |          |        |
| 10   | 70  | Zachary Fleming     | Somerset                    | 4:24.39 |          |        |
| 11   | 66a | Sam Cousins         | Oxfordshire                 | 4:25.20 |          |        |
| 12   | 35  | Charlie Coleman     | Hereford And Worcestershire | 4:26.17 |          |        |
| 13   | 15  | Oliver Williams     | Cornwall                    | 4:31.63 |          |        |

**T41 JB 1500 metres Heats**

**Heat 3**

**NS 4:13.00 ES 4:19.00 CBP 4:03.60**

**Record Holder - Doug Stones (Humberside) 1979**

| Posn | Num | Name                     | County             | Perf    | ESAA Std | Points |
|------|-----|--------------------------|--------------------|---------|----------|--------|
| 1    | 72  | Edward Rose              | South Yorkshire    | 4:13.13 | ES       | Q      |
| 2    | 75  | Dexter Marshall          | Suffolk            | 4:13.90 | ES       | Q      |
| 3    | 8a  | Luca Dolan               | Buckinghamshire    | 4:14.52 | ES       | Q      |
| 4    | 77  | Thomas Hennigan          | Surrey             | 4:14.96 | ES       | Q      |
| 5    | 33  | Jonah Tildesley          | Hampshire          | 4:16.83 | ES       | 1      |
| 6    | 50  | Filip Kounoupas prastalo | London             | 4:19.26 |          |        |
| 7    | 32  | Oscar Davies             | Greater Manchester | 4:19.60 |          |        |
| 8    | 11  | Gus Fisher               | Cheshire           | 4:19.71 |          |        |
| 9    | 82  | Thomas Heather-Green     | Warwickshire       | 4:21.46 |          |        |
| 10   | 91  | Rory Teare               | Isle Of Man        | 4:24.77 |          |        |
| 11   | 66  | Zac Coulson              | Oxfordshire        | 4:25.29 |          |        |
| 12   | 60  | Noah PENFOLD             | NORTHUMBERLAND     | 4:27.63 |          |        |
| 13   | 5   | Ted Bainbridge           | Berkshire          | 4:31.65 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T100 JB 1500 metres Final**

**NS 4:13.00 ES 4:19.00 CBP 4:03.60**

**Record Holder - Doug Stones (Humberside) 1979**

| Posn | Num | Name            | County          | Perf    | ESAA Std | Points |
|------|-----|-----------------|-----------------|---------|----------|--------|
| 1    | 81  | Zakariya Rush   | Warwickshire    | 4:07.34 | NS       | 10     |
| 2    | 71  | Jacob Dawe      | South Yorkshire | 4:08.23 | NS       | 9      |
| 3    | 72  | Edward Rose     | South Yorkshire | 4:09.72 | NS       | 8      |
| 4    | 8a  | Luca Dolan      | Buckinghamshire | 4:10.38 | NS       | 7      |
| 5    | 8   | Luis Dasilva    | Buckinghamshire | 4:11.94 | NS       | 6      |
| 6    | 75  | Dexter Marshall | Suffolk         | 4:12.66 | NS       | 5      |
| 7    | 65  | Noah Spruce     | Oxfordshire     | 4:12.98 | NS       | 4      |
| 8    | 69  | Edward Salter   | Somerset        | 4:13.27 | ES       | 2      |
| 9    | 79  | Harry Chapman   | Sussex          | 4:13.91 | ES       | 1      |
| 10   | 77  | Thomas Hennigan | Surrey          | 4:15.52 | ES       | 1      |
| 11   | 83  | Jack Larkin     | West Midlands   | 4:17.17 | ES       | 1      |
| 12   | 85  | Caleb Emmett    | West Yorkshire  | 4:20.22 |          | 1      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**T6 U16B 100m Hurdles (84cm) Heats Heat 1**

**NS 13.90 ES 14.40 CBP 0.00**

**Record Holder - Joseph Harding (Essex) 2017**

**Wind= -1.5**

| Posn | Bib | Name                | County       | Perf  | ESAA Std | Points   |
|------|-----|---------------------|--------------|-------|----------|----------|
| 1    | 47  | Charles Reilly      | Lincolnshire | 13.17 | NS       | <i>Q</i> |
| 2    | 88  | Ebby Adesina        | Wiltshire    | 13.85 | NS       | <i>Q</i> |
| 3    | 28a | Gabriel Edwards     | Essex        | 13.90 | NS       | 2        |
| 4    | 79  | Oscar Fermor-McGhie | Sussex       | 13.97 | ES       | 1        |
| 5    | 42  | Jake Maloney        | Kent         | 14.00 | ES       | 1        |
| 6    | 34  | William Harvey      | Hampshire    | 14.45 |          |          |
| 7    | 19  | Oscar Fuller        | Derbyshire   | 15.15 |          |          |
| 8    | 67  | Sion Williams       | Shropshire   | 16.10 |          |          |

**T6 U16B 100m Hurdles (84cm) Heats Heat 2**

**NS 13.90 ES 14.40 CBP 0.00**

**Record Holder - Joseph Harding (Essex) 2017**

**Wind= -0.6**

| Posn | Bib | Name              | County         | Perf  | ESAA Std | Points   |
|------|-----|-------------------|----------------|-------|----------|----------|
| 1    | 3   | Kayden Thomas     | Bedfordshire   | 12.58 | NS       | <i>Q</i> |
| 2    | 27  | Joshua Buxton     | Essex          | 13.25 | NS       | <i>Q</i> |
| 3    | 41  | Jacob Clark-Jones | Kent           | 13.34 | NS       | <i>q</i> |
| 4    | 37  | Nathaniel Clark   | Hertfordshire  | 13.44 | NS       | <i>q</i> |
| 5    | 83  | Andrew Irvine     | West Midlands  | 13.63 | NS       | 2        |
| 6    | 53  | Luke Mills        | Middlesex      | 13.69 | NS       | 2        |
| 7    | 9   | Ollie Waters      | Cambridgeshire | 13.90 | NS       | 2        |
| 8    | 33  | Emmanuel Oyedele  | Hampshire      | 13.97 | ES       |          |
| 9    | 25  | Matthew King      | Durham         | 14.33 | ES       | 1        |

**T6 U16B 100m Hurdles (84cm) Heats Heat 3**

**NS 13.90 ES 14.40 CBP 0.00**

**Record Holder - Joseph Harding (Essex) 2017**

**Wind= -2.5**

| Posn | Bib | Name                  | County         | Perf  | ESAA Std | Points   |
|------|-----|-----------------------|----------------|-------|----------|----------|
| 1    | 28  | Fabian Nayan          | Essex          | 13.68 | NS       | <i>Q</i> |
| 2    | 42a | Jack Ruby             | Kent           | 13.71 | NS       | <i>Q</i> |
| 3    | 87  | Lewis Belgrave        | Wiltshire      | 13.95 | ES       | 1        |
| 4    | 59  | Owen Lockey           | Northumberland | 14.06 | ES       | 1        |
| 5    | 21  | Harrison McConnell    | Devon          | 14.08 | ES       | 1        |
| 6    | 80  | Harley Saunders-Neate | Sussex         | 14.42 |          |          |
| 7    | 65  | George Coyle          | Oxfordshire    | 14.56 |          |          |
| 8    | 81  | Finlay Jackson        | Warwickshire   | 14.71 |          |          |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T52 U16B 100m Hurdles (84cm) Final**

**NS 13.90 ES 14.40 CBP 0.00**

**Record Holder - Joseph Harding (Essex) 2017**

**Wind= -1.4**

| Posn | Bib | Name              | County        | Perf  | ESAA Std | Points |
|------|-----|-------------------|---------------|-------|----------|--------|
| 1    | 3   | Kayden Thomas     | Bedfordshire  | 12.72 | NS       | 10     |
| 2    | 47  | Charles Reilly    | Lincolnshire  | 13.14 | NS       | 9      |
| 3    | 41  | Jacob Clark-Jones | Kent          | 13.36 | NS       | 8      |
| 4    | 37  | Nathaniel Clark   | Hertfordshire | 13.75 | NS       | 7      |
| 5    | 28  | Fabian Nayan      | Essex         | 13.81 | NS       | 6      |
| 6    | 88  | Ebby Adesina      | Wiltshire     | 13.96 | ES       | 5      |
| 7    | 42a | Jack Ruby         | Kent          | 14.13 | ES       | 4      |
| 8    | 27  | Joshua Buxton     | Essex         | 14.79 |          | 3      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**T103 U16B 300m Hurdles (76.2cm) Heats Heat 1**

**NS 41.50 ES 43.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name                   | County          | Perf  | ESAA Std | Points |
|------|-----|------------------------|-----------------|-------|----------|--------|
| 1    | 51  | Jay Husain             | Merseyside      | 38.00 | NS       | Q      |
| 2    | 83  | Charlie Jackson        | West Midlands   | 38.32 | NS       | Q      |
| 3    | 11  | Ben Jeffs              | Cheshire        | 39.83 | NS       | q      |
| 4    | 27  | Felix Churchill-Browne | Essex           | 40.83 | NS       | 2      |
| 5    | 80  | Arthur Rogers          | Sussex          | 41.08 | NS       | 2      |
| 6    | 49  | Leonardo Sharpe-lopez  | London          | 41.12 | NS       | 2      |
| 7    | 33  | Tom Pate               | Hampshire       | 42.05 | ES       | 1      |
| 8    | 29  | Oscar Elksnis          | Gloucestershire | 45.59 |          |        |
| 9    | 44a | Kai Addison            | Lancashire      | 46.18 |          |        |

**T103 U16B 300m Hurdles (76.2cm) Heats Heat 2**

**NS 41.50 ES 43.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name             | County                      | Perf  | ESAA Std | Points |
|------|-----|------------------|-----------------------------|-------|----------|--------|
| 1    | 53  | Joshua Gilbert   | Middlesex                   | 39.78 | NS       | Q      |
| 2    | 35  | Charlie Lindley  | Hereford and Worcestershire | 40.35 | NS       | Q      |
| 3    | 44  | Joshua Mackie    | Lancashire                  | 40.54 | NS       | 2      |
| 4    | 7   | Daniel Southgate | Buckinghamshire             | 40.61 | NS       | 2      |
| 5    | 87  | Rory Osborne     | Wiltshire                   | 41.39 | NS       | 2      |
| 6    | 31  | Jack Fletcher    | Greater Manchester          | 41.90 | ES       | 1      |
| 7    | 78  |                  | Surrey                      | 42.29 | ES       | 1      |
| 8    | 19  | Liam Skipper     | Derbyshire                  | 43.69 |          |        |
| 9    | 61  | Murray Barnard   | North Yorkshire             | 49.02 |          |        |

**T103 U16B 300m Hurdles (76.2cm) Heats Heat 3**

**NS 41.50 ES 43.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name                  | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------------|--------------------|-------|----------|--------|
| 1    | 41  | Jake Phillips         | Kent               | 39.69 | NS       | Q      |
| 2    | 77  | Benjamin Hillsdon     | Surrey             | 39.77 | NS       | Q      |
| 3    | 79  | Felix Fowler          | Sussex             | 39.84 | NS       | q      |
| 4    | 5   | Oliver Thompson       | Berkshire          | 41.01 | NS       | 2      |
| 5    | 59  | Felix Bayne-Dixon     | Northumberland     | 41.53 | ES       | 1      |
| 6    | 43  | James Acton-Grievess  | Lancashire         | 41.79 | ES       | 1      |
| 7    | 12  | Samuel Savage         | Cheshire           | 42.25 | ES       | 1      |
| 8    | 32  | Sam Ingleby-Castleton | Greater Manchester | 43.14 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T104 U16B 300m Hurdles (76.2cm) Final**

**NS 41.50 ES 43.00 CBP 0.00**

**Record Holder - 0**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------------------|-------|----------|--------|
| 1    | 51  | Jay Husain        | Merseyside                  | 37.09 | NS       | 10     |
| 2    | 53  | Joshua Gilbert    | Middlesex                   | 37.68 | NS       | 9      |
| 3    | 83  | Charlie Jackson   | West Midlands               | 38.44 | NS       | 8      |
| 4    | 41  | Jake Phillips     | Kent                        | 39.35 | NS       | 7      |
| 5    | 77  | Benjamin Hillsdon | Surrey                      | 39.74 | NS       | 6      |
| 6    | 79  | Felix Fowler      | Sussex                      | 40.33 | NS       | 5      |
| 7    | 35  | Charlie Lindley   | Hereford and Worcestershire | 40.63 | NS       | 4      |
| 8    | 11  | Ben Jeffs         | Cheshire                    | DNF   |          | 2      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

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**T31 JB Relay 4 x 100m Final**

**NS 45.60 ES 47.00 CBP 43.33**

**Record Holder - (London) 2016**

| Posn | Bib | Name | County             | Perf  | ESAA Std | Points |
|------|-----|------|--------------------|-------|----------|--------|
| 1    | 5   |      | Berkshire          | 45.02 | NS       | 10     |
| 2    | 49  |      | London             | 45.96 | ES       | 8      |
| 3    | 31  |      | Greater Manchester | 46.17 | ES       | 7      |
| 4    | 27  |      | Essex              | 47.22 |          | 5      |
| 5    | 79  |      | Sussex             | 49.97 |          | 4      |
| 6    | 41  |      | Kent               | DQ    |          |        |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

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**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 1**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County           | Perf  | ESAA Std | Points |
|------|-----|------|------------------|-------|----------|--------|
| 1    | 3   |      | Bedfordshire     | 47.17 | NS       | Q      |
| 2    | 23  |      | Dorset           | 49.16 |          | Q      |
| 3    | 1   |      | Avon             | 49.26 |          |        |
| 4    | 57  |      | Northamptonshire | 50.69 |          |        |
| 5    | 61  |      | North Yorkshire  | 52.08 |          |        |
| 6    | 7   |      | Buckinghamshire  | 52.69 |          |        |

**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 2**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County         | Perf  | ESAA Std | Points |
|------|-----|------|----------------|-------|----------|--------|
| 1    | 83  |      | West Midlands  | 45.93 | NS       | Q      |
| 2    | 55  |      | Norfolk        | 48.15 | ES       | Q      |
| 3    | 73  |      | Staffordshire  | 48.42 | ES       | 0.5    |
| 4    | 59  |      | Northumberland | 48.62 | ES       | 0.5    |
| 5    | 25  |      | Durham         | 49.74 |          |        |
| 6    | 65  |      | Oxfordshire    | 59.41 |          |        |

**T76 Junior Mixed Relay 4 x 100m Heats**

**Heat 3**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Dorset) 2025**

| Posn | Bib | Name | County                      | Perf  | ESAA Std | Points |
|------|-----|------|-----------------------------|-------|----------|--------|
| 1    | 35  |      | Hereford and Worcestershire | 47.46 | NS       | Q      |
| 2    | 45  |      | Leicestershire and Rutland  | 47.49 | NS       | Q      |
| 3    | 85  |      | West Yorkshire              | 47.95 | ES       | q      |
| 4    | 63  |      | Nottinghamshire             | 48.07 | ES       | q      |
| 5    | 71  |      | South Yorkshire             | 48.58 | ES       | 0.5    |
| 6    | 69  |      | Somerset                    | 53.31 |          |        |

**T95 Junior Mixed Relay 4 x 100m Final**

**NS 47.80 ES 49.00 CBP 45.98**

**Record Holder - (Oxfordshire) 2024**

| Posn     | Bib       | Name | County                      | Perf         | ESAA Std          | Points |
|----------|-----------|------|-----------------------------|--------------|-------------------|--------|
| <b>1</b> | <b>83</b> |      | <b>West Midlands</b>        | <b>45.17</b> | <b>NS/ Record</b> | 5      |
| 2        | 3         |      | Bedfordshire                | 46.50        | NS                | 4.5    |
| 3        | 35        |      | Hereford and Worcestershire | 47.01        | NS                | 4      |
| 4        | 45        |      | Leicestershire and Rutland  | 47.41        | NS                | 3.5    |
| 5        | 55        |      | Norfolk                     | 47.65        | NS                | 3      |
| 6        | 85        |      | West Yorkshire              | 48.18        | ES                | 2      |
| 7        | 23        |      | Dorset                      | 49.33        |                   | 1      |

Points awarded include additional points (ESAA standards NS & ES) from heats,



**ESAA T&F Championships**  
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**F3 JB Long Jump**

**NS 5.95 ES 5.80 CBP 6.76**

**Record Holder - Jerel Livingston (London) 2018**

| Posn | Bib | Name                   | County                 | Perf        | ESAA Std           | Points | Wind |
|------|-----|------------------------|------------------------|-------------|--------------------|--------|------|
| 1    | 7   | <b>Duncan Williams</b> | <b>Buckinghamshire</b> | <b>7.06</b> | <b>NS / Record</b> | 10     |      |
| 2    | 41  | Emmanuel Famokun       | Kent                   | 6.78        | NS                 | 9      |      |
| 3    | 8   | Filippos Aktseles      | Buckinghamshire        | 6.44        | NS                 | 8      |      |
| 4    | 27  | Zac Petherbridge       | Essex                  | 6.30        | NS                 | 7      |      |
| 5    | 42  | Mark Bello             | Kent                   | 6.24        | NS                 | 6      |      |
| 6    | 5   | Max Zhang              | Berkshire              | 6.04        | NS                 | 5      |      |
| 7    | 33  | Leo Davies-Pratt       | Hampshire              | 5.90        | ES                 | 3      |      |
| 8    | 28  | Finn Petherbridge      | Essex                  | 5.86        | ES                 | 2      |      |
| 9    | 63  | Rio Davies             | Nottinghamshire        | 5.70        |                    |        |      |
| 10   | 47  | Ellis Couser           | Lincolnshire           | 5.67        |                    |        |      |
| 11   | 24  | Jonah Richings         | Dorset                 | 5.63        |                    |        |      |
| 12   | 29  | Jay Li                 | Gloucestershire        | 5.63        |                    |        |      |
| 13   | 53  | Rawdon Crutchley       | Middlesex              | 5.54        |                    |        |      |
| 14   | 23  | Joshua Matthews        | Dorset                 | 5.48        |                    |        |      |
| 15   | 25  | Monty Bowden           | Durham                 | 5.45        |                    |        |      |

**F14 JB Triple Jump**

**NS 12.40 ES 12.00 CBP 14.60**

**Record Holder - Jomilolu Hughes (London) 2024**

| Posn | Bib | Name                 | County           | Perf  | ESAA Std | Points | Wind |
|------|-----|----------------------|------------------|-------|----------|--------|------|
| 1    | 41  | Jalil Anderson       | Kent             | 13.24 | NS       | 10     |      |
| 2    | 27  | Danite Isilika       | Essex            | 13.02 | NS       | 9      |      |
| 3    | 42  | Caleb Faleye         | Kent             | 12.98 | NS       | 8      |      |
| 4    | 28  | Tobi Salman          | Essex            | 12.95 | NS       | 7      |      |
| 5    | 42a | Harry Sugumaran      | Kent             | 12.74 | NS       | 6      |      |
| 6    | 43  | Oliver Hall          | Lancashire       | 12.39 | ES       | 4      |      |
| 7    | 55  | Bamidele Oyewale     | Norfolk          | 12.33 | ES       | 3      |      |
| 8    | 29  | Jake Betterton       | Gloucestershire  | 12.18 | ES       | 2      |      |
| 9    | 73  | Chimchebe Eric Nweze | Staffordshire    | 12.04 | ES       | 1      |      |
| 10   | 57  | Adrian Curikovs      | Northamptonshire | 12.02 | ES       | 1      |      |
| 11   | 33  | Kingsley HANG        | HAMPSHIRE        | 12.02 | ES       | 1      |      |
| 12   | 25  | Silmon Zach          | Durham           | 11.19 |          |        |      |

**F21 JB High Jump**

**NS 1.80 ES 1.74 CBP 1.96**

**Record Holder - Richard Byers (Cumbria) 2005**

| Posn | Bib | Name                   | County                      | Perf | ESAA Std | Points |
|------|-----|------------------------|-----------------------------|------|----------|--------|
| 1    | 75  | Alexander Marvell      | Suffolk                     | 1.89 | NS       | 10     |
| 2    | 55  | Dexter Appleton-Barnes | Norfolk                     | 1.86 | NS       | 9      |
| 3    | 5   | Philip Artemiev        | Berkshire                   | 1.83 | NS       | 8      |
| 4    | 41  | Elazar Adejinmi        | Kent                        | 1.80 | NS       | 7      |
| 5    | 3   | Kenneth Ulohotse       | Bedfordshire                | 1.77 | ES       | 5      |
| 6    | 7   | Bradley Stone          | Buckinghamshire             | 1.71 |          | 3      |
| 7    | 83  | Austin Demanya         | West Midlands               | 1.71 |          | 2      |
| 8    | 17  | Elliot Jones           | Cumbria                     | 1.66 |          | 1      |
| 9    | 61  | Emmerson Fougler       | North Yorkshire             | 1.66 |          |        |
| 10   | 35  | Hari Vijn              | Hereford And Worcestershire | 1.61 |          |        |

**ESAA T&F Championships**  
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**F43 JB Pole Vault**

**NS 3.30 ES 3.00 CBP 4.30**

**Record Holder - Neil Winter (Avon) 1988**

| Posn | Bib | Name            | County                     | Perf | ESAA Std | Points |
|------|-----|-----------------|----------------------------|------|----------|--------|
| 1    | 7   | Ben Phillips    | Buckinghamshire            | 3.90 | NS       | 10     |
| 2    | 45  | Leo Zebrowski   | Leicestershire And Rutland | 3.80 | NS       | 9      |
| 3    | 27  | Harry Hughes    | Essex                      | 3.70 | NS       | 8      |
| 4    | 28  | Aiden Tricker   | Essex                      | 3.60 | NS       | 7      |
| 5    | 9   | Oskar Eastwood  | Cambridgeshire             | 3.40 | NS       | 6      |
| 6    | 79  | Isaac Machin    | Sussex                     | 3.15 | ES       | 4      |
| 7    | 77  | Luca Hunstone   | Surrey                     | 3.15 | ES       | 3      |
| 8    | 73  | Jonah Booker    | Staffordshire              | 3.15 | ES       | 2      |
| 9    | 85  | Zeekie Yansaneh | West Yorkshire             | 3.00 | ES       | 1      |
| 10   | 1   | Edward Stoate   | Avon                       | 2.80 |          |        |

**F6 JB Shot 4Kg**

**NS 13.30 ES 12.30 CBP 18.29**

**Record Holder - Michael Wheeler (London ) 2006**

| Posn | Bib | Name             | County               | Perf  | ESAA Std | Points |
|------|-----|------------------|----------------------|-------|----------|--------|
| 1    | 39  | Logan Cowling    | Humberside           | 16.66 | NS       | 10     |
| 2    | 79  | Sonny Ray-crisp  | Sussex               | 13.89 | NS       | 9      |
| 3    | 31  | Isaac Wrigley    | Greater Manchester   | 13.84 | NS       | 8      |
| 4    | 33  | Daniel Blake     | Hampshire            | 13.41 | NS       | 7      |
| 5    | 49  | Raul Dorcu       | London               | 13.34 | NS       | 6      |
| 6    | 47  | Bailey Smith     | Lincolnshire         | 13.25 | ES       | 4      |
| 7    | 23  | Jacob Bridger    | Dorset               | 13.21 | ES       | 3      |
| 8    | 5   | William Adenagbe | Berkshire            | 12.58 | ES       | 2      |
| 9    | 85  | Harrison Downes  | West Yorkshire       | 12.04 |          |        |
| 10   | 1   | George Cox       | Avon                 | 11.99 |          |        |
|      | 93  | Tom Norris       | United Arab Emirates | 10.53 |          |        |

**F39 JB Javelin 600g**

**NS 47.00 ES 44.00 CBP 69.89**

**Record Holder - Hugo Bucher (middlesex) 2025**

| Posn | Bib | Name                 | County                     | Perf  | ESAA Std | Points |
|------|-----|----------------------|----------------------------|-------|----------|--------|
| 1    | 75  | Jacob Dines          | Suffolk                    | 59.98 | NS       | 10     |
| 2    | 27  | Liam Bergin-McCarthy | Essex                      | 58.05 | NS       | 9      |
| 3    | 33  | Christopher Wood     | Hampshire                  | 54.23 | NS       | 8      |
| 4    | 41  | Albert Gelder        | Kent                       | 49.98 | NS       | 7      |
| 5    | 5   | William Nicol        | Berkshire                  | 46.75 | ES       | 5      |
| 6    | 79  | Rex Hastings         | Sussex                     | 46.47 | ES       | 4      |
| 7    | 31  | Joseph Connolly      | Greater Manchester         | 44.55 | ES       | 3      |
| 8    | 37  | Aiden Gupta          | Hertfordshire              | 44.05 | ES       | 2      |
| 9    | 45  | George Smith         | Leicestershire And Rutland | 42.90 |          |        |
| 10   | 9   | Joshua Power         | Cambridgeshire             | 40.56 |          |        |
| 11   | 57  | Lucas Toombs         | Northamptonshire           | 39.96 |          |        |
| 12   | 25  | Toby Eagleton        | Durham                     | 39.38 |          |        |
| 13   | 17  | Charlie English      | Cumbria                    | 37.67 |          |        |

**ESAA T&F Championships**  
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**F9 JB Discus 1.25Kg**

**NS 38.00 ES 35.00 CBP 54.54**

**Record Holder - Curtis Griffith-Parker (Surrey) 2005**

| Posn     | Bib       | Name                       | County          | Perf         | ESAA Std           | Points |
|----------|-----------|----------------------------|-----------------|--------------|--------------------|--------|
| <b>1</b> | <b>41</b> | <b>Kendrick Onolememen</b> | <b>Kent</b>     | <b>56.90</b> | <b>NS / Record</b> | 10     |
| 2        | 33        | Tobi Adeniran              | Hampshire       | 48.75        | NS                 | 9      |
| 3        | 87        | Berkay Altuntas            | Wiltshire       | 45.47        | NS                 | 8      |
| 4        | 7         | James Taylor               | Buckinghamshire | 42.25        | NS                 | 7      |
| 5        | 91        | Christopher Crompton-heavy | Isle Of Man     | 41.36        | NS                 | 6      |
| 6        | 42        | Samar Plaha                | Kent            | 40.70        | NS                 | 5      |
| 7        | 27        | Hector Johnson             | Essex           | 40.53        | NS                 | 4      |
| 8        | 17        | Harry ALLINSON             | CUMBRIA         | 40.49        | NS                 | 3      |
| 9        | 55        | Reed Birkbeck              | Norfolk         | 38.18        | NS                 | 2      |
| 10       | 21        | Luke Byrne                 | Devon           | 37.20        | ES                 | 1      |
| 11       | 42a       | Max Hepburn Evans          | Kent            | 36.32        | ES                 | 1      |
| 12       | 3         | Holder Botha               | Bedfordshire    | 33.86        |                    |        |
| 13       | 47        | Isaac Eccles               | Lincolnshire    | 32.57        |                    |        |
| 14       | 88        | Edward Coombs              | Wiltshire       | 32.51        |                    |        |

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**F38 JB Hammer 4Kg**

**NS 45.00 ES 38.00 CBP 70.78**

**Record Holder - Andrew Tolputt (Berkshire) 1982**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------------|-------|----------|--------|
| 1    | 39  | Tristan Koyuncu | Humberside         | 63.32 | NS       | 10     |
| 2    | 87  | Jacob Pender    | Wiltshire          | 51.25 | NS       | 9      |
| 3    | 41  | JOSHUA FATUSIN  | Kent               | 49.25 | NS       | 8      |
| 4    | 33  | Ewan Dermody    | Hampshire          | 46.98 | NS       | 7      |
| 5    | 42  | Aavash Bashyal  | Kent               | 46.44 | NS       | 6      |
| 6    | 29  | Zachary Brink   | Gloucestershire    | 45.86 | NS       | 5      |
| 7    | 27  | Taseen Ahmed    | Essex              | 45.08 | NS       | 4      |
| 8    | 31  | Matthew Birch   | Greater Manchester | 42.08 | ES       | 2      |
| 9    | 47  | Zackary Pearson | Lincolnshire       | 35.86 |          |        |
| 10   | 63  | Adam Hayes      | Nottinghamshire    | 35.72 |          |        |
| 11   | 64  | Jax Thomas      | Nottinghamshire    | 35.02 |          |        |

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**ESAA T&F Championships**  
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**T7 IG 100 metres Heats**

**Heat 1**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-2.4**

| Posn | Bib | Name              | County           | Perf  | ESAA Std | Points |
|------|-----|-------------------|------------------|-------|----------|--------|
| 1    | 7   | Abigail Ajakaye   | Buckinghamshire  | 11.85 | NS       | Q      |
| 2    | 85  | Florence Hodgkins | West Yorkshire   | 12.12 | NS       | Q      |
| 3    | 57  | Jasmine Jessamy   | Northamptonshire | 12.23 | ES       | Q      |
| 4    | 82  | Summer Gussin     | Warwickshire     | 12.42 | ES       | 1      |
| 5    | 21  | Zola Taylor       | Devon            | 12.46 | ES       | 1      |
| 6    | 50a | Mercy Ojo         | London           | 12.49 | ES       | 1      |
| 7    | 71  | Poppy Kaye        | South Yorkshire  | 12.52 |          |        |
| 8    | 91  | Amira Crookall    | Isle of Man      | 13.62 |          |        |
| 9    | 71  | Poppy Kaye        | South Yorkshire  | 12.88 |          |        |

**T7 IG 100 metres Heats**

**Heat 2**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-2.1**

| Posn | Bib | Name              | County         | Perf  | ESAA Std | Points |
|------|-----|-------------------|----------------|-------|----------|--------|
| 1    | 50  | Princess Okoma    | London         | 11.98 | NS       | Q      |
| 2    | 51  | Esme Dunning      | Merseyside     | 12.13 | NS       | Q      |
| 3    | 59  | Evie Nesbit       | Northumberland | 12.22 | ES       | Q      |
| 4    | 33  | Maisie Hibberd    | Hampshire      | 12.24 | ES       | q      |
| 5    | 19  | Antonia Kinsion   | Derbyshire     | 12.27 | ES       | 1      |
| 6    | 3   | Bri Grant         | Bedfordshire   | 12.34 | ES       | 1      |
| 7    | 53  | Elyah Bassong     | Middlesex      | 12.44 | ES       | 1      |
| 8    | 6   | Arabella Seville  | Berkshire      | 12.53 |          |        |
| 9    | 13  | Favour Oluwasanmi | Cleveland      | 12.63 |          |        |

**T7 IG 100 metres Heats**

**Heat 3**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-0.3**

| Posn | Bib | Name              | County                     | Perf  | ESAA Std | Points |
|------|-----|-------------------|----------------------------|-------|----------|--------|
| 1    | 77  | Shivelle Marshall | Surrey                     | 12.16 | NS       | Q      |
| 2    | 28  | Joy Larinde       | Essex                      | 12.30 | ES       | Q      |
| 3    | 52  | Daisy Hatton      | Merseyside                 | 12.51 |          | Q      |
| 4    | 5   | Alexa Cooney      | Berkshire                  | 12.51 |          |        |
| 5    | 75  | Adele Stalnionis  | Suffolk                    | 12.54 |          |        |
| 6    | 47  | Molly Caucutt     | Lincolnshire               | 12.63 |          |        |
| 7    | 37  | Penielle Oyelaja  | Hertfordshire              | 12.66 |          |        |
| 8    | 86  | Lola Jenkins      | West Yorkshire             | 12.75 |          |        |
| 9    | 46a | Isla Rose-Hurst   | Leicestershire and Rutland | 13.08 |          |        |

**T7 IG 100 metres Heats**

**Heat 4**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-0.9**

| Posn | Bib | Name                     | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------------|-----------------|-------|----------|--------|
| 1    | 63  | Chyna-Rae Smart          | Nottinghamshire | 11.77 | NS       | Q      |
| 2    | 27  | Evanna Eze               | Essex           | 12.03 | NS       | Q      |
| 3    | 65  | Ruby Rogers              | Oxfordshire     | 12.13 | NS       | Q      |
| 4    | 38  | Tia Somuyiwa             | Hertfordshire   | 12.22 | ES       | q      |
| 5    | 49  | Naomi Igbintade          | London          | 12.33 | ES       | 1      |
| 6    | 34  | Harriet Griffiths-Horrod | Hampshire       | 12.49 | ES       | 1      |
| 7    | 23  | Ava Elliott-Smith        | Dorset          | 12.62 |          |        |
| 8    | 6a  | Bethany Staddon          | Berkshire       | 12.99 |          |        |

**T7 IG 100 metres Heats**

**Heat 5**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-1.4**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------------|-------|----------|--------|
| 1    | 83  | Samantha Agomoh | West Midlands      | 11.82 | NS       | Q      |
| 2    | 31  | Neila Chukwu    | Greater Manchester | 12.00 | NS       | Q      |
| 3    | 81  | Eunice Okpekpe  | Warwickshire       | 12.03 | NS       | Q      |
| 4    | 11  | Lucy Howarth    | Cheshire           | 12.05 | NS       | q      |
| 5    | 73  | Lorelai Maxwell | Staffordshire      | 12.34 | ES       | 1      |
| 6    | 52a | Sophie Jones    | Merseyside         | 12.49 | ES       | 1      |
| 7    | 61  | Lily Craske     | North Yorkshire    | 12.56 |          |        |
| 8    | 67  | Harriett Anslow | Shropshire         | 12.64 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T108 IG 100 metres Semi-Finals**

**Heat 1**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**+0.4**

| Posn | Bib | Name            | County           | Perf  | ESAA Std | Points   |
|------|-----|-----------------|------------------|-------|----------|----------|
| 1    | 83  | Samantha Agomoh | West Midlands    | 11.80 | NS       | <i>Q</i> |
| 2    | 7   | Abigail Ajakaye | Buckinghamshire  | 11.92 | NS       | <i>Q</i> |
| 3    | 81  | Eunice Okpekpe  | Warwickshire     | 12.00 | NS       | <i>Q</i> |
| 4    | 65  | Ruby Rogers     | Oxfordshire      | 12.08 | NS       | 2        |
| 5    | 51  | Esme Dunning    | Merseyside       | 12.15 | NS       | 2        |
| 6    | 59  | Evie Nesbit     | Northumberland   | 12.17 | NS       | 2        |
| 7    | 57  | Jasmine Jessamy | Northamptonshire | 12.24 | ES       | 1        |
| 8    | 27  | Evanna Eze      | Essex            | 12.29 | ES       | 2        |
| 9    | 33  | Maisie Hibberd  | Hampshire        | 12.31 | ES       | 1        |

**T108 IG 100 metres Semi-Finals**

**Heat 2**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**+2.6**

| Posn | Bib | Name              | County             | Perf  | ESAA Std | Points   |
|------|-----|-------------------|--------------------|-------|----------|----------|
| 1    | 77  | Shivelle Marshall | Surrey             | 11.58 | NS       | <i>Q</i> |
| 2    | 63  | Chyna-Rae Smart   | Nottinghamshire    | 11.60 | NS       | <i>Q</i> |
| 3    | 50  | Princess Okoma    | London             | 11.77 | NS       | <i>Q</i> |
| 4    | 85  | Florence Hodgkins | West Yorkshire     | 11.86 | NS       | <i>q</i> |
| 5    | 31  | Neila Chukwu      | Greater Manchester | 11.96 | NS       | <i>q</i> |
| 6    | 11  | Lucy Howarth      | Cheshire           | 12.04 | NS       | <i>q</i> |
| 7    | 28  | Joy Larinde       | Essex              | 12.16 | NS       | 2        |
| 8    | 38  | Tia Somuyiwa      | Hertfordshire      | 12.28 | ES       | 1        |
| 9    | 52  | Daisy Hatton      | Merseyside         | 12.33 | ES       | 1        |

**Points awarded in Semi-Finals are based on the best performance in Heats and Semi-Final**

**T57 IG 100 metres Final**

**NS 12.20 ES 12.50 CBP 11.63**

**Record Holder - Daryll Neita (London) 2012**

**Wind=**

**-0.3**

| Posn | Bib | Name              | County             | Perf  | ESAA Std | Points |
|------|-----|-------------------|--------------------|-------|----------|--------|
| 1    | 77  | Shivelle Marshall | Surrey             | 11.68 | NS       | 10     |
| 2    | 63  | Chyna-Rae Smart   | Nottinghamshire    | 11.88 | NS       | 9      |
| 3    | 50  | Princess Okoma    | London             | 12.01 | NS       | 8      |
| 4    | 83  | Samantha Agomoh   | West Midlands      | 12.04 | NS       | 7      |
| 5    | 81  | Eunice Okpekpe    | Warwickshire       | 12.10 | NS       | 6      |
| 6    | 7   | Abigail Ajakaye   | Buckinghamshire    | 12.17 | NS       | 5      |
| 7    | 31  | Neila Chukwu      | Greater Manchester | 12.18 | NS       | 4      |
| 8    | 85  | Florence Hodgkins | West Yorkshire     | 12.19 | NS       | 3      |
| 9    | 11  | Lucy Howarth      | Cheshire           | 12.39 | ES       | 2      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
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**T23 IG 200 metres Heats**

**Heat 1**

**NS 25.10 ES 25.80 CBP 23.62**

**Record Holder - Vernicha James (London) 2000**

**Wind=**

**+0.1**

| Posn | Bib | Name              | County                     | Perf  | ESAA Std | Points |
|------|-----|-------------------|----------------------------|-------|----------|--------|
| 1    | 21  | Annabelle Fasuba  | Devon                      | 24.52 | NS       | Q      |
| 2    | 45  | Emily Elden       | Leicestershire and Rutland | 24.77 | NS       | q      |
| 3    | 76  | Tillie Jack       | Suffolk                    | 25.41 | ES       | 1      |
| 4    | 3   | Bronwyn Phillips  | Bedfordshire               | 25.71 | ES       | 1      |
| 5    | 81  | Ava Hession       | Warwickshire               | 25.84 |          |        |
| 6    | 47  | Elizabeth Lingard | Lincolnshire               | 25.89 |          |        |
| 7    | 2   | Beth Turner       | Avon                       | 25.91 |          |        |

**T23 IG 200 metres Heats**

**Heat 2**

**NS 25.10 ES 25.80 CBP 23.62**

**Record Holder - Vernicha James (London) 2000**

**Wind=**

**-0.2**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------|-------|----------|--------|
| 1    | 1   | Martha Herringshaw | Avon            | 24.46 | NS       | Q      |
| 2    | 89  | Amelie van Heerden | Channel Islands | 24.92 | NS       | q      |
| 3    | 61  | Beth Takieddine    | North Yorkshire | 25.17 | ES       | q      |
| 4    | 83  | Evyn Cope          | West Midlands   | 25.48 | ES       | 1      |
| 5    | 49  | Michaela Osuhor    | London          | 25.50 | ES       | 1      |
| 6    | 43  | Jemma McMaster     | Lancashire      | 26.00 |          |        |
| 7    | 6   | Kornelia Pietka    | Berkshire       | 26.09 |          |        |

**T23 IG 200 metres Heats**

**Heat 3**

**NS 25.10 ES 25.80 CBP 23.62**

**Record Holder - Vernicha James (London) 2000**

**Wind=**

**+2.1**

| Posn | Bib | Name               | County        | Perf  | ESAA Std | Points |
|------|-----|--------------------|---------------|-------|----------|--------|
| 1    | 55  | Ellie Warman       | Norfolk       | 24.94 | NS       | Q      |
| 2    | 48  | Iris Kwakye        | Lincolnshire  | 25.18 | ES       | q      |
| 3    | 5   | Soreya Mills       | Berkshire     | 25.33 | ES       | 1      |
| 4    | 53  | Havika Kyere-Aidoo | Middlesex     | 25.58 | ES       | 1      |
| 5    | 73  | Larna Watkins      | Staffordshire | 25.99 |          |        |

**T23 IG 200 metres Heats**

**Heat 4**

**NS 25.10 ES 25.80 CBP 23.62**

**Record Holder - Vernicha James (London) 2000**

**Wind=**

**-1.8**

| Posn | Bib | Name                   | County          | Perf  | ESAA Std | Points |
|------|-----|------------------------|-----------------|-------|----------|--------|
| 1    | 82  | Nina Nkpey             | Warwickshire    | 25.57 | ES       | Q      |
| 2    | 41  | Amiyah Spencer         | Kent            | 25.68 | ES       | 1      |
| 3    | 50  | Olivia Stockwell-Green | London          | 25.97 |          |        |
| 4    | 44  | Caris Peter-Thomas     | Lancashire      | 25.99 |          |        |
| 5    | 71  | Eagle Josephant        | South Yorkshire | 26.22 |          |        |
| 6    | 22  | Temiloluwa Akinbami    | Devon           | 26.30 |          |        |
| 7    | 54  | India Greenaway        | Middlesex       | 26.49 |          |        |

**T64 IG 200 metres Final**

**NS 25.10 ES 25.80 CBP 23.62**

**Record Holder - Vernicha James (London) 2000**

**Wind=**

**-1.2**

| Posn | Bib | Name               | County                     | Perf  | ESAA Std | Points |
|------|-----|--------------------|----------------------------|-------|----------|--------|
| 1    | 21  | Annabelle Fasuba   | Devon                      | 23.98 | NS       | 10     |
| 2    | 1   | Martha Herringshaw | Avon                       | 24.27 | NS       | 9      |
| 3    | 45  | Emily Elden        | Leicestershire and Rutland | 24.52 | NS       | 8      |
| 4    | 55  | Ellie Warman       | Norfolk                    | 24.90 | NS       | 7      |
| 5    | 82  | Nina Nkpey         | Warwickshire               | 25.09 | NS       | 6      |
| 6    | 89  | Amelie van Heerden | Channel Islands            | 25.10 | NS       | 5      |
| 7    | 61  | Beth Takieddine    | North Yorkshire            | 25.14 | ES       | 3      |
| 8    | 48  | Iris Kwakye        | Lincolnshire               | 25.51 | ES       | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T15 IG 300 metres Heats**

**Heat 1**

**NS 39.80 ES 41.00 CBP 37.93**

**Record Holder - Cheriece Hylton (Kent) 2013**

| Posn | Bib | Name            | County       | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------|-------|----------|--------|
| 1    | 27  | Azzurra Cioni   | Essex        | 39.18 | NS       | Q      |
| 2    | 21  | Amelie Barfield | Devon        | 39.74 | NS       | Q      |
| 3    | 6   | Sydney Taylor   | Berkshire    | 40.09 | ES       | q      |
| 4    | 11  | Maya Jennings   | Cheshire     | 40.17 | ES       | q      |
| 5    | 79  | Isla Pearson    | Sussex       | 40.44 | ES       | 1      |
| 6    | 66  | Kyla Barney     | Oxfordshire  | 40.76 | ES       | 1      |
| 7    | 75  | Isla Barker     | Suffolk      | 41.79 |          |        |
| 8    | 82  | Esha Finnegan   | Warwickshire | 42.09 |          |        |

**T15 IG 300 metres Heats**

**Heat 2**

**NS 39.80 ES 41.00 CBP 37.93**

**Record Holder - Cheriece Hylton (Kent) 2013**

| Posn | Bib | Name                 | County           | Perf  | ESAA Std | Points |
|------|-----|----------------------|------------------|-------|----------|--------|
| 1    | 7   | Mary Taylor          | Buckinghamshire  | 39.71 | NS       | Q      |
| 2    | 6a  | Gracie Coates        | Berkshire        | 40.46 | ES       | Q      |
| 3    | 81  | Matilda Bean         | Warwickshire     | 40.58 | ES       | 1      |
| 4    | 57  | Lily Lloyd-Uzoegbu   | Northamptonshire | 40.81 | ES       | 1      |
| 5    | 43  | Marnie Nelson        | Lancashire       | 41.16 |          |        |
| 6    | 49  | Elle Behari          | London           | 41.26 |          |        |
| 7    | 22  | Madeleine Davis-Hull | Devon            | 41.33 |          |        |

**T15 IG 300 metres Heats**

**Heat 3**

**NS 39.80 ES 41.00 CBP 37.93**

**Record Holder - Cheriece Hylton (Kent) 2013**

| Posn | Bib | Name            | County                      | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------------------|-------|----------|--------|
| 1    | 65  | Bisan Musa      | Oxfordshire                 | 37.94 | NS       | Q      |
| 2    | 5   | Holly Colenutt  | Berkshire                   | 39.60 | NS       | Q      |
| 3    | 44  | Imogen King     | Lancashire                  | 40.51 | ES       | 1      |
| 4    | 35  | Erin Davies     | Hereford and Worcestershire | 40.83 | ES       | 1      |
| 5    | 61  | Isabelle Perrow | North Yorkshire             | 40.92 | ES       | 1      |
| 6    | 45  | Fifi Ball       | Leicestershire and Rutland  | 41.23 |          |        |
| 7    | 59  | Alexa Hastie    | Northumberland              | 41.28 |          |        |

**T82 IG 300 metres Final**

**NS 39.80 ES 41.00 CBP 37.93**

**Record Holder - Cheriece Hylton (Kent) 2013**

| Posn | Bib | Name            | County          | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------|-------|----------|--------|
| 1    | 65  | Bisan Musa      | Oxfordshire     | 38.01 | NS       | 10     |
| 2    | 27  | Azzurra Cioni   | Essex           | 39.65 | NS       | 9      |
| 3    | 7   | Mary Taylor     | Buckinghamshire | 39.82 | ES       | 8      |
| 4    | 5   | Holly Colenutt  | Berkshire       | 39.85 | ES       | 7      |
| 5    | 6   | Sydney Taylor   | Berkshire       | 40.74 | ES       | 5      |
| 6    | 21  | Amelie Barfield | Devon           | 41.00 | ES       | 5      |
| 7    | 6a  | Gracie Coates   | Berkshire       | 41.76 |          | 3      |
| 8    | 11  | Maya Jennings   | Cheshire        | 42.20 |          | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T21 IG 800 metres Heats**

**Heat 1**

**NS 2:12.00 ES 2:14.00 CBP 2:03.12**

**Record Holder - Phoebe Gill (Hertfordshire) 2023**

| Posn | Num | Name                   | County          | Perf    | ESAA Std | Points |   |
|------|-----|------------------------|-----------------|---------|----------|--------|---|
| 1    | 85  | Kitty Harrison Sargent | West Yorkshire  | 2:10.05 | NS       |        | Q |
| 2    | 44a | Isabel Goodman         | Lancashire      | 2:10.72 | NS       |        | q |
| 3    | 78  | Izzy Wheeler           | Surrey          | 2:11.56 | NS       | 2      |   |
| 4    | 29  | Rosie Atkins           | Gloucestershire | 2:12.19 | ES       | 1      |   |
| 5    | 7   | Gabriella Cheung       | Buckinghamshire | 2:12.34 | ES       | 1      |   |
| 6    | 1   | Mairi Carver brown     | Avon            | 2:14.93 |          |        |   |
| 7    | 62  | Nina Hopkins           | North Yorkshire | 2:15.09 |          |        |   |

**T21 IG 800 metres Heats**

**Heat 2**

**NS 2:12.00 ES 2:14.00 CBP 2:03.12**

**Record Holder - Phoebe Gill (Hertfordshire) 2023**

| Posn | Num | Name               | County                     | Perf    | ESAA Std | Points |   |
|------|-----|--------------------|----------------------------|---------|----------|--------|---|
| 1    | 47  | Maisie Mullett     | Lincolnshire               | 2:07.79 | NS       |        | Q |
| 2    | 11  | Lily Coates        | Cheshire                   | 2:08.07 | NS       |        | q |
| 3    | 19  | Madeleine Turner   | Derbyshire                 | 2:08.33 | NS       |        | q |
| 4    | 78a | Ellina Ponkratieva | Surrey                     | 2:12.49 | ES       | 1      |   |
| 5    | 31  | Maddy Appleby      | Greater Manchester         | 2:13.05 | ES       | 1      |   |
| 6    | 21  | Elsie Goodspeed    | Devon                      | 2:13.61 | ES       | 1      |   |
| 7    | 44  | Agatha Taylor      | Lancashire                 | 2:14.95 |          |        |   |
| 8    | 45  | Amelia Towlson     | Leicestershire and Rutland | 2:19.93 |          |        |   |

**T21 IG 800 metres Heats**

**Heat 3**

**NS 2:12.00 ES 2:14.00 CBP 2:03.12**

**Record Holder - Phoebe Gill (Hertfordshire) 2023**

| Posn | Num | Name               | County          | Perf    | ESAA Std | Points |   |
|------|-----|--------------------|-----------------|---------|----------|--------|---|
| 1    | 77  | Matilda Robertson  | Surrey          | 2:11.68 | NS       |        | Q |
| 2    | 65  | Charlotte Campbell | Oxfordshire     | 2:14.96 |          |        |   |
| 3    | 12  | Imogen Ward        | Cheshire        | 2:15.74 |          |        |   |
| 4    | 37  | Cora Naylor        | Hertfordshire   | 2:19.70 |          |        |   |
| 5    | 79  | Evie Lennard       | Sussex          | 2:21.05 |          |        |   |
| 6    | 20  | Alice Lincoln      | Derbyshire      | 2:23.04 |          |        |   |
| 7    | 61  | Camilla Hart       | North Yorkshire | 2:32.66 |          |        |   |

**T21 IG 800 metres Heats**

**Heat 4**

**NS 2:12.00 ES 2:14.00 CBP 2:03.12**

**Record Holder - Phoebe Gill (Hertfordshire) 2023**

| Posn | Num | Name              | County                      | Perf    | ESAA Std | Points |   |
|------|-----|-------------------|-----------------------------|---------|----------|--------|---|
| 1    | 33  | Elsa Norris       | Hampshire                   | 2:09.71 | NS       |        | Q |
| 2    | 35  | Sophie Purves     | Hereford and Worcestershire | 2:09.95 | NS       |        | q |
| 3    | 43  | Millie Jordan     | Lancashire                  | 2:12.05 | ES       | 1      |   |
| 4    | 66  | Nia Parry-Spring  | Oxfordshire                 | 2:12.84 | ES       | 1      |   |
| 5    | 67  | Annabelle Wood    | Shropshire                  | 2:13.64 | ES       | 1      |   |
| 6    | 86  | Maya Schofield    | West Yorkshire              | 2:13.86 | ES       | 1      |   |
| 7    | 25  | Emily Collingwood | Durham                      | 2:14.17 |          |        |   |
| 8    | 54  | Nilou Heath       | Middlesex                   | 2:15.87 |          |        |   |

**T72 IG 800 metres Final**

**NS 2:12.00 ES 2:14.00 CBP 2:03.12**

**Record Holder - Phoebe Gill (Hertfordshire) 2023**

| Posn | Num | Name                   | County                      | Perf    | ESAA Std | Points |
|------|-----|------------------------|-----------------------------|---------|----------|--------|
| 1    | 47  | Maisie Mullett         | Lincolnshire                | 2:06.82 | NS       | 10     |
| 2    | 85  | Kitty Harrison Sargent | West Yorkshire              | 2:07.09 | NS       | 9      |
| 3    | 11  | Lily Coates            | Cheshire                    | 2:07.75 | NS       | 8      |
| 4    | 33  | Elsa Norris            | Hampshire                   | 2:08.34 | NS       | 7      |
| 5    | 19  | Madeleine Turner       | Derbyshire                  | 2:09.08 | NS       | 6      |
| 6    | 77  | Matilda Robertson      | Surrey                      | 2:10.52 | NS       | 5      |
| 7    | 35  | Sophie Purves          | Hereford and Worcestershire | 2:11.27 | NS       | 4      |
| 8    | 44a | Isabel Goodman         | Lancashire                  | 2:11.41 | NS       | 3      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**



**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T36 IG 1500 metres Heats**

**Heat 1**

**NS 4:35.00 ES 4:43.00 CBP 4:16.24**

**Record Holder - Georgia Peel (Hampshire) 2009**

| Posn | Num | Name                     | County                     | Perf    | ESAA Std | Points |
|------|-----|--------------------------|----------------------------|---------|----------|--------|
| 1    | 21  | Isla Bater               | Devon                      | 4:41.72 | ES       | Q      |
| 2    | 43  | Ruby Cleaver             | Lancashire                 | 4:41.87 | ES       | Q      |
| 3    | 79  | Isabella Buchanan        | Sussex                     | 4:42.19 | ES       | Q      |
| 4    | 49  | Sonny Allen              | London                     | 4:42.35 | ES       | Q      |
| 5    | 78  | Aaliyah Tharmakulasingam | Surrey                     | 4:43.15 |          | Q      |
| 6    | 13  | Gabrielle Pinder         | Cleveland                  | 4:43.21 |          | Q      |
| 7    | 8   | Maya Davis               | Buckinghamshire            | 4:44.33 |          | q      |
| 8    | 31  | Megan Boyer              | Greater Manchester         | 4:46.74 |          |        |
| 9    | 5   | Chloe Bullock            | Berkshire                  | 4:48.50 |          |        |
| 10   | 86  | Ellie Keeler             | West Yorkshire             | 4:48.56 |          |        |
| 11   | 72  | Haley Bacon              | South Yorkshire            | 4:48.69 |          |        |
| 12   | 37  | Eimear McGinley          | Hertfordshire              | 4:51.87 |          |        |
| 13   | 45  | Luan Power               | Leicestershire and Rutland | 5:05.04 |          |        |

**T36 IG 1500 metres Heats**

**Heat 2**

**NS 4:35.00 ES 4:43.00 CBP 4:16.24**

**Record Holder - Georgia Peel (Hampshire) 2009**

| Posn | Num | Name               | County          | Perf    | ESAA Std | Points |
|------|-----|--------------------|-----------------|---------|----------|--------|
| 1    | 27  | Heidi Woodley      | Essex           | 4:43.07 |          | Q      |
| 2    | 9   | Jasmine Christmas  | Cambridgeshire  | 4:43.83 |          | Q      |
| 3    | 85  | Isabella Rose Tutt | West Yorkshire  | 4:44.08 |          | Q      |
| 4    | 73  | Zara Bratt         | Staffordshire   | 4:44.17 |          | Q      |
| 5    | 80  | Elodie Hill        | Sussex          | 4:44.52 |          | Q      |
| 6    | 59  | Olivia Murphy      | Northumberland  | 4:45.81 |          | Q      |
| 7    | 61  | Hannah Lovett      | North Yorkshire | 4:46.80 |          |        |
| 8    | 33  | Aurelia Klidjian   | Hampshire       | 4:50.75 |          |        |
| 9    | 7   | Kara Gorman        | Buckinghamshire | 4:51.00 |          |        |
| 10   | 53  | Jagna Falkowska    | Middlesex       | 4:52.25 |          |        |
| 11   | 67  | Emma-jayne Charman | Shropshire      | 4:53.30 |          |        |
| 12   | 71  | Matilda Holmes     | South Yorkshire | 4:54.12 |          |        |
| 13   | 47  | Eva Hart           | Lincolnshire    | 4:58.70 |          |        |

**T80 IG 1500 metres Final**

**NS 4:35.00 ES 4:45.00 CBP 4:16.24**

**Record Holder - Georgia Peel (Hampshire) 2009**

| Posn | Num | Name                     | County         | Perf    | ESAA Std | Points |
|------|-----|--------------------------|----------------|---------|----------|--------|
| 1    | 49  | Sonny Allen              | London         | 4:29.13 | NS       | 10     |
| 2    | 85  | Isabella Rose Tutt       | West Yorkshire | 4:29.14 | NS       | 9      |
| 3    | 79  | Isabella Buchanan        | Sussex         | 4:30.23 | NS       | 8      |
| 4    | 13  | Gabrielle Pinder         | Cleveland      | 4:32.12 | NS       | 7      |
| 5    | 73  | Zara Bratt               | Staffordshire  | 4:33.41 | NS       | 6      |
| 6    | 21  | Isla Bater               | Devon          | 4:37.28 | ES       | 4      |
| 7    | 27  | Heidi Woodley            | Essex          | 4:37.85 | ES       | 3      |
| 8    | 43  | Ruby Cleaver             | Lancashire     | 4:37.90 | ES       | 2      |
| 9    | 9   | Jasmine Christmas        | Cambridgeshire | 4:39.14 | ES       | 1      |
| 10   | 80  | Elodie Hill              | Sussex         | 4:39.55 | ES       | 1      |
| 11   | 59  | Olivia Murphy            | Northumberland | 4:43.43 | ES       | 1      |
| 12   | 78  | Aaliyah Tharmakulasingam | Surrey         | 4:47.99 |          |        |

Points awarded include additional points (*ESAA standards NS & ES*) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T87 IG 3000 metres Heats**

**Heat 1**

**NS 9:58.00 ES 10:17.00 CBP 9:21.34**

**Record Holder - Innes Fitzgerald (Devon) 2022**

| Posn | Num | Name              | County             | Perf     | ESAA Std | Points |
|------|-----|-------------------|--------------------|----------|----------|--------|
| 1    | 85  | Ann Kamau         | West Yorkshire     | 9:58.75  | ES       | Q      |
| 2    | 51  | Isla Yorke        | Merseyside         | 9:59.32  | ES       | Q      |
| 3    | 65  | Riona Street      | Oxfordshire        | 10:00.66 | ES       | Q      |
| 4    | 79  | Florence Goodwin  | Sussex             | 10:03.46 | ES       | Q      |
| 5    | 19  | Olivia Lee        | Derbyshire         | 10:09.44 | ES       | Q      |
| 6    | 27  | Summer Smith      | Essex              | 10:09.71 | ES       | Q      |
| 7    | 57  | Imogen Bennetts   | Northamptonshire   | 10:18.81 |          |        |
| 8    | 31  | Maisie Cadman     | Greater Manchester | 10:25.29 |          |        |
| 9    | 43  | Pollyanna Kershaw | Lancashire         | 10:25.88 |          |        |
| 10   | 71  | Abigail Andrews   | South Yorkshire    | 10:40.22 |          |        |
| 11   | 75  | Alice Keen        | Suffolk            | 10:48.93 |          |        |

**T87 IG 3000 metres Heats**

**Heat 2**

**NS 9:58.00 ES 10:17.00 CBP 9:21.34**

**Record Holder - Innes Fitzgerald (Devon) 2022**

| Posn | Num | Name                     | County                      | Perf     | ESAA Std | Points |
|------|-----|--------------------------|-----------------------------|----------|----------|--------|
| 1    | 21  | Penelope Boyle           | Devon                       | 10:11.58 | ES       | Q      |
| 2    | 39  | Beth Lewis               | Humberside                  | 10:11.64 | ES       | Q      |
| 3    | 86  | Ruth Friend              | West Yorkshire              | 10:11.76 | ES       | Q      |
| 4    | 1   | Freya Smith              | Avon                        | 10:11.78 | ES       | Q      |
| 5    | 63  | Charley Whysall          | Nottinghamshire             | 10:11.98 | ES       | Q      |
| 6    | 73  | Megan Cheetham           | Staffordshire               | 10:12.01 | ES       | Q      |
| 7    | 5   | Kaiya McCrabbe           | Berkshire                   | 10:12.47 | ES       | 1      |
| 8    | 35  | Martha Blower            | Hereford and Worcestershire | 10:13.52 | ES       | 1      |
| 9    | 32  | Oonagh McManus           | Greater Manchester          | 10:32.34 |          |        |
| 10   | 7   | Olive Geary              | Buckinghamshire             | 10:32.67 |          |        |
| 11   | 76  | Molly Smith              | Suffolk                     | 10:33.09 |          |        |
| 12   | 29  | Lily-sienna Leon-hodgson | Gloucestershire             | 10:50.54 |          |        |

**T87 IG 3000 metres Final**

**NS 9:58.00 ES 10:17.00 CBP 9:21.34**

**Record Holder - Innes Fitzgerald (Devon) 2022**

| Posn | Num | Name             | County          | Perf     | ESAA Std | Points |
|------|-----|------------------|-----------------|----------|----------|--------|
| 1    | 39  | Beth Lewis       | Humberside      | 9:42.35  | NS       | 10     |
| 2    | 79  | Florence Goodwin | Sussex          | 9:44.93  | NS       | 9      |
| 3    | 85  | Ann Kamau        | West Yorkshire  | 9:46.50  | NS       | 8      |
| 4    | 27  | Summer Smith     | Essex           | 9:56.13  | NS       | 7      |
| 5    | 63  | Charley Whysall  | Nottinghamshire | 9:57.79  | NS       | 6      |
| 6    | 19  | Olivia Lee       | Derbyshire      | 10:07.05 | ES       | 4      |
| 7    | 73  | Megan Cheetham   | Staffordshire   | 10:07.83 | ES       | 3      |
| 8    | 51  | Isla Yorke       | Merseyside      | 10:13.99 | ES       | 2      |
| 9    | 65  | Riona Street     | Oxfordshire     | 10:14.60 | ES       | 1      |
| 10   | 86  | Ruth Friend      | West Yorkshire  | 10:23.60 |          | 1      |
| 11   | 21  | Penelope Boyle   | Devon           | 10:27.34 |          | 1      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T68 IG 1500m S/C 76.2cm Final**

**NS 5:13.00 ES 5:23.00 CBP 4:54.55**

**Record Holder - Evelyn Wildman (Buckinghamshire) 2025**

| Posn | Num | Name                 | County             | Perf    | ESAA Std    | Points |
|------|-----|----------------------|--------------------|---------|-------------|--------|
| 1    | 31  | Beatrix SOPER        | GREATER MANCHESTER | 4:52.00 | NS / Record | 10     |
| 2    | 77  | Zoe ALLAN            | SURREY             | 4:55.11 | NS          | 9      |
| 3    | 51  | Isla PASTOR          | MERSEYSIDE         | 5:01.86 | NS          | 8      |
| 4    | 79  | Bethany NAYLOR-DAVIS | SUSSEX             | 5:06.36 | NS          | 7      |
| 5    | 63  | Florence LILLY       | NOTTINGHAMSHIRE    | 5:08.14 | NS          | 6      |
| 6    | 73  | Holly TURNER         | STAFFORDSHIRE      | 5:13.95 | ES          | 4      |
| 7    | 80  | Elizabeth HUTCHINSON | SUSSEX             | 5:19.47 | ES          | 3      |
| 8    | 57  | Peyton ALMOND        | NORTHAMPTONSHIRE   | 5:19.82 | ES          | 2      |
| 9    | 34  | Eleanor JEPSON       | HAMPSHIRE          | 5:20.81 | ES          | 1      |
| 10   | 5   | Charlotte BAILEY     | BERKSHIRE          | 5:20.99 | ES          | 1      |
| 11   | 33  | Ava SPIERS           | HAMPSHIRE          | 5:21.11 | ES          | 1      |
| 12   | 67  | Megan BUCKINGHAM     | SHROPSHIRE         | 5:32.41 |             |        |
| 13   | 74  | Evie MARSH           | STAFFORDSHIRE      | 5:36.34 |             |        |
| 14   | 7   | Molly Davis          | Buckinghamshire    | 5:38.17 |             |        |

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**T4 IG U18W 100 metres Hurdles (76.2cm) | Heat 1**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2021**

**Wind= -1.6**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |
|------|-----|----------------------|-----------------|-------|----------|--------|
| 1    | 5   | Izzy Rae             | Berkshire       | 13.98 | NS       | Q      |
| 2    | 82  | Isabelle Knight      | Warwickshire    | 14.07 | NS       | Q      |
| 3    | 11  | Olivia Crawford      | Cheshire        | 14.31 | NS       | q      |
| 4    | 42  | Fayo Olatunde        | Kent            | 14.40 | NS       | q      |
| 5    | 13  | Faith Oyinyechi Ubah | Cleveland       | 15.02 | ES       | 1      |
| 6    | 37  | Isabella Spice       | Hertfordshire   | 15.33 | ES       | 1      |
| 7    | 89  | Olivia Whitmore      | Channel Islands | 15.41 | ES       | 1      |

**T4 IG U18W 100 metres Hurdles (76.2cm) | Heat 2**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2021**

**Wind= -2.1**

| Posn | Bib | Name            | County          | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------|-------|----------|--------|
| 1    | 27  | Amelie Scott    | Essex           | 14.13 | NS       | Q      |
| 2    | 55  | Rebecca Johnson | Norfolk         | 14.33 | NS       | Q      |
| 3    | 41  | Tess Hepple     | Kent            | 14.89 | ES       | 1      |
| 4    | 6   | Cecilia Furley  | Berkshire       | 15.02 | ES       | 1      |
| 5    | 43  | Lucie Duckett   | Lancashire      | 15.18 | ES       | 1      |
| 6    | 90  | Nikola Vagule   | Channel Islands | 16.29 |          |        |

**T4 IG U18W 100 metres Hurdles (76.2cm) | Heat 3**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2021**

**Wind= -1.8**

| Posn | Bib | Name                     | County         | Perf  | ESAA Std | Points |
|------|-----|--------------------------|----------------|-------|----------|--------|
| 1    | 81  | Grace McCollin           | Warwickshire   | 14.22 | NS       | Q      |
| 2    | 39  | Alice Gilday             | Humberside     | 14.30 | NS       | Q      |
| 3    | 65  | Maddie Kingston          | Oxfordshire    | 14.71 | ES       | 1      |
| 4    | 59  | Katy Pang                | Northumberland | 14.79 | ES       | 1      |
| 5    | 28  | Chelsea Clarke           | Essex          | 14.81 | ES       | 1      |
| 6    | 68  | Natalia Sheldon da silva | Shropshire     | 15.49 | ES       | 1      |
| 7    | 69  | Mimi Woodliffe           | Somerset       | 16.02 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T54 U18W 100 metres Hurdles (76.2cm) Final**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Mia McIntosh (Hertfordshire) 2021**

**Wind= -1.1**

| Posn | Bib | Name            | County       | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------|-------|----------|--------|
| 1    | 5   | Izzy Rae        | Berkshire    | 13.66 | NS       | 10     |
| 2    | 82  | Isabelle Knight | Warwickshire | 13.96 | NS       | 9      |
| 3    | 27  | Amelie Scott    | Essex        | 14.00 | NS       | 8      |
| 4    | 55  | Rebecca Johnson | Norfolk      | 14.04 | NS       | 7      |
| 5    | 81  | Grace McCollin  | Warwickshire | 14.23 | NS       | 6      |
| 6    | 39  | Alice Gilday    | Humberside   | 14.39 | NS       | 5      |
| 7    | 11  | Olivia Crawford | Cheshire     | 14.44 | NS       | 4      |
| 8    | 42  | Fayo Olatunde   | Kent         | 14.48 | NS       | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T26 U18W 400 metres Hurdles (76.2cm) H: Heat 1**

**NS 65.00 ES 67.00 CBP 0.00**

**Record Holder - Perry Shakes-Drayton (London) 2005**

| Posn | Bib | Name                  | County          | Perf  | ESAA Std | Points |
|------|-----|-----------------------|-----------------|-------|----------|--------|
| 1    | 37  | Louise Martin         | Hertfordshire   | 62.25 | NS       | Q      |
| 2    | 59  | Macy Cunningham       | Northumberland  | 62.54 | NS       | Q      |
| 3    | 1   | Gertie Blewitt        | Avon            | 63.13 | NS       | q      |
| 4    | 61  | Lucy Gilbertson       | North Yorkshire | 64.82 | NS       | q      |
| 5    | 53  | Annamarie Baker-Lopes | Middlesex       | 69.74 |          |        |
| 6    | 72  | Bethany Sherwood      | South Yorkshire | 71.28 |          |        |

**T26 U18W 400 metres Hurdles (76.2cm) H: Heat 2**

**NS 65.00 ES 67.00 CBP 0.00**

**Record Holder - Perry Shakes-Drayton (London) 2005**

| Posn | Bib | Name            | County          | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------|-------|----------|--------|
| 1    | 51  | Renee Adams     | Merseyside      | 65.19 | ES       | Q      |
| 2    | 41  | Rebecca Turner  | Kent            | 65.65 | ES       | Q      |
| 3    | 62  | Holly Nash      | North Yorkshire | 66.60 | ES       | 1      |
| 4    | 79  | Emilia Singer   | Sussex          | 67.45 |          |        |
| 5    | 47  | Charlotte Smith | Lincolnshire    | 67.99 |          |        |
| 6    | 28  | Amy Mansell     | Essex           | 69.68 |          |        |
| 7    | 7   | Issy Robinson   | Buckinghamshire | 70.55 |          |        |

**T26 U18W 400 metres Hurdles (76.2cm) H: Heat 3**

**NS 65.00 ES 67.00 CBP 0.00**

**Record Holder - Perry Shakes-Drayton (London) 2005**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points |
|------|-----|--------------------|--------------------|-------|----------|--------|
| 1    | 11  | Elizabeth Pendrill | Cheshire           | 63.72 | NS       | Q      |
| 2    | 13  | Neve Watson        | Cleveland          | 65.63 | ES       | Q      |
| 3    | 31  | Roxy McHugh        | Greater Manchester | 66.74 | ES       | 1      |
| 4    | 21  | Isabella Trowell   | Devon              | 66.75 | ES       | 1      |
| 5    | 49  | Betsy Agboola      | London             | 67.70 |          |        |
| 6    | 71  | Lillia Hirst       | South Yorkshire    | 67.83 |          |        |
| 7    | 55  | Lily Ganley        | Norfolk            | 69.57 |          |        |

**T88 IG U18W 400 metres Hurdles (76.2cm) Final**

**NS 65.00 ES 67.00 CBP 0.00**

**Record Holder - Perry Shakes-Drayton (London) 2005**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------|-------|----------|--------|
| 1    | 51  | Renee Adams        | Merseyside      | 60.89 | NS       | 10     |
| 2    | 37  | Louise Martin      | Hertfordshire   | 60.98 | NS       | 9      |
| 3    | 11  | Elizabeth Pendrill | Cheshire        | 61.85 | NS       | 8      |
| 4    | 59  | Macy Cunningham    | Northumberland  | 63.49 | NS       | 7      |
| 5    | 61  | Lucy Gilbertson    | North Yorkshire | 63.67 | NS       | 6      |
| 6    | 13  | Neve Watson        | Cleveland       | 64.12 | NS       | 5      |
| 7    | 1   | Gertie Blewitt     | Avon            | 64.98 | NS       | 4      |
| 8    | 41  | Rebecca Turner     | Kent            | 65.07 | ES       | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T32 IG Relay 4 x 100m Final**  
**NS 49.00 ES 50.00 CBP 46.10**  
**Record Holder - (Surrey) 2016**

| Posn | Bib | Name | County             | Perf  | ESAA Std | Points |
|------|-----|------|--------------------|-------|----------|--------|
| 1    | 27  |      | Essex              | 47.53 | NS       | 10     |
| 2    | 41  |      | Kent               | 47.67 | NS       | 9      |
| 3    | 49  |      | London             | 48.10 | NS       | 8      |
| 4    | 33  |      | Hampshire          | 48.16 | NS       | 7      |
| 5    | 53  |      | Middlesex          | 48.20 | NS       | 6      |
| 6    | 5   |      | Berkshire          | 48.62 | NS       | 5      |
| 7    | 31  |      | Greater Manchester | 49.29 | ES       | 3      |
| 8    | 37  |      | Hertfordshire      | 49.84 | ES       | 2      |
| 9    | 79  |      | Sussex             | 53.02 |          |        |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T77 Inter Mixed Relay 4 x 100m Heats Heat 1**

**NS 46.00 ES 47.00 CBP 43.90**  
**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County         | Perf  | ESAA Std | Points |
|------|-----|------|----------------|-------|----------|--------|
| 1    | 21  |      | Devon          | 44.23 | NS       | Q      |
| 2    | 83  |      | West Midlands  | 44.62 | NS       | Q      |
| 3    | 85  |      | West Yorkshire | 45.70 | NS       | q      |
| 4    | 55  |      | Norfolk        | 45.73 | NS       | q      |
| 5    | 23  |      | Dorset         | 45.96 | NS       | 1      |
| 6    | 67  |      | Shropshire     | 46.79 | ES       | 0.5    |

**T77 Inter Mixed Relay 4 x 100m Heats Heat 2**

**NS 46.00 ES 47.00 CBP 43.90**  
**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County                     | Perf  | ESAA Std | Points |
|------|-----|------|----------------------------|-------|----------|--------|
| 1    | 11  |      | Cheshire                   | 45.65 | NS       | Q      |
| 2    | 45  |      | Leicestershire and Rutland | 46.02 | ES       | Q      |
| 3    | 7   |      | Buckinghamshire            | 46.18 | ES       | 0.5    |
| 4    | 19  |      | Derbyshire                 | 46.23 | ES       | 0.5    |
| 5    | 61  |      | North Yorkshire            | 46.27 | ES       | 0.5    |
| 6    | 81  |      | Warwickshire               | 46.55 | ES       | 0.5    |
| 7    | 63  |      | Nottinghamshire            | 47.05 |          |        |

**T77 Inter Mixed Relay 4 x 100m Heats Heat 3**

**NS 46.00 ES 47.00 CBP 43.90**  
**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County                      | Perf  | ESAA Std | Points |
|------|-----|------|-----------------------------|-------|----------|--------|
| 1    | 57  |      | Northamptonshire            | 45.50 | NS       | Q      |
| 2    | 43  |      | Lancashire                  | 46.25 | ES       | Q      |
| 3    | 73  |      | Staffordshire               | 46.51 | ES       | 0.5    |
| 4    | 1   |      | Avon                        | 47.42 |          |        |
| 5    | 35  |      | Hereford and Worcestershire | 47.45 |          |        |

**T96 Inter Mixed Relay 4 x 100m Final**

**NS 46.00 ES 47.00 CBP 43.90**  
**Record Holder - (West Midlands) 2024**

| Posn | Bib | Name | County                     | Perf  | ESAA Std | Points |
|------|-----|------|----------------------------|-------|----------|--------|
| 1    | 21  |      | Devon                      | 44.40 | NS       | 5      |
| 2    | 83  |      | West Midlands              | 44.70 | NS       | 4.5    |
| 3    | 11  |      | Cheshire                   | 45.32 | NS       | 4      |
| 4    | 55  |      | Norfolk                    | 45.43 | NS       | 3.5    |
| 5    | 43  |      | Lancashire                 | 45.61 | NS       | 3      |
| 6    | 57  |      | Northamptonshire           | 45.69 | NS       | 2.5    |
| 7    | 45  |      | Leicestershire and Rutland | 46.15 | ES       | 1.5    |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**F8 IG Long Jump**

**NS 5.55 ES 5.40 CBP 6.38**

**Record Holder - Margaret Cheetham (Merseyside) 1985**

| Posn | Bib | Name             | County      | Perf | ESAA Std | Points | Wind |
|------|-----|------------------|-------------|------|----------|--------|------|
| 1    | 53  | Leila Newth      | Middlesex   | 5.93 | NS       | 10     |      |
| 2    | 54  | Tia Garrard      | Middlesex   | 5.81 | NS       | 9      |      |
| 3    | 43  | Gabrielle Taylor | Lancashire  | 5.72 | NS       | 8      |      |
| 4    | 21  | Sophia Ingham    | Devon       | 5.72 | NS       | 7      |      |
| 5    | 65  | Elysia Chilvers  | Oxfordshire | 5.62 | NS       | 6      |      |
| 6    | 51  | Zuri Idemudia    | Merseyside  | 5.47 | ES       | 4      |      |
| 7    | 87  | Evie Patterson   | Wiltshire   | 5.37 |          | 2      |      |
| 8    | 5   | Annabelle Yeo    | Berkshire   | 5.30 |          | 1      |      |

**F5 IG Triple Jump**

**NS 11.20 ES 10.90 CBP 12.59**

**Record Holder - Leila Newth (Middlesex) 2025**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points | Wind |
|------|-----|--------------------|-----------------|-------|----------|--------|------|
| 1    | 33  | Lily Gray          | Hampshire       | 11.72 | NS       | 10     |      |
| 2    | 83  | Haven Thomas       | West Midlands   | 11.67 | NS       | 9      |      |
| 3    | 3   | Grace Nyaongo      | Bedfordshire    | 11.59 | NS       | 8      |      |
| 4    | 63  | Scarlett Ashford   | Nottinghamshire | 11.54 | NS       | 7      |      |
| 5    | 53  | Isabella Phillips  | Middlesex       | 11.43 | NS       | 6      |      |
| 6    | 19  | Betsy Wilton       | Derbyshire      | 11.36 | NS       | 5      |      |
| 7    | 27  | Remi Salako        | Essex           | 11.09 | ES       | 3      |      |
| 8    | 73  | Mya McInnis        | Staffordshire   | 10.94 | ES       | 2      |      |
| 9    | 38  | Isabel Charles-ojo | Hertfordshire   | 10.87 |          |        |      |
| 10   | 37  | Hannah Posner      | Hertfordshire   | 10.74 |          |        |      |
| 11   | 77  | Elyanna Oyediran   | Surrey          | 10.60 |          |        |      |
| 12   | 17  | Tabatha Molly Paul | Cumbria         | 10.41 |          |        |      |
| 13   | 92  | Deena Barker       | Isle Of Man     | 10.39 |          |        |      |
| 14   | 91  | Sophie Kaighin     | Isle Of Man     | 9.92  |          |        |      |
| 15   | 25  | Beth Johnson       | Durham          | 9.75  |          |        |      |

**F29 IG High Jump**

**NS 1.71 ES 1.65 CBP 1.83**

**Record Holder - Aileen Wilson (Leicestershire) 2000**

| Posn | Bib | Name                | County          | Perf | ESAA Std | Points |
|------|-----|---------------------|-----------------|------|----------|--------|
| 1    | 51  | Scarlet Grundy      | Merseyside      | 1.71 | NS       | 10     |
| 2=   | 89  | Ella Duarte         | Channel Islands | 1.68 | ES       | 7.5    |
| 2=   | 33  | Poppy CROOK         | HAMPSHIRE       | 1.68 | ES       | 7.5    |
| 4    | 42  | Manroop Jandu       | Kent            | 1.65 | ES       | 6      |
| 5=   | 42a | Talia Junaid-evans  | Kent            | 1.62 |          | 3.5    |
| 5=   | 37  | Freya McGowan       | Hertfordshire   | 1.62 |          | 3.5    |
| 7=   | 87  | Yasmin Dent         | Wiltshire       | 1.57 |          | 1      |
| 7=   | 79  | Alexandra Koloutsos | Sussex          | 1.57 |          | 1      |
| 7=   | 49  | Phoebe Folarin      | London          | 1.57 |          | 1      |
| 10   | 55  | Ellie Smith         | Norfolk         | 1.52 |          |        |

**F22 IG Pole Vault**

**NS 3.40 ES 3.10 CBP 3.95**

**Record Holder - Gemma Tutton (Sussex) 2021**

| Posn | Bib | Name                   | County          | Perf | ESAA Std | Points |
|------|-----|------------------------|-----------------|------|----------|--------|
| 1    | 77  | Winnie Symes           | Surrey          | 3.40 | NS       | 10     |
| 2    | 61  | Juliette Macquin-Jones | North Yorkshire | 3.25 | ES       | 8      |
| 3    | 79  | Sylvie Ward            | Sussex          | 3.25 | ES       | 7      |
| 4    | 27  | Alice Bird             | Essex           | 3.10 | ES       | 6      |
| 5=   | 3   | Lois Fordham           | Bedfordshire    | 3.10 | ES       | 4.5    |
| 5=   | 41  | Zoya Gabryelow         | Kent            | 3.10 | ES       | 4.5    |
| 7=   | 80  | Beth Boyes             | Sussex          | 2.90 |          | 1      |
| 7=   | 51  | Rebecca Miller         | Merseyside      | 2.90 |          | 1      |
| 7=   | 85  | Molly Parker           | West Yorkshire  | 2.90 |          | 1      |
| 10   | 80a | Beth Wilson            | Sussex          | 2.90 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**F33 IG Shot 3Kg**

**NS 12.70 ES 11.60 CBP 16.04**

**Record Holder - Isabelle Stamp (London) 2024**

| Posn     | Bib       | Name                    | County         | Perf         | ESAA Std           | Points    |
|----------|-----------|-------------------------|----------------|--------------|--------------------|-----------|
| <b>1</b> | <b>49</b> | <b>Emilia Adese</b>     | <b>London</b>  | <b>17.36</b> | <b>NS / Record</b> | <b>10</b> |
| 2        | 27        | Monica Malagala         | Essex          | 15.26        | NS                 | 9         |
| 3        | 50        | Jasmine Nkoso           | London         | 15.21        | NS                 | 8         |
| 4        | 28        | Olivia Mullineaux       | Essex          | 12.78        | NS                 | 7         |
| 5        | 55        | Jennifer Mardle         | Norfolk        | 12.21        | ES                 | 5         |
| 6        | 59        | Alicia Purvis           | Northumberland | 11.76        | ES                 | 4         |
| 7        | 87        | Darcey Thorne henderson | Wiltshire      | 11.71        | ES                 | 3         |
| 8        | 85        | Bolutife Solaru         | West Yorkshire | 11.70        | ES                 | 2         |
| 9        | 5         | Norah Keaveny           | Berkshire      | 11.41        |                    |           |
| 10       | 21        | Katie Hill              | Devon          | 10.51        |                    |           |

**F1 IG Javelin 500g**

**NS 41.00 ES 38.00 CBP 51.21**

**Record Holder - Emma Hamplett (Staffordshire) 2014**

| Posn     | Bib       | Name                 | County                 | Perf         | ESAA Std           | Points    |
|----------|-----------|----------------------|------------------------|--------------|--------------------|-----------|
| <b>1</b> | <b>29</b> | <b>Lucy Bull</b>     | <b>Gloucestershire</b> | <b>52.25</b> | <b>NS / Record</b> | <b>10</b> |
| 2        | 51        | Arwen Thorne         | Merseyside             | 44.32        | NS                 | 9         |
| 3        | 41        | Mia Blaber           | Kent                   | 43.40        | NS                 | 8         |
| 4        | 69        | Esme Burdge          | Somerset               | 41.96        | NS                 | 7         |
| 5        | 79        | Sophie Bliss         | Sussex                 | 40.14        | ES                 | 5         |
| 6        | 27        | Ayla Baker           | Essex                  | 39.73        | ES                 | 4         |
| 7        | 73        | Isla Rogers          | Staffordshire          | 39.64        | ES                 | 3         |
| 8        | 5         | Francesca Keyte      | Berkshire              | 36.66        |                    | 1         |
| 9        | 61        | Sophia Horsfall-samb | North Yorkshire        | 35.68        |                    |           |
| 10       | 52        | Kristen Badrock      | Merseyside             | 33.95        |                    |           |
| 11       | 70        | Rosie Joynes         | Somerset               | 32.32        |                    |           |

**F25 IG Discus 1Kg**

**NS 36.00 ES 33.00 CBP 49.36**

**Record Holder - Clare Smithson (Sussex) 1999**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points |
|------|-----|--------------------|--------------------|-------|----------|--------|
| 1    | 31  | Bethany Pendlebury | Greater Manchester | 40.64 | NS       | 10     |
| 2    | 41  | Isabelle Rider     | Kent               | 39.59 | NS       | 9      |
| 3    | 27  | Adanna Udechuku    | Essex              | 39.26 | NS       | 8      |
| 4    | 77  | Atarah Watson      | Surrey             | 36.12 | NS       | 7      |
| 5    | 78  | Scarlett HAINE     | SURREY             | 34.44 | ES       | 5      |
| 6    | 81  | Marisa Lumani      | Warwickshire       | 34.34 | ES       | 4      |
| 7    | 42  | Harriet SMITH      | KENT               | 33.72 | ES       | 3      |
| 8    | 39  | Clemmie Wright     | Humberside         | 32.09 |          | 1      |
| 9    | 65  | Emily Chalmers     | Oxfordshire        | 31.07 |          |        |
| 10   | 40  | Phoebe Moore       | Humberside         | 30.62 |          |        |
| 11   | 33  | Hattie Monk        | Hampshire          | 30.50 |          |        |
| 12   | 21  | Flora Bennett      | Devon              | 29.68 |          |        |
| 13   | 15  | Isabelle Doney     | Cornwall           | 28.43 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**F19 IG Hammer 3Kg**

**NS 53.00 ES 48.00 CBP 65.06**

**Record Holder - Katie Head (Essex) 2016**

| Posn | Bib | Name                  | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------------|--------------------|-------|----------|--------|
| 1    | 41  | Tilly Ryan            | Kent               | 52.42 | ES       | 9      |
| 2    | 21  | Hazel Stead           | Devon              | 52.34 | ES       | 8      |
| 3    | 47  | Cassidy anne Crowe    | Lincolnshire       | 51.98 | ES       | 7      |
| 4    | 3   | Mia Flynn             | Bedfordshire       | 50.72 | ES       | 6      |
| 5    | 49  | Jackie Nzekwe         | London             | 50.08 | ES       | 5      |
| 6    | 87  | Lottie Harding        | Wiltshire          | 47.56 |          | 3      |
| 7    | 83  | Aisha Abdullah        | West Midlands      | 47.55 |          | 2      |
| 8    | 44  | Madeline Partridge    | Lancashire         | 47.28 |          | 1      |
| 9    | 9   | Brielle Chiy          | Cambridgeshire     | 47.26 |          |        |
| 10   | 59  | Fearne Bell           | Northumberland     | 47.07 |          |        |
| 11   | 31  | Alanah Bate           | Greater Manchester | 46.13 |          |        |
| 12   | 43  | Margaret-Isobel Casey | Lancashire         | 44.96 |          |        |
| 13   | 32  | Iris Beca             | Greater Manchester | 44.34 |          |        |
| 14   | 51  | Satine Wearden        | Merseyside         | 43.56 |          |        |
| 15   | 75  | Francesca Birch       | Suffolk            | 38.71 |          |        |

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**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T9 IB 100 metres Heats**

**Heat 1**

**NS 10.90 ES 11.00 CBP 10.41**

**Record Holder - Divine Iheme (Oxfordshire) 2025**

**Wind=**

**+1.8**

| Posn | Bib | Name                | County           | Perf  | ESAA Std | Points |
|------|-----|---------------------|------------------|-------|----------|--------|
| 1    | 53  | Henrik Willett      | Middlesex        | 10.56 | NS       | Q      |
| 2    | 57  | Kieran McBeth       | Northamptonshire | 10.70 | NS       | Q      |
| 3    | 78  | Morgan Shanu        | Surrey           | 10.86 | NS       | 2      |
| 4    | 7   | Abiola Bello Obadun | Buckinghamshire  | 10.88 | NS       | 2      |
| 5    | 85  | Justin Zamfir       | West Yorkshire   | 10.92 | ES       | 1      |
| 6    | 37  | Lani Jaiyeola       | Hertfordshire    | 11.21 |          |        |

**T9 IB 100 metres Heats**

**Heat 2**

**NS 10.90 ES 11.00 CBP 10.41**

**Record Holder - Divine Iheme (Oxfordshire) 2025**

**Wind=**

**-1.3**

| Posn | Bib | Name              | County           | Perf  | ESAA Std | Points |
|------|-----|-------------------|------------------|-------|----------|--------|
| 1    | 49  | Haneil Soley      | London           | 10.63 | NS       | Q      |
| 2    | 61  | Nathaniel Wade    | North Yorkshire  | 10.76 | NS       | Q      |
| 3    | 21  | Jack Thornhill    | Devon            | 10.83 | NS       | 2      |
| 4    | 73  | Deonte Frank      | Staffordshire    | 10.91 | ES       | 1      |
| 5    | 56  | Corben Pollard    | Norfolk          | 11.14 |          |        |
| 6    | 58  | Dylan Mcilwain    | Northamptonshire | 11.16 |          |        |
| 7    | 63  | Sebastian Goodwin | Nottinghamshire  | 11.17 |          |        |

**T9 IB 100 metres Heats**

**Heat 3**

**NS 10.90 ES 11.00 CBP 10.41**

**Record Holder - Divine Iheme (Oxfordshire) 2025**

**Wind=**

**-3.3**

| Posn | Bib | Name                    | County                     | Perf  | ESAA Std | Points |
|------|-----|-------------------------|----------------------------|-------|----------|--------|
| 1    | 77  | Piers Spencer-Simms     | Surrey                     | 10.49 | NS       | Q      |
| 2    | 28  | Jaydan Roberts-edwards  | Essex                      | 10.62 | NS       | Q      |
| 3    | 83  | Iyinoluwa Lawal         | West Midlands              | 10.67 | NS       | q      |
| 4    | 41  | Zavier Brathwaite       | Kent                       | 10.78 | NS       | q      |
| 5    | 23  | Matthew Boos            | Dorset                     | 10.79 | NS       | 2      |
| 6    | 45  | Benedict Nelson-Adomako | Leicestershire and Rutland | 10.98 | ES       | 1      |
| 7    | 33  | Matthew Sommerville     | Hampshire                  | 11.10 |          |        |
| 8    | 68  | Chidiebube Hemuka       | Shropshire                 | 11.18 |          |        |
| 9    | 55  | Kiyan Medina            | Norfolk                    | 11.24 |          |        |

**T59 IB 100 metres Final**

**NS 10.90 ES 11.00 CBP 10.41**

**Record Holder - Divine Iheme (Oxfordshire) 2025**

**Wind=**

**+0.9**

| Posn | Bib | Name                   | County           | Perf  | ESAA Std | Points |
|------|-----|------------------------|------------------|-------|----------|--------|
| 1    | 77  | Piers Spencer-Simms    | Surrey           | 10.63 | NS       | 10     |
| 2    | 53  | Henrik Willett         | Middlesex        | 10.65 | NS       | 9      |
| 3    | 28  | Jaydan Roberts-edwards | Essex            | 10.75 | NS       | 8      |
| 4    | 57  | Kieran McBeth          | Northamptonshire | 10.80 | NS       | 7      |
| 5    | 83  | Iyinoluwa Lawal        | West Midlands    | 10.84 | NS       | 6      |
| 6    | 61  | Nathaniel Wade         | North Yorkshire  | 10.96 | ES       | 5      |
| 7    | 41  | Zavier Brathwaite      | Kent             | 11.06 |          | 4      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T24 IB 200 metres Heats**

**Heat 1**

**NS 22.20 ES 22.60 CBP 21.32**

**Record Holder - Sean Appiah (Essex) 2024**

**Wind=**

**-0.1**

| Posn | Bib | Name                  | County          | Perf  | ESAA Std | Points |   |
|------|-----|-----------------------|-----------------|-------|----------|--------|---|
| 1    | 53  | Grindan Abrahams      | Middlesex       | 21.76 | NS       |        | Q |
| 2    | 83  | Jeevan Sandhu-Dubidat | West Midlands   | 21.99 | NS       |        | q |
| 3    | 37  | Caylan Emmanuel       | Hertfordshire   | 22.00 | NS       |        | q |
| 4    | 87  | Daniel Campbell       | Wiltshire       | 22.45 | ES       |        | q |
| 5    | 64  | Thomas Harding        | Nottinghamshire | 22.48 | ES       | 1      |   |
| 6    | 49  | Tolu Alli             | London          | 23.18 |          |        |   |
| 7    | 13  | Harrison Gray         | Cleveland       | 23.77 |          |        |   |

**T24 IB 200 metres Heats**

**Heat 2**

**NS 22.20 ES 22.60 CBP 21.32**

**Record Holder - Sean Appiah (Essex) 2024**

**Wind=**

**-1.7**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |   |
|------|-----|----------------------|-----------------|-------|----------|--------|---|
| 1    | 9   | Stanley Hurst        | Cambridgeshire  | 22.39 | ES       |        | Q |
| 2    | 77  | Anjelho Macabee-Rose | Surrey          | 22.62 |          |        |   |
| 3    | 11  | Nathan Owen          | Cheshire        | 22.67 |          |        |   |
| 4    | 43  | Lewis Burt           | Lancashire      | 22.75 |          |        |   |
| 5    | 15  | Benjamin Knight      | Cornwall        | 22.99 |          |        |   |
| 6    | 84a | Charlie Hughes       | West Midlands   | 23.02 |          |        |   |
| 7    | 71  | Riley Hall           | South Yorkshire | 23.04 |          |        |   |
| 8    | 51  | Ty Davies            | Merseyside      | 23.18 |          |        |   |

**T24 IB 200 metres Heats**

**Heat 3**

**NS 22.20 ES 22.60 CBP 21.32**

**Record Holder - Sean Appiah (Essex) 2024**

**Wind=**

**-1.1**

| Posn | Bib | Name            | County          | Perf  | ESAA Std | Points |   |
|------|-----|-----------------|-----------------|-------|----------|--------|---|
| 1    | 63  | Gabriel Oguagwu | Nottinghamshire | 21.94 | NS       |        | Q |
| 2    | 84  | Noah Latusek    | West Midlands   | 22.79 |          |        |   |
| 3    | 30  | Enrico Savioli  | Gloucestershire | 22.84 |          |        |   |
| 4    | 28  | Toby Falola     | Essex           | 22.96 |          |        |   |
| 5    | 21  | Quentin Sturley | Devon           | 22.99 |          |        |   |
| 6    | 38  | Kacei Griffith  | Hertfordshire   | 23.05 |          |        |   |
| 7    | 67  | Ian Wang        | Shropshire      | 23.05 |          |        |   |
| 8    | 72  | Ryan Jepson     | South Yorkshire | 23.37 |          |        |   |

**T24 IB 200 metres Heats**

**Heat 4**

**NS 22.20 ES 22.60 CBP 21.32**

**Record Holder - Sean Appiah (Essex) 2024**

**Wind=**

**-0.6**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |   |
|------|-----|----------------------|-----------------|-------|----------|--------|---|
| 1    | 27  | Alex Osagie          | Essex           | 22.17 | NS       |        | Q |
| 2    | 54  | Tyler Holden-Aikhomu | Middlesex       | 22.40 | ES       |        | q |
| 3    | 33  | Edward Hollis        | Hampshire       | 22.59 | ES       | 1      |   |
| 4    | 7   | Lemuel Osei Bonsu    | Buckinghamshire | 22.73 |          |        |   |
| 5    | 85  | Trey Dacosta Saxton  | West Yorkshire  | 22.86 |          |        |   |
| 6    | 25  | Samuel Thompson      | Durham          | 22.86 |          |        |   |
| 7    | 29  | Oscar Beattie        | Gloucestershire | 23.00 |          |        |   |

**T65 IB 200 metres Final**

**NS 22.20 ES 22.60 CBP 21.32**

**Record Holder - Sean Appiah (Essex) 2024**

**Wind=**

**+0.6**

| Posn | Bib | Name                  | County          | Perf  | ESAA Std | Points |  |
|------|-----|-----------------------|-----------------|-------|----------|--------|--|
| 1    | 53  | Grindan Abrahams      | Middlesex       | 21.44 | NS       | 10     |  |
| 2    | 63  | Gabriel Oguagwu       | Nottinghamshire | 21.70 | NS       | 9      |  |
| 3    | 27  | Alex Osagie           | Essex           | 21.81 | NS       | 8      |  |
| 4    | 83  | Jeevan Sandhu-Dubidat | West Midlands   | 21.82 | NS       | 7      |  |
| 5    | 9   | Stanley Hurst         | Cambridgeshire  | 21.95 | NS       | 6      |  |
| 6    | 54  | Tyler Holden-Aikhomu  | Middlesex       | 22.32 | ES       | 4      |  |
| 7    | 37  | Caylan Emmanuel       | Hertfordshire   | 22.36 | ES       | 4      |  |
| 8    | 87  | Daniel Campbell       | Wiltshire       | 22.80 |          | 2      |  |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T16 IB 400 metres Heats**

**Heat 1**

**NS 49.70 ES 51.10 CBP 47.16**

**Record Holder - Chris Clarke (Buckinghamshire) 2006**

| Posn | Bib | Name               | County         | Perf  | ESAA Std | Points   |
|------|-----|--------------------|----------------|-------|----------|----------|
| 1    | 69  | Finn Mcdonagh      | Somerset       | 49.54 | NS       | <i>Q</i> |
| 2    | 12  | Ewan Warbrook      | Cheshire       | 50.07 | ES       | 1        |
| 3    | 44  | Owen Dalton        | Lancashire     | 50.58 | ES       | 1        |
| 4    | 49  | Jovani Lindsey     | London         | 51.03 | ES       | 1        |
| 5    | 9   | Alastair Gall Gray | Cambridgeshire | 51.98 |          |          |
| 6    | 53  | Sam Darcy          | Middlesex      | 52.73 |          |          |
| 7    |     |                    |                |       |          |          |

**T16 IB 400 metres Heats**

**Heat 2**

**NS 49.70 ES 51.10 CBP 47.16**

**Record Holder - Chris Clarke (Buckinghamshire) 2006**

| Posn | Bib | Name             | County             | Perf  | ESAA Std | Points   |
|------|-----|------------------|--------------------|-------|----------|----------|
| 1    | 27  | Jacob Narhkom    | Essex              | 48.09 | NS       | <i>Q</i> |
| 2    | 11  | George Connery   | Cheshire           | 48.46 | NS       | <i>q</i> |
| 3    | 43  | Matthew Sharples | Lancashire         | 48.91 | NS       | <i>q</i> |
| 4    | 70  | Zach Jones       | Somerset           | 49.02 | NS       | <i>q</i> |
| 5    | 15  | TED NORTHEY      | Cornwall           | 51.62 |          |          |
| 6    | 31  | Liam Collins     | Greater Manchester | 52.11 |          |          |
| 7    | 10  | Samuel Woodhall  | Cambridgeshire     | 52.25 |          |          |

**T16 IB 400 metres Heats**

**Heat 3**

**NS 49.70 ES 51.10 CBP 47.16**

**Record Holder - Chris Clarke (Buckinghamshire) 2006**

| Posn | Bib | Name           | County                      | Perf  | ESAA Std | Points   |
|------|-----|----------------|-----------------------------|-------|----------|----------|
| 1    | 50  | Eliot Peacock  | London                      | 49.64 | NS       | <i>Q</i> |
| 2    | 59  | Ronan Douglass | Northumberland              | 49.82 | ES       | <i>q</i> |
| 3    | 73  | Lino Goodwin   | Staffordshire               | 49.95 | ES       | 1        |
| 4    | 35  | Liam Shekyls   | Hereford and Worcestershire | 51.28 |          |          |
| 5    | 63  | Freddie Heath  | Nottinghamshire             | 51.67 |          |          |
| 6    | 80a | Sebby Reynolds | Sussex                      | 51.73 |          |          |
| 7    | 17  | Archie Spicer  | Cumbria                     | 53.25 |          |          |

**T16 IB 400 metres Heats**

**Heat 4**

**NS 49.70 ES 51.10 CBP 47.16**

**Record Holder - Chris Clarke (Buckinghamshire) 2006**

| Posn | Bib | Name               | County                     | Perf  | ESAA Std | Points   |
|------|-----|--------------------|----------------------------|-------|----------|----------|
| 1    | 41  | Micah Salmon       | Kent                       | 49.62 | NS       | <i>Q</i> |
| 2    | 45  | Sam Lewitt         | Leicestershire and Rutland | 50.77 | ES       | 1        |
| 3    | 80  | Edward Riseborough | Sussex                     | 51.32 |          |          |
| 4    | 87  | Ben Janes          | Wiltshire                  | 51.67 |          |          |
| 5    | 57  | Ethan Best         | Northamptonshire           | 51.80 |          |          |
| 6    | 19  | Miles Heath        | Derbyshire                 | 52.43 |          |          |

**T83 IB 400 metres Final**

**NS 49.70 ES 51.10 CBP 47.16**

**Record Holder - Chris Clarke (Buckinghamshire) 2006**

| Posn | Bib | Name             | County         | Perf  | ESAA Std | Points |
|------|-----|------------------|----------------|-------|----------|--------|
| 1    | 11  | George Connery   | Cheshire       | 48.86 | NS       | 10     |
| 2    | 27  | Jacob Narhkom    | Essex          | 49.34 | NS       | 9      |
| 3    | 41  | Micah Salmon     | Kent           | 49.54 | NS       | 8      |
| 4    | 70  | Zach Jones       | Somerset       | 49.56 | NS       | 7      |
| 5    | 50  | Eliot Peacock    | London         | 49.63 | NS       | 6      |
| 6    | 59  | Ronan Douglass   | Northumberland | 49.72 | ES       | 4      |
| 7    | 43  | Matthew Sharples | Lancashire     | 49.84 | ES       | 4      |
| 8    | 69  | Finn Mcdonagh    | Somerset       | 50.13 | ES       | 3      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T22 IB 800 metres Heats**

**Heat 1**

**NS 1:55.00 ES 1:57.00 CBP 1:50.93**

**Record Holder - Michael Rimmer (Merseyside) 2002**

| Posn | Num | Name               | County          | Perf    | ESAA Std | Points |   |
|------|-----|--------------------|-----------------|---------|----------|--------|---|
| 1    | 1   | Ewan Sparey        | Avon            | 1:54.35 | NS       |        | Q |
| 2    | 61  | Arran Robson       | North Yorkshire | 1:54.56 | NS       |        | Q |
| 3    | 75  | Hamish Dover       | Suffolk         | 1:55.26 | ES       | 1      |   |
| 4    | 27  | Daniel Pollard     | Essex           | 1:56.06 | ES       | 1      |   |
| 5    | 48  | Finnian Phillipson | Lincolnshire    | 1:57.16 |          |        |   |
| 6    | 51  | Caleb Still        | Merseyside      | 1:58.69 |          |        |   |
| 7    | 25  | Rowan Steel        | Durham          | 2:01.63 |          |        |   |
| 8    | 63  | Adam Paget         | Nottinghamshire | 2:02.35 |          |        |   |
| 9    | 92  | Max Hammal         | Isle Of Man     | 2:04.14 |          |        |   |

**T22 IB 800 metres Heats**

**Heat 2**

**NS 1:55.00 ES 1:57.00 CBP 1:50.93**

**Record Holder - Michael Rimmer (Merseyside) 2002**

| Posn | Num | Name                 | County          | Perf    | ESAA Std | Points |   |
|------|-----|----------------------|-----------------|---------|----------|--------|---|
| 1    | 19  | Noah Wood            | Derbyshire      | 1:54.96 | NS       |        | Q |
| 2    | 64  | Jack Pares           | Nottinghamshire | 1:54.98 | NS       |        | Q |
| 3    | 23  | Oliver Bradford-peck | Dorset          | 1:55.10 | ES       | 1      |   |
| 4    | 33  | Harry Dunne          | Hampshire       | 1:55.40 | ES       | 1      |   |
| 5    | 9   | Lewis Legge          | Cambridgeshire  | 1:56.35 | ES       | 1      |   |
| 6    | 15  | Zephrin Caddy-White  | Cornwall        | 1:58.10 |          |        |   |
| 7    | 47  | Asher Phillipson     | Lincolnshire    | 1:58.59 |          |        |   |
| 8    | 7   | Ronen Singh          | Buckinghamshire | 2:00.31 |          |        |   |
| 9    | 85  | Isaac Male           | West Yorkshire  | 2:00.55 |          |        |   |

**T22 IB 800 metres Heats**

**Heat 3**

**NS 1:55.00 ES 1:57.00 CBP 1:50.93**

**Record Holder - Michael Rimmer (Merseyside) 2002**

| Posn | Num | Name           | County                     | Perf    | ESAA Std | Points |   |
|------|-----|----------------|----------------------------|---------|----------|--------|---|
| 1    | 11  | Samuel Conkie  | Cheshire                   | 1:53.74 | NS       |        | Q |
| 2    | 77  | Thomas Whorton | Surrey                     | 1:53.92 | NS       |        | Q |
| 3    | 41  | Kian FARRELL   | Kent                       | 1:54.33 | NS       |        | q |
| 4    | 5   | Ben Lucas      | Berkshire                  | 1:55.02 | ES       |        | q |
| 5    | 89  | Emil Friedrich | Channel Islands            | 1:55.89 | ES       | 1      |   |
| 6    | 39  | Gilby Wright   | Humberside                 | 1:57.95 |          |        |   |
| 7    | 76  | Alfie kelly    | Suffolk                    | 2:01.48 |          |        |   |
| 8    | 45  | Olly Lockton   | Leicestershire And Rutland | 2:02.37 |          |        |   |
| 9    | 53  | Charlie Reed   | Middlesex                  | 2:04.14 |          |        |   |
| 10   | 91  | Illiam Thomas  | Isle Of Man                | 2:08.98 |          |        |   |

**T73 IB 800 metres Final**

**NS 1:55.00 ES 1:57.00 CBP 1:50.93**

**Record Holder - Michael Rimmer (Merseyside) 2002**

| Posn | Num | Name           | County          | Perf    | ESAA Std | Points |
|------|-----|----------------|-----------------|---------|----------|--------|
| 1    | 1   | Ewan Sparey    | Avon            | 1:53.45 | NS       | 10     |
| 2    | 11  | Samuel Conkie  | Cheshire        | 1:54.20 | NS       | 9      |
| 3    | 19  | Noah Wood      | Derbyshire      | 1:55.63 | ES       | 8      |
| 4    | 61  | Arran Robson   | North Yorkshire | 1:56.24 | ES       | 7      |
| 5    | 5   | Ben Lucas      | Berkshire       | 1:56.73 | ES       | 5      |
| 6    | 77  | Thomas Whorton | Surrey          | 1:56.78 | ES       | 5      |
| 7    | 41  | Kian FARRELL   | Kent            | 1:58.33 |          | 4      |
| 8    | 64  | Jack Pares     | Nottinghamshire | 2:00.11 |          | 3      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T37 IB 1500 metres Heats**

**Heat 1**

**NS 4:00.00 ES 4:04.00 CBP 3:49.15**

**Record Holder - Matthew Shirling (Merseyside) 2012**

| Posn | Num | Name              | County          | Perf    | ESAA Std | Points |
|------|-----|-------------------|-----------------|---------|----------|--------|
| 1    | 50a | Khalid Hussein    | London          | 4:07.58 |          | Q      |
| 2    | 41  | Freddie Gibson    | Kent            | 4:08.04 |          | Q      |
| 3    | 43  | Francis Vidler    | Lancashire      | 4:08.10 |          | Q      |
| 4    | 19  | Ewan Withnall     | Derbyshire      | 4:08.17 |          | Q      |
| 5    | 53  | Dylan Lewis       | Middlesex       | 4:08.43 |          |        |
| 6    | 63  | Fraser McAllister | Nottinghamshire | 4:09.23 |          |        |
| 7    | 7   | Leo Bray          | Buckinghamshire | 4:10.94 |          |        |
| 8    | 73  | Charlie Brown     | Staffordshire   | 4:13.15 |          |        |
| 9    | 25  | Joe Shields       | Durham          | 4:13.59 |          |        |
| 10   | 85  | Yaried Alem       | West Yorkshire  | 4:13.84 |          |        |
| 11   | 3   | Jake Davis        | Bedfordshire    | 4:16.21 |          |        |

**T37 IB 1500 metres Heats**

**Heat 2**

**NS 4:00.00 ES 4:04.00 CBP 3:49.15**

**Record Holder - Matthew Shirling (Merseyside) 2012**

| Posn | Num | Name             | County        | Perf    | ESAA Std | Points |
|------|-----|------------------|---------------|---------|----------|--------|
| 1    | 77  | Theo Liasides    | Surrey        | 4:12.15 |          | Q      |
| 2    | 11  | Joseph Osuji     | Cheshire      | 4:12.29 |          | Q      |
| 3    | 50  | Caspian Holmes   | London        | 4:12.38 |          | Q      |
| 4    | 37  | Jake Summers     | Hertfordshire | 4:12.62 |          | Q      |
| 5    | 22  | Thomas Hennessey | Devon         | 4:13.33 |          |        |
| 6    | 51  | William Delamere | Merseyside    | 4:13.49 |          |        |
| 7    | 13  | Thomas McCartie  | Cleveland     | 4:14.16 |          |        |
| 8    | 17  | Peter Wayman     | Cumbria       | 4:14.22 |          |        |
| 9    | 33  | Oakley Knipe     | Hampshire     | 4:18.27 |          |        |

**T37 IB 1500 metres Heats**

**Heat 3**

**NS 4:00.00 ES 4:04.00 CBP 3:49.15**

**Record Holder - Matthew Shirling (Merseyside) 2012**

| Posn | Num | Name                   | County             | Perf    | ESAA Std | Points |
|------|-----|------------------------|--------------------|---------|----------|--------|
| 1    | 49  | Theo Creed             | London             | 4:00.19 | ES       | Q      |
| 2    | 75  | Mason Bramhald         | Suffolk            | 4:00.22 | ES       | Q      |
| 3    | 71  | Thomas Thake           | South Yorkshire    | 4:00.30 | ES       | Q      |
| 4    | 79  | George Armstrong-smith | Sussex             | 4:00.59 | ES       | Q      |
| 5    | 21  | Freddie Whybrow        | Devon              | 4:00.70 | ES       | q      |
| 6    | 54  | Ewan Kiefer            | Middlesex          | 4:01.43 | ES       | q      |
| 7    | 10  | Harry Cantell          | Cambridgeshire     | 4:01.62 | ES       | 1      |
| 8    | 59  | Phoenix Hayton-Rowell  | Northumberland     | 4:02.36 | ES       | 1      |
| 9    | 86  | Simeon Tedd            | West Yorkshire     | 4:02.51 | ES       | 1      |
| 10   | 67  | Lewis Howard           | Shropshire         | 4:05.59 |          |        |
| 11   | 31  | Arlo Mander Tullius    | Greater Manchester | 4:06.24 |          |        |

**T81 IB 1500 metres Final**

**NS 4:00.00 ES 4:04.00 CBP 3:49.15**

**Record Holder - Matthew Shirling (Merseyside) 2012**

| Posn | Num | Name                   | County          | Perf    | ESAA Std | Points |
|------|-----|------------------------|-----------------|---------|----------|--------|
| 1    | 11  | Joseph Osuji           | Cheshire        | 4:03.38 | ES       | 9      |
| 2    | 19  | Ewan Withnall          | Derbyshire      | 4:04.11 |          | 7      |
| 3    | 50  | Caspian Holmes         | London          | 4:04.32 |          | 6      |
| 4    | 41  | Freddie Gibson         | Kent            | 4:04.35 |          | 5      |
| 5    | 50a | Khalid Hussein         | London          | 4:04.85 |          | 4      |
| 6    | 75  | Mason Bramhald         | Suffolk         | 4:05.69 |          | 4      |
| 7    | 79  | George Armstrong-smith | Sussex          | 4:05.70 |          | 3      |
| 8    | 49  | Theo Creed             | London          | 4:09.67 |          | 2      |
| 9    | 71  | Thomas Thake           | South Yorkshire | 4:11.08 |          | 1      |
| 10   | 77  | Theo Liasides          | Surrey          | 4:13.34 |          |        |
| 11   | 37  | Jake Summers           | Hertfordshire   | 4:17.02 |          |        |
| 12   | 43  | Francis Vidler         | Lancashire      | 4:26.35 |          |        |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T25 IB 3000 metres Heats**

**Heat 1**

**NS 8:44.00 ES 8:49.00 CBP 8:20.00**

**Record Holder - Kevin Steere (Norfolk) 1971**

| Posn | Num | Name                 | County          | Perf    | ESAA Std | Points |
|------|-----|----------------------|-----------------|---------|----------|--------|
| 1    | 49  | Arjuna Pflug         | London          | 8:50.50 |          | Q      |
| 2    | 3   | Oliver Weddell       | Bedfordshire    | 8:51.69 |          | Q      |
| 3    | 5   | Edward Cuncliffe     | Berkshire       | 8:51.72 |          | Q      |
| 4    | 53  | Charlie Nicolson     | Middlesex       | 8:52.92 |          | Q      |
| 5    | 79  | Taylor Thom-Watts    | Sussex          | 8:53.01 |          | Q      |
| 6    | 21  | Oscar Purchase       | Devon           | 8:55.10 |          | Q      |
| 7    | 83  | Noah Homer           | West Midlands   | 9:07.34 |          | Q      |
| 8    | 13  | Kirsten-Kyle Sridhar | Cleveland       | 9:18.42 |          |        |
| 9    | 47  | Louie Hemmings       | Lincolnshire    | 9:21.47 |          |        |
| 10   | 8   | Dylan Leigh          | Buckinghamshire | 9:29.51 |          |        |

**T25 IB 3000 metres Heats**

**Heat 2**

**NS 8:44.00 ES 8:49.00 CBP 8:20.00**

**Record Holder - Kevin Steere (Norfolk) 1971**

| Posn | Num | Name                  | County          | Perf    | ESAA Std | Points |
|------|-----|-----------------------|-----------------|---------|----------|--------|
| 1    | 54  | Thomas Barry          | Middlesex       | 9:08.34 |          | Q      |
| 2    | 50  | Max Barckhahn         | London          | 9:08.64 |          | Q      |
| 3    | 37  | Tom Ford              | Hertfordshire   | 9:08.75 |          | Q      |
| 4    | 11  | Jake Ireland          | Cheshire        | 9:09.10 |          | Q      |
| 5    | 6   | Elliott Langley-Aybar | Berkshire       | 9:09.22 |          | Q      |
| 6    | 80  | Fin Lumber-Fry        | Sussex          | 9:09.33 |          | Q      |
| 7    | 48  | Daniel Henry          | Lincolnshire    | 9:11.47 |          |        |
| 8    | 7   | Finn Hayward          | Buckinghamshire | 9:13.04 |          |        |
| 9    | 65  | Harry Colson          | Oxfordshire     | 9:40.75 |          |        |

**T86 IB 3000 metres Final**

**NS 8:44.00 ES 8:49.00 CBP 8:20.00**

**Record Holder - Kevin Steere (Norfolk) 1971**

| Posn | Num | Name                  | County        | Perf    | ESAA Std | Points |
|------|-----|-----------------------|---------------|---------|----------|--------|
| 1    | 49  | Arjuna Pflug          | London        | 8:40.74 | NS       | 10     |
| 2    | 37  | Tom Ford              | Hertfordshire | 8:46.25 | ES       | 8      |
| 3    | 54  | Thomas Barry          | Middlesex     | 8:47.20 | ES       | 7      |
| 4    | 3   | Oliver Weddell        | Bedfordshire  | 8:47.21 | ES       | 6      |
| 5    | 79  | Taylor Thom-Watts     | Sussex        | 8:52.33 |          | 4      |
| 6    | 21  | Oscar Purchase        | Devon         | 8:54.61 |          | 3      |
| 7    | 53  | Charlie Nicolson      | Middlesex     | 8:55.86 |          | 2      |
| 8    | 11  | Jake Ireland          | Cheshire      | 8:59.18 |          | 1      |
| 9    | 5   | Edward Cuncliffe      | Berkshire     | 9:00.54 |          |        |
| 10   | 6   | Elliott Langley-Aybar | Berkshire     | 9:06.40 |          |        |
| 11   | 80  | Fin Lumber-Fry        | Sussex        | 9:10.17 |          |        |
| 12   | 50  | Max Barckhahn         | London        | 9:15.15 |          |        |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T107 IB 1500m S/C 83.8cm Heats**

**Heat 1**

**NS 4:32.00 ES 4:37.00 CBP 4:13.66**

**Record Holder - Zak Seddon (Berkshire) 2010**

| Posn | Num | Name                | County          | Perf    | ESAA Std | Points |
|------|-----|---------------------|-----------------|---------|----------|--------|
| 1    | 79  | Ben Stewart         | Sussex          | 4:26.67 | NS       | Q      |
| 2    | 21  | Luke Scott-Tucker   | Devon           | 4:26.78 | NS       | Q      |
| 3    | 5   | Evan McGrail        | Sussex          | 4:27.60 | NS       | Q      |
| 4    | 59  | Arthur Darling      | Northumberland  | 4:27.92 | NS       | Q      |
| 5    | 87  | Jesse Bryant        | Wiltshire       | 4:28.03 | NS       | Q      |
| 6    | 38  | Toby Pritchard      | Hertfordshire   | 4:28.98 | NS       | Q      |
| 7    | 49  | James Clements-nash | London          | 4:33.43 | ES       | 1      |
| 8    | 70  | Oskar Beck          | Somerset        | 4:33.58 | ES       | 1      |
| 9    | 81  | Jacob Smith         | Warwickshire    | 4:38.01 |          |        |
| 10   | 71  | Rory Keen           | South Yorkshire | 4:40.21 |          |        |
| 11   | 70a | Casper Rawbone      | Somerset        | 4:40.43 |          |        |
| 12   | 15  | seth dyson          | Cornwall        | 4:50.12 |          |        |

**T107 IB 1500m S/C 83.8cm Heats**

**Heat 2**

**NS 4:32.00 ES 4:37.00 CBP 4:13.66**

**Record Holder - Zak Seddon (Berkshire) 2010**

| Posn | Num | Name            | County           | Perf    | ESAA Std | Points |
|------|-----|-----------------|------------------|---------|----------|--------|
| 1    | 37  | Teddy Murphy    | Hertfordshire    | 4:26.89 | NS       | Q      |
| 2    | 51  | Michael Phelan  | Merseyside       | 4:30.25 | NS       | Q      |
| 3    | 50  | Aneirin Lessard | London           | 4:30.76 | NS       | Q      |
| 4    | 50a | Aidan Wolpert   | London           | 4:31.23 | NS       | Q      |
| 5    | 88  | Conall King     | Wiltshire        | 4:31.24 | NS       | Q      |
| 6    | 57  | Joshua Pinney   | Northamptonshire | 4:31.45 | NS       | Q      |
| 7    | 77  | Jacob Bowyer    | Surrey           | 4:31.53 | NS       | 2      |
| 8    | 7   | Harvey Wood     | Buckinghamshire  | 4:34.25 | ES       | 1      |
| 9    | 33  | Alex Priston    | Hampshire        | 4:34.71 | ES       | 1      |
| 10   | 69  | Owen Gagg       | Somerset         | 4:36.49 | ES       | 1      |
| 11   | 22  | Timothy Falle   | Devon            | 4:36.50 | ES       | 1      |
| 12   | 72  | William Martin  | South Yorkshire  | 4:45.35 |          |        |

**T79 IB 1500m S/C 83.8cm Final**

**NS 4:32.00 ES 4:37.00 CBP 4:13.66**

**Record Holder - Zak Seddon (Berkshire) 2010**

| Posn     | Num       | Name                | County               | Perf           | ESAA Std          | Points    |
|----------|-----------|---------------------|----------------------|----------------|-------------------|-----------|
| <b>1</b> | <b>37</b> | <b>Teddy Murphy</b> | <b>Hertfordshire</b> | <b>4:11.90</b> | <b>NS/ Record</b> | <b>10</b> |
| 2        | 38        | Toby Pritchard      | Hertfordshire        | 4:14.70        | NS                | 9         |
| 3        | 79        | Ben Stewart         | Sussex               | 4:20.30        | NS                | 8         |
| 4        | 51        | Michael Phelan      | Merseyside           | 4:24.70        | NS                | 7         |
| 5        | 50        | Aneirin Lessard     | London               | 4:25.50        | NS                | 6         |
| 6        | 87        | Jesse Bryant        | Wiltshire            | 4:26.60        | NS                | 5         |
| 7        | 21        | Luke Scott-Tucker   | Devon                | 4:29.60        | NS                | 4         |
| 8        | 59        | Arthur Darling      | Northumberland       | 4:30.30        | NS                | 3         |
| 9        | 57        | Joshua Pinney       | Northamptonshire     | 4:31.40        | NS                | 2         |
| 10       | 5         | Evan McGrail        | Berkshire            | 4:34.20        | ES                | 2         |
| 11       | 88        | Conall King         | Wiltshire            | 4:36.30        | ES                | 2         |
| 12       | 50a       | Aidan Wolpert       | London               | 4:36.40        | ES                | 2         |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

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**T12 U18M 110 metres Hurdles (91.4cm) Ht Heat 1**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Jaiden Dean (Norfolk) 2022**

**Wind= -0.4**

| Posn | Bib | Name                          | County          | Perf  | ESAA Std | Points |   |
|------|-----|-------------------------------|-----------------|-------|----------|--------|---|
| 1    | 65  | Bertie Lee                    | Oxfordshire     | 14.12 | NS       |        | Q |
| 2    | 73  | Muna Nweze                    | Staffordshire   | 14.29 | NS       |        | q |
| 3    | 42a | Jamie Ellerton                | Kent            | 14.52 | NS       | 2      |   |
| 4    | 49  | Malakai David mckenzie callum | London          | 14.75 | ES       | 1      |   |
| 5    | 5   | Joshua Allen                  | Berkshire       | 14.78 | ES       | 1      |   |
| 6    | 33  | Harvey Beckles                | Hampshire       | 14.85 | ES       | 1      |   |
| 7    | 54a | Zac Lam                       | Middlesex       | 16.00 |          |        |   |
| 8    | 30  | Samuel Jeenes                 | Gloucestershire | 22.90 |          |        |   |

**T12 U18M 110 metres Hurdles (91.4cm) Ht Heat 2**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Jaiden Dean (Norfolk) 2022**

**Wind= -2.1**

| Posn | Bib | Name               | County       | Perf  | ESAA Std | Points |   |
|------|-----|--------------------|--------------|-------|----------|--------|---|
| 1    | 42  | Ekene Ogbonna      | Kent         | 14.21 | NS       |        | Q |
| 2    | 51  | Edward Moore       | Merseyside   | 14.34 | NS       |        | q |
| 3    | 43  | George Camara      | Lancashire   | 14.94 | ES       | 1      |   |
| 4    | 69  | Jack Saxton        | Somerset     | 15.34 | ES       | 1      |   |
| 5    | 87  | Freddie Gutteridge | Wiltshire    | 15.42 | ES       | 1      |   |
| 6    | 47  | Cameron Shivas     | Lincolnshire | 16.02 |          |        |   |
| 7    | 15  | Alfie Jones        | Cornwall     | 16.79 |          |        |   |

**T12 U18M 110 metres Hurdles (91.4cm) Ht Heat 3**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Jaiden Dean (Norfolk) 2022**

**Wind= -1.7**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |   |
|------|-----|-------------------|-----------------------------|-------|----------|--------|---|
| 1    | 7   | Emile Morti       | Buckinghamshire             | 14.09 | NS       |        | Q |
| 2    | 29  | Caleb Green       | Gloucestershire             | 14.25 | NS       |        | q |
| 3    | 41  | Hans Nmaju        | Kent                        | 14.44 | NS       |        | q |
| 4    | 45  | Marcel Ewertowski | Leicestershire and Rutland  | 14.68 | NS       | 2      |   |
| 5    | 27  | Simeon Barker     | Essex                       | 14.69 | NS       | 2      |   |
| 6    | 54  | Joe Timba         | Middlesex                   | 15.30 | ES       | 1      |   |
| 7    | 23  | Alfie Bourne      | Dorset                      | 15.34 | ES       | 1      |   |
| 8    | 35  | ETHAN WINNING     | Hereford and Worcestershire | 15.91 |          |        |   |

**T12 U18M 110 metres Hurdles (91.4cm) Ht Heat 4**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Jaiden Dean (Norfolk) 2022**

**Wind= -1.5**

| Posn | Bib | Name              | County                      | Perf  | ESAA Std | Points |   |
|------|-----|-------------------|-----------------------------|-------|----------|--------|---|
| 1    | 50  | Jadon Durotoye    | London                      | 14.58 | NS       |        | Q |
| 2    | 53  | Seth Rennie-Roddy | Middlesex                   | 14.81 | ES       | 1      |   |
| 3    | 37  | Ethan Ogilvie     | Hertfordshire               | 14.91 | ES       | 1      |   |
| 4    | 93  | Callum Coppock    | United Arab Emirates        | 15.04 | ES       | 1      |   |
| 5    | 36  | Ben Hilton        | Hereford and Worcestershire | 15.08 | ES       | 1      |   |
| 6    | 1   | Daniel Webb       | Avon                        | 15.25 | ES       | 1      |   |
| 7    | 19  | Ryan Ghai         | Derbyshire                  | 15.74 |          |        |   |
| 8    | 81  | Jacob Vural       | Warwickshire                | 16.59 |          |        |   |

**T53 U18M 110 metres Hurdles (91.4cm) Final**

**NS 14.70 ES 15.50 CBP 0.00**

**Record Holder - Jaiden Dean (Norfolk) 2022**

**Wind= -0.9**

| Posn | Bib | Name           | County          | Perf  | ESAA Std | Points |  |
|------|-----|----------------|-----------------|-------|----------|--------|--|
| 1    | 7   | Emile Morti    | Buckinghamshire | 13.66 | NS       | 10     |  |
| 2    | 41  | Hans Nmaju     | Kent            | 13.87 | NS       | 9      |  |
| 3    | 29  | Caleb Green    | Gloucestershire | 14.00 | NS       | 8      |  |
| 4    | 50  | Jadon Durotoye | London          | 14.01 | NS       | 7      |  |
| 5    | 42  | Ekene Ogbonna  | Kent            | 14.02 | NS       | 6      |  |
| 6    | 65  | Bertie Lee     | Oxfordshire     | 14.10 | NS       | 5      |  |
| 7    | 73  | Muna Nweze     | Staffordshire   | 14.14 | NS       | 4      |  |
| 8    | 51  | Edward Moore   | Merseyside      | 14.29 | NS       | 3      |  |

Points awarded include additional points (ESAA standards NS & ES) from heats,



**ESAA T&F Championships**  
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**T28 U18B 400 metres Hurdles (84.0cm) He Heat 1**

**NS 56.30 ES 58.50 CBP 0.00**

**Record Holder - Sam Lunt (Cheshire) 2022**

| Posn | Bib | Name          | County             | Perf  | ESAA Std | Points |
|------|-----|---------------|--------------------|-------|----------|--------|
| 1    | 87  | Elliot Cox    | Wiltshire          | 55.02 | NS       | Q      |
| 2    | 69  | Owen Boon     | Somerset           | 55.28 | NS       | Q      |
| 3    | 32  | William Jones | Greater Manchester | 56.43 | ES       | 1      |
| 4    | 79  | Paul Nixon    | Sussex             | 56.46 | ES       | 1      |
| 5    | 13  | Jack Ord      | Cleveland          | 57.25 | ES       | 1      |
| 6    | 5   | Taryn Guthrie | Berkshire          | 58.87 |          |        |
| 7    | 57  | Reuben Walter | Northamptonshire   | 59.26 |          |        |
| 8    | 37  | Finn Kenny    | Hertfordshire      | 65.64 |          |        |

**T28 U18B 400 metres Hurdles (84.0cm) He Heat 2**

**NS 56.30 ES 58.50 CBP 0.00**

**Record Holder - Sam Lunt (Cheshire) 2022**

| Posn | Bib | Name             | County                     | Perf   | ESAA Std | Points |
|------|-----|------------------|----------------------------|--------|----------|--------|
| 1    | 38  | Luke Carlin      | Hertfordshire              | 55.78  | NS       | Q      |
| 2    | 39  | Christian Kidger | Humberside                 | 56.33  | ES       | Q      |
| 3    | 81  | William Hovell   | Warwickshire               | 57.30  | ES       | 1      |
| 4    | 42  | Harry Wrigley    | Kent                       | 58.52  |          |        |
| 5    | 66  | Aidan Williams   | Oxfordshire                | 60.31  |          |        |
| 6    | 45  | Rory Turner      | Leicestershire and Rutland | 62.81  |          |        |
| 7    | 85  | Mani Patel       | West Yorkshire             | 68.86  |          |        |
| 8    | 51  | Luke Husain      | Merseyside                 | 105.96 |          |        |

**T28 U18B 400 metres Hurdles (84.0cm) He Heat 3**

**NS 56.30 ES 58.50 CBP 0.00**

**Record Holder - Sam Lunt (Cheshire) 2022**

| Posn | Bib | Name                        | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------------------|--------------------|-------|----------|--------|
| 1    | 31  | Liam O'Brien                | Greater Manchester | 54.87 | NS       | Q      |
| 2    | 41  | Elijah Olaleye              | Kent               | 55.03 | NS       | Q      |
| 3    | 70  | Alfie Charlton              | Somerset           | 55.62 | NS       | q      |
| 4    | 65  | Erlgean Appiahkorang-Mensah | Oxfordshire        | 55.83 | NS       | q      |
| 5    | 6   | Alexander Jones             | Berkshire          | 57.72 | ES       | 1      |
| 6    | 38a | Anish Frankland             | Hertfordshire      | 59.77 |          |        |
| 7    | 21  | Oscar Mytton                | Devon              | 60.29 |          |        |

**T90 U18M 400 metres Hurdles (84.0cm) Final**

**NS 56.30 ES 58.50 CBP 0.00**

**Record Holder - Sam Lunt (Cheshire) 2022**

| Posn | Bib | Name                        | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------------------|--------------------|-------|----------|--------|
| 1    | 31  | Liam O'Brien                | Greater Manchester | 52.73 | NS       | 10     |
| 2    | 87  | Elliot Cox                  | Wiltshire          | 53.36 | NS       | 9      |
| 3    | 41  | Elijah Olaleye              | Kent               | 53.48 | NS       | 8      |
| 4    | 38  | Luke Carlin                 | Hertfordshire      | 53.67 | NS       | 7      |
| 5    | 69  | Owen Boon                   | Somerset           | 55.26 | NS       | 6      |
| 6    | 39  | Christian Kidger            | Humberside         | 55.47 | NS       | 5      |
| 7    | 70  | Alfie Charlton              | Somerset           | 56.44 | ES       | 4      |
| 8    | 65  | Erlgean Appiahkorang-Mensah | Oxfordshire        | 58.04 | ES       | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T33 IB Relay 4 x 100m Final**

**NS 44.00 ES 45.00 CBP 41.04**

**Record Holder - (Essex) 2019**

| Posn | Bib | Name | County             | Perf  | ESAA Std | Points |
|------|-----|------|--------------------|-------|----------|--------|
| 1    | 53  |      | Middlesex          | 42.05 | NS       | 10     |
| 2    | 77  |      | Surrey             | 42.12 | NS       | 9      |
| 3    | 27  |      | Essex              | 42.32 | NS       | 8      |
| 4    | 33  |      | Hampshire          | 43.81 | NS       | 7      |
| 5    | 37  |      | Hertfordshire      | 44.14 | ES       | 5      |
| 6    | 79  |      | Sussex             | 45.29 |          | 3      |
| 7    | 31  |      | Greater Manchester | 46.67 |          | 2      |
| 8    | 49  |      | London             | DNF   |          |        |

Points awarded include additional points (ESAA standards NS & ES) from heats,

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**T77 Inter Mixed Relay 4 x 100m Heats**

**Heat 1**

**NS 46.00 ES 47.00 CBP 43.90**

**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County         | Perf  | ESAA Std | Points |
|------|-----|------|----------------|-------|----------|--------|
| 1    | 21  |      | Devon          | 44.23 | NS       | Q      |
| 2    | 83  |      | West Midlands  | 44.62 | NS       | Q      |
| 3    | 85  |      | West Yorkshire | 45.70 | NS       | q      |
| 4    | 55  |      | Norfolk        | 45.73 | NS       | q      |
| 5    | 23  |      | Dorset         | 45.96 | NS       | 1      |
| 6    | 67  |      | Shropshire     | 46.79 | ES       | 0.5    |

**T77 Inter Mixed Relay 4 x 100m Heats**

**Heat 2**

**NS 46.00 ES 47.00 CBP 43.90**

**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County                     | Perf  | ESAA Std | Points |
|------|-----|------|----------------------------|-------|----------|--------|
| 1    | 11  |      | Cheshire                   | 45.65 | NS       | Q      |
| 2    | 45  |      | Leicestershire and Rutland | 46.02 | ES       | Q      |
| 3    | 7   |      | Buckinghamshire            | 46.18 | ES       | 0.5    |
| 4    | 19  |      | Derbyshire                 | 46.23 | ES       | 0.5    |
| 5    | 61  |      | North Yorkshire            | 46.27 | ES       | 0.5    |
| 6    | 81  |      | Warwickshire               | 46.55 | ES       | 0.5    |
| 7    | 63  |      | Nottinghamshire            | 47.05 |          |        |

**T77 Inter Mixed Relay 4 x 100m Heats**

**Heat 3**

**NS 46.00 ES 47.00 CBP 43.90**

**Record Holder - (Cheshire) 2025**

| Posn | Bib | Name | County                      | Perf  | ESAA Std | Points |
|------|-----|------|-----------------------------|-------|----------|--------|
| 1    | 57  |      | Northamptonshire            | 45.50 | NS       | Q      |
| 2    | 43  |      | Lancashire                  | 46.25 | ES       | Q      |
| 3    | 73  |      | Staffordshire               | 46.51 | ES       | 0.5    |
| 4    | 1   |      | Avon                        | 47.42 |          |        |
| 5    | 35  |      | Hereford and Worcestershire | 47.45 |          |        |

**T96 Inter Mixed Relay 4 x 100m Final**

**NS 46.00 ES 47.00 CBP 43.90**

**Record Holder - (West Midlands) 2024**

| Posn | Bib | Name | County                     | Perf  | ESAA Std | Points |
|------|-----|------|----------------------------|-------|----------|--------|
| 1    | 21  |      | Devon                      | 44.40 | NS       | 5      |
| 2    | 83  |      | West Midlands              | 44.70 | NS       | 4.5    |
| 3    | 11  |      | Cheshire                   | 45.32 | NS       | 4      |
| 4    | 55  |      | Norfolk                    | 45.43 | NS       | 3.5    |
| 5    | 43  |      | Lancashire                 | 45.61 | NS       | 3      |
| 6    | 57  |      | Northamptonshire           | 45.69 | NS       | 2.5    |
| 7    | 45  |      | Leicestershire and Rutland | 46.15 | ES       | 1.5    |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

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**F17 IB Long Jump**

**NS 6.60 ES 6.40 CBP 7.80**

**Record Holder - Daniel Emegbor (Hertfordshire) 2025**

| Posn | Bib | Name           | County               | Perf | ESAA Std | Points | Wind |
|------|-----|----------------|----------------------|------|----------|--------|------|
| 1    | 78  | Zac Elston     | Surrey               | 6.97 | NS       | 10     |      |
| 2    | 58a | Tadiwa Mumbure | Northamptonshire     | 6.58 | ES       | 8      |      |
| 3    | 6   | Oscar Chan     | Berkshire            | 6.54 | ES       | 7      |      |
| 4    | 31  | Daniel Wells   | Greater Manchester   | 6.51 | ES       | 6      |      |
| 5    | 79  | Lucas Bowen    | Sussex               | 6.50 | ES       | 5      |      |
| 6    | 32  | Chidera Ajeta  | Greater Manchester   | 6.27 |          | 3      |      |
| 7    | 87  | Ishaq Saeed    | Wiltshire            | 6.22 |          | 2      |      |
| 8    | 41  | Joshua Ike     | Kent                 | 5.73 |          | 1      |      |
| 9    | 5   | Marcus Smith   | Berkshire            | 5.67 |          |        |      |
| 10   | 57  | Harry Flowers  | Northamptonshire     | 4.88 |          |        |      |
|      | 93  | Jack Matthews  | United Arab Emirates | 6.03 |          |        |      |

**F30 IB Triple Jump**

**NS 14.20 ES 13.50 CBP 15.91**

**Record Holder - Jonathon Moore (West Midlands) 2000**

| Posn | Bib | Name                  | County          | Perf  | ESAA Std | Points | Wind |
|------|-----|-----------------------|-----------------|-------|----------|--------|------|
| 1    | 41  | Bryan Ikechukwu-Chime | Kent            | 14.52 | NS       | 10     |      |
| 2    | 49  | Jomiloju Hughes       | London          | 14.49 | NS       | 9      |      |
| 3    | 61  | Archie Herbert        | North Yorkshire | 14.46 | NS       | 8      |      |
| 4    | 27  | Joshua Cabulo         | Essex           | 14.35 | NS       | 7      |      |
| 5    | 1   | William Frankton      | Avon            | 13.55 | ES       | 5      |      |
| 6    | 28  | Emanuel IWUCHUKWU     | ESSEX           | 13.52 | ES       | 4      |      |
| 7    | 23  | Elliott TRICKEY       | DORSET          | 12.98 |          | 2      |      |
| 8    | 2   | Benjamin Newport      | Avon            | 12.65 |          | 1      |      |

**F13 IB High Jump**

**NS 1.94 ES 1.88 CBP 2.12**

**Record Holder - Femi Abejide (London) 1981**

| Posn | Bib | Name                    | County                     | Perf | ESAA Std | Points |
|------|-----|-------------------------|----------------------------|------|----------|--------|
| 1    | 85  | Joshua Akintolu         | West Yorkshire             | 2.00 | NS       | 10     |
| 2    | 37  | Jesse Grinyer           | Hertfordshire              | 1.97 | NS       | 9      |
| 3    | 17  | Frederick Strong        | Cumbria                    | 1.94 | NS       | 8      |
| 4    | 41  | Omari Anderson          | Kent                       | 1.94 | NS       | 7      |
| 5    | 53  | Mack O'Keefe            | Middlesex                  | 1.91 | ES       | 5      |
| 6    | 38  | Peter Bansaghi          | Hertfordshire              | 1.88 | ES       | 4      |
| 7    | 23  | Marcel-Bolando Roku-Ali | Dorset                     | 1.88 | ES       | 3      |
| 8    | 45  | Isaiah Ore              | Leicestershire And Rutland | 1.88 | ES       | 2      |
| 9    | 5   | Kaiden Knight           | Berkshire                  | 1.88 | ES       | 1      |
| 10   | 57  | Harry Bradley-Brophy    | Northamptonshire           | 1.85 |          |        |
| 11   | 49  | Ryan Lynott             | London                     | 1.85 |          |        |
| 12=  | 27  | Jake Read               | Essex                      | 1.80 |          |        |
| 12=  | 89  | David Bown              | Channel Islands            | 1.80 |          |        |
| 14   | 61  | Jabob Hesp              | North Yorkshire            | 1.80 |          |        |
| 15   | 31  | Samuel Hodgkinson       | Greater Manchester         | 1.80 |          |        |

**ESAA T&F Championships**  
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**F12 IB Pole Vault**

**NS 4.20 ES 3.90 CBP 4.86**

**Record Holder - Frankie Johnson (Bedfordshire) 2017**

| Posn | Bib | Name                | County             | Perf        | ESAA Std           | Points |
|------|-----|---------------------|--------------------|-------------|--------------------|--------|
| 1    | 77  | <b>Max Merriman</b> | <b>Surrey</b>      | <b>4.87</b> | <b>NS / Record</b> | 10     |
| 2    | 37  | Ramsey Gill         | Hertfordshire      | 4.50        | NS                 | 9      |
| 3    | 33  | Stanley Shacklock   | Hampshire          | 4.40        | NS                 | 8      |
| 4    | 78  | Oliver Densley      | Surrey             | 4.30        | NS                 | 7      |
| 5    | 79  | MILO Hillborne      | Sussex             | 4.30        | NS                 | 6      |
| 6    | 53  | Arlo Bates          | Middlesex          | 4.30        | NS                 | 5      |
| 7=   | 91  | Zachary Woodward    | Isle Of Man        | 4.20        | NS                 | 3.5    |
| 7=   | 11  | Liam Nicholls       | Cheshire           | 4.20        | NS                 | 3.5    |
| 9    | 69  | Isaac Slight        | Somerset           | 4.20        | NS                 | 2      |
| 10   | 31  | Oliver Cooper       | Greater Manchester | 4.05        | ES                 | 1      |
| 11   | 38  | Noah Van Den Bergh  | Hertfordshire      | 3.90        | ES                 | 1      |
| 12   | 81  | James Pattenden     | Warwickshire       | 3.90        | ES                 | 1      |
| 13   | 80  | Luca Mindel         | Sussex             | 3.90        | ES                 | 1      |
| 14   | 61  | Hugo Williamson     | North Yorkshire    | 3.70        |                    |        |

**F23 IB Shot 5Kg**

**NS 14.20 ES 13.00 CBP 20.48**

**Record Holder - Carl Myerscough (Lancashire) 1996**

| Posn | Bib | Name                 | County               | Perf  | ESAA Std | Points |
|------|-----|----------------------|----------------------|-------|----------|--------|
| 1    | 57  | Michael Graham       | Northamptonshire     | 16.24 | NS       | 10     |
| 2    | 27  | Ameer Salaam         | Essex                | 15.97 | NS       | 9      |
| 3    | 43  | Oliver Delaney       | Lancashire           | 15.42 | NS       | 8      |
| 4    | 89  | Joe Prince           | Channel Islands      | 15.31 | NS       | 7      |
| 5    | 78  | Joseph Guest         | Surrey               | 15.06 | NS       | 6      |
| 6    | 11  | Sebastian Whiteley   | Cheshire             | 14.89 | NS       | 5      |
| 7    | 77  | Giles Hoogewerf      | Surrey               | 14.77 | NS       | 4      |
| 8    | 28  | Sam Johnson          | Essex                | 13.98 | ES       | 2      |
| 9    | 37  | Gabriele Centracchio | Hertfordshire        | 13.84 | ES       | 1      |
| 10   | 69  | Max Edwards          | Somerset             | 13.66 | ES       | 1      |
| 11   | 38  | Tobi Ayetan          | Hertfordshire        | 13.24 | ES       | 1      |
| 12   | 19  | Riley Jones          | Derbyshire           | 12.78 |          |        |
| 13   | 87  | Jack Cavalier        | Wiltshire            | 12.44 |          |        |
| 14   | 71  | Mason Oxley          | South Yorkshire      | 12.15 |          |        |
|      | 93  | Liam Peter           | United Arab Emirates | 13.32 |          |        |

**F11 IB Javelin 700g**

**NS 54.00 ES 52.00 CBP 77.12**

**Record Holder - James Whiteaker (Kent) 2014**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------------|-------|----------|--------|
| 1    | 75  | Finley Dines    | Suffolk            | 58.64 | NS       | 10     |
| 2    | 81  | Charlie Cook    | Warwickshire       | 57.00 | NS       | 9      |
| 3    | 5   | Sam Nieland     | Berkshire          | 56.11 | NS       | 8      |
| 4    | 41  | Paul Sojka      | Kent               | 54.68 | NS       | 7      |
| 5    | 29  | Theo Nock       | Gloucestershire    | 53.44 | ES       | 5      |
| 6    | 27  | Thomas Buscombe | Essex              | 53.37 | ES       | 4      |
| 7    | 7   | Harry Smith     | Buckinghamshire    | 52.88 | ES       | 3      |
| 8    | 65  | Dominic Smith   | Oxfordshire        | 52.03 | ES       | 2      |
| 9    | 57  | Zac Thorpe      | Northamptonshire   | 51.26 |          |        |
| 10   | 31  | Ben Clarke      | Greater Manchester | 48.77 |          |        |
| 11   | 69  | Ziggy Capon     | Somerset           | 46.88 |          |        |

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**F28 IB Discus 1.5Kg**

**NS 44.00 ES 41.00 CBP 61.24**

**Record Holder - Emeka Udechuku (London) 1995**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------|-------|----------|--------|
| 1    | 41  | Obinna Aniebo      | Kent            | 57.47 | NS       | 10     |
| 2    | 87  | Turkay Altuntas    | Wiltshire       | 48.73 | NS       | 9      |
| 3    | 42  | Story Bundy        | Kent            | 46.39 | NS       | 8      |
| 4    | 69  | Nate Stuart        | Somerset        | 45.96 | NS       | 7      |
| 5    | 79  | Archie Oates       | Sussex          | 45.34 | NS       | 6      |
| 6    | 33  | Osamede Aighe      | Hampshire       | 42.77 | ES       | 4      |
| 7    | 29  | George Iddon       | Gloucestershire | 42.34 | ES       | 3      |
| 8    | 47  | Alex Allen         | Lincolnshire    | 41.56 | ES       | 2      |
| 9    | 15  | tem taylor         | Cornwall        | 41.10 | ES       | 1      |
| 10   | 37  | Chu Ononogbu       | Hertfordshire   | 40.82 |          |        |
| 11   | 77  | Will Farrar        | Surrey          | 40.06 |          |        |
| 12   | 38  | Kanyi Akpakwu      | Hertfordshire   | 40.06 |          |        |
| 13   | 39  | Jamie Clark        | Humberside      | 39.50 |          |        |
| 14   | 1   | Nisex Tumbahangphe | Avon            | 34.55 |          |        |

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**F15 IB Hammer 5Kg**

**NS 53.00 ES 49.00 CBP 73.58**

**Record Holder - Andrew Tolputt (Berkshire) 1984**

| Posn | Bib | Name               | County                      | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------------------|-------|----------|--------|
| 1    | 27  | Joshua Babalola    | Essex                       | 59.05 | NS       | 10     |
| 2    | 41  | Rory Witcombe      | Kent                        | 58.59 | NS       | 9      |
| 3    | 35  | Ted Freeman        | Hereford And Worcestershire | 58.16 | NS       | 8      |
| 4    | 49  | Josh Nkongolo      | London                      | 55.28 | NS       | 7      |
| 5    | 42  | Osarode Oviawe     | Kent                        | 55.25 | NS       | 6      |
| 6    | 73  | Alfred Rushton     | Staffordshire               | 54.54 | NS       | 5      |
| 7    | 87  | Ciaran Merrett     | Wiltshire                   | 53.10 | NS       | 4      |
| 8    | 55  | Leon Pullen        | Norfolk                     | 52.68 | ES       | 2      |
| 9    | 59  | Benjamin Compton   | Northumberland              | 48.38 |          |        |
| 10   | 23  | Logan Potter       | Dorset                      | 45.02 |          |        |
| 11   | 29  | Lucas Clark-Savage | Gloucestershire             | 44.91 |          |        |
| 12   | 17  | Jonah Causey       | Cumbria                     | 42.19 |          |        |
| 13   | 75  | Miles Lugo-Hankins | Suffolk                     | 40.74 |          |        |
| 14   | 5   | Jayden Allen       | Berkshire                   | 39.17 |          |        |

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**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T10 SG 100 metres Heats**

**Heat 1**

**NS 12.10 ES 12.40 CBP 11.59**

**Record Holder - Rebecca Drummond (Staffordshire) 1995**

**Wind=**

**+1.2**

| Posn | Bib | Name             | County             | Perf  | ESAA Std | Points |
|------|-----|------------------|--------------------|-------|----------|--------|
| 1    | 81  | Lucy Boyes       | Warwickshire       | 11.61 | NS       | Q      |
| 2    | 49  | Emily Cadman     | London             | 11.74 | NS       | q      |
| 3    | 31  | Niamh Ridler     | Greater Manchester | 12.04 | NS       | 2      |
| 4    | 83  | Krystalia Bayong | West Midlands      | 12.13 | ES       | 1      |
| 5    | 38a | Sara Kennedy     | Hertfordshire      | 12.18 | ES       | 1      |
| 6    | 67  | Roisin Ellam     | Shropshire         | 12.60 |          |        |
| 7    | 70  | Zoe Huntley      | Somerset           | 12.75 |          |        |

**T10 SG 100 metres Heats**

**Heat 2**

**NS 12.10 ES 12.40 CBP 11.59**

**Record Holder - Rebecca Drummond (Staffordshire) 1995**

**Wind=**

**+2.2**

| Posn | Bib | Name                    | County          | Perf  | ESAA Std | Points |
|------|-----|-------------------------|-----------------|-------|----------|--------|
| 1    | 82  | Esme du Bois            | Warwickshire    | 11.86 | NS       | Q      |
| 2    | 37  | Giusy Nicole Caprarelli | Hertfordshire   | 11.97 | NS       | 2      |
| 3    | 55  | Amy Fielding            | Norfolk         | 12.23 | ES       | 1      |
| 4    | 42a | Chizam Boniface         | Kent            | 12.30 | ES       | 1      |
| 5    | 26a | Abigail Farrer          | Durham          | 12.46 |          |        |
| 6    | 64  | Freya Vincent           | Nottinghamshire | 12.72 |          |        |

**T10 SG 100 metres Heats**

**Heat 3**

**NS 12.10 ES 12.40 CBP 11.59**

**Record Holder - Rebecca Drummond (Staffordshire) 1995**

**Wind=**

**+1.3**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points |
|------|-----|--------------------|--------------------|-------|----------|--------|
| 1    | 42  | Cheyenne Nketia    | Kent               | 11.82 | NS       | Q      |
| 2    | 63  | Kaylah McKenzie    | Nottinghamshire    | 11.85 | NS       | q      |
| 3    | 1   | Isabelle Walkey    | Avon               | 11.91 | NS       | 2      |
| 4    | 38  | Gracelynn Agyapong | Hertfordshire      | 12.07 | NS       | 2      |
| 5    | 11  | Alba March         | Cheshire           | 12.15 | ES       | 1      |
| 6    | 69  | Lily Jones         | Somerset           | 12.46 |          |        |
| 7    | 32  | Holly Capstick     | Greater Manchester | 12.54 |          |        |

**T10 SG 100 metres Heats**

**Heat 4**

**NS 12.10 ES 12.40 CBP 11.59**

**Record Holder - Rebecca Drummond (Staffordshire) 1995**

**Wind=**

**+2.6**

| Posn | Bib | Name                   | County       | Perf  | ESAA Std | Points |
|------|-----|------------------------|--------------|-------|----------|--------|
| 1    | 77  | Maia Heward-Mills      | Surrey       | 11.71 | NS       | Q      |
| 2    | 43  | Cherie Ufuoma          | Lancashire   | 11.86 | NS       | q      |
| 3    | 51  | Alice Jones            | Merseyside   | 11.87 | NS       | q      |
| 4    | 41  | Oluwadamitan Showemimo | Kent         | 11.89 | NS       | 2      |
| 5    | 53  | Tia Akinola            | Middlesex    | 12.00 | NS       | 2      |
| 6    | 25  | Elizabeth Clay         | Durham       | 12.25 | ES       | 1      |
| 7    | 82a | Olivia Monk            | Warwickshire | 12.61 |          |        |

**T60 SG 100 metres Final**

**NS 12.10 ES 12.40 CBP 11.59**

**Record Holder - Rebecca Drummond (Staffordshire) 1995**

**Wind=**

**-1.4**

| Posn | Bib | Name              | County          | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------|-------|----------|--------|
| 1    | 81  | Lucy Boyes        | Warwickshire    | 11.88 | NS       | 10     |
| 2    | 63  | Kaylah McKenzie   | Nottinghamshire | 11.90 | NS       | 9      |
| 3    | 77  | Maia Heward-Mills | Surrey          | 11.91 | NS       | 8      |
| 4    | 82  | Esme du Bois      | Warwickshire    | 12.02 | NS       | 7      |
| 5    | 49  | Emily Cadman      | London          | 12.05 | NS       | 6      |
| 6    | 43  | Cherie Ufuoma     | Lancashire      | 12.06 | NS       | 5      |
| 7    | 42  | Cheyenne Nketia   | Kent            | 12.12 | ES       | 4      |
| 8    | 51  | Alice Jones       | Merseyside      | 12.12 | ES       | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T47 SG 200 metres Heats**

**Heat 1**

**NS 25.10 ES 25.70 CBP 23.40**

**Record Holder - Simone Jacobs (Berkshire) 1984**

**Wind= +0.0**

| Posn | Bib | Name                     | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------------|-----------------|-------|----------|--------|
| 1    | 83  | Shaiya Kenion            | West Midlands   | 24.18 | NS       | Q      |
| 2    | 73  | Sophie Hulse             | Staffordshire   | 24.82 | NS       | Q      |
| 3    | 77  | Lily Cowen               | Surrey          | 24.85 | NS       | 2      |
| 4    | 29  | Melody Benn              | Gloucestershire | 24.91 | NS       | 2      |
| 5    | 69  | Mikayla Makwabarara      | Somerset        | 25.55 | ES       | 1      |
| 6    | 63  | Tami Adesina             | Nottinghamshire | 25.79 |          |        |
| 7    | 65  | Annabelle Van helsdingen | Oxfordshire     | 25.86 |          |        |
| 8    | 72  | Amelie Spicer            | South Yorkshire | 26.17 |          |        |

**T47 SG 200 metres Heats**

**Heat 2**

**NS 25.10 ES 25.70 CBP 23.40**

**Record Holder - Simone Jacobs (Berkshire) 1984**

**Wind= -2.5**

| Posn | Bib | Name                      | County        | Perf  | ESAA Std | Points |
|------|-----|---------------------------|---------------|-------|----------|--------|
| 1    | 53  | Tamilore George           | Middlesex     | 24.46 | NS       | Q      |
| 2    | 55  | Maizie Boylan             | Norfolk       | 24.52 | NS       | Q      |
| 3    | 41  | Danielle Agyemang-Tolbert | Kent          | 25.08 | NS       | 2      |
| 4    | 78  | Liliana Richardson        | Surrey        | 25.58 | ES       | 1      |
| 5    | 19  | Ellie Oscroft             | Derbyshire    | 26.01 |          |        |
| 6    | 25  | Hollie-Anne Sudder        | Durham        | 26.06 |          |        |
| 7    | 74  | Rosie Tyler               | Staffordshire | 26.45 |          |        |
| 8    | 5   | Lily Metcalfe             | Berkshire     | 26.90 |          |        |

**T47 SG 200 metres Heats**

**Heat 3**

**NS 25.10 ES 25.70 CBP 23.40**

**Record Holder - Simone Jacobs (Berkshire) 1984**

**Wind= +0.2**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |
|------|-----|----------------------|-----------------|-------|----------|--------|
| 1    | 21  | Keeley Little        | Devon           | 24.17 | NS       | Q      |
| 2    | 71  | Vanessa Ndambakuwa   | South Yorkshire | 24.26 | NS       | Q      |
| 3    | 54  | Makayla Brai-Aloye   | Middlesex       | 24.27 | NS       | q      |
| 4    | 33  | Grace Sikora         | Hampshire       | 24.54 | NS       | q      |
| 5    | 59  | Nuala Brennan        | Northumberland  | 25.57 | ES       | 1      |
| 6    | 49  | Emma Dalton          | London          | 25.82 |          |        |
| 7    | 84  | Florence Thomas-Male | West Midlands   | 25.97 |          |        |

**T66 SG 200 metres Final**

**NS 25.10 ES 25.70 CBP 23.40**

**Record Holder - Simone Jacobs (Berkshire) 1984**

**Wind= +0.2**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------|-------|----------|--------|
| 1    | 83  | Shaiya Kenion      | West Midlands   | 23.42 | NS       | 10     |
| 2    | 21  | Keeley Little      | Devon           | 23.48 | NS       | 9      |
| 3    | 53  | Tamilore George    | Middlesex       | 23.73 | NS       | 8      |
| 4    | 55  | Maizie Boylan      | Norfolk         | 23.78 | NS       | 7      |
| 5    | 71  | Vanessa Ndambakuwa | South Yorkshire | 23.85 | NS       | 6      |
| 6    | 54  | Makayla Brai-Aloye | Middlesex       | 24.12 | NS       | 5      |
| 7    | 33  | Grace Sikora       | Hampshire       | 24.22 | NS       | 4      |
| 8    | 73  | Sophie Hulse       | Staffordshire   | 24.60 | NS       | 3      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T17 SG 400 metres Heats**

**Heat 1**

**NS 57.00 ES 58.30 CBP 53.67**

**Record Holder - Natasha Harrison (Greater Manchester) 2018**

| Posn | Bib | Name            | County        | Perf  | ESAA Std | Points |
|------|-----|-----------------|---------------|-------|----------|--------|
| 1    | 27  | Shiloh Omotosho | Essex         | 53.95 | NS       | Q      |
| 2    | 67  | Bethany Trow    | Shropshire    | 54.29 | NS       | Q      |
| 3    | 49  | Lily-Rose Brown | London        | 56.29 | NS       | q      |
| 4    | 37  | Emiley Axtell   | Hertfordshire | 57.82 | ES       | 1      |
| 5    | 11  | Ruby Phillips   | Cheshire      | 59.08 |          |        |
| 6    | 75  | Lyric Allen     | Suffolk       | 61.17 |          |        |

**T17 SG 400 metres Heats**

**Heat 2**

**NS 57.00 ES 58.30 CBP 53.67**

**Record Holder - Natasha Harrison (Greater Manchester) 2018**

| Posn | Bib | Name               | County        | Perf  | ESAA Std | Points |
|------|-----|--------------------|---------------|-------|----------|--------|
| 1    | 39  | Charlotte McKenzie | Humberside    | 55.70 | NS       | Q      |
| 2    | 34  | Chloe Poore        | Hampshire     | 55.76 | NS       | Q      |
| 3    | 77  | Ziona Ofori        | Surrey        | 57.60 | ES       | 1      |
| 4    | 50a | Anna Koshevaya     | London        | 58.17 | ES       | 1      |
| 5    | 43  | Molly Taylor       | Lancashire    | 58.20 | ES       | 1      |
| 6    | 73  | Joyella Jeffries   | Staffordshire | 58.37 |          |        |
| 7    | 12  | Ellie Barker       | Cheshire      | 59.00 |          |        |

**T17 SG 400 metres Heats**

**Heat 3**

**NS 57.00 ES 58.30 CBP 53.67**

**Record Holder - Natasha Harrison (Greater Manchester) 2018**

| Posn | Bib | Name             | County        | Perf  | ESAA Std | Points |
|------|-----|------------------|---------------|-------|----------|--------|
| 1    | 19  | Caitlin Hadfield | Derbyshire    | 53.86 | NS       | Q      |
| 2    | 33  | Ella Hutton      | Hampshire     | 55.69 | NS       | Q      |
| 3    | 5   | Patricia Armah   | Berkshire     | 56.18 | NS       | q      |
| 4    | 50  | Gemma Algard     | London        | 57.34 | ES       | 1      |
| 5    | 83  | Ella Martin      | West Midlands | 58.17 | ES       | 1      |
| 6    | 51  | Ella Bibby       | Merseyside    | 58.37 |          |        |
| 7    | 53  | Ella Buckley     | Middlesex     | 58.70 |          |        |

**T84 SG 400 metres Final**

**NS 57.00 ES 58.30 CBP 53.67**

**Record Holder - Natasha Harrison (Greater Manchester) 2018**

| Posn | Bib | Name               | County     | Perf  | ESAA Std | Points |
|------|-----|--------------------|------------|-------|----------|--------|
| 1    | 27  | Shiloh Omotosho    | Essex      | 53.97 | NS       | 10     |
| 2    | 19  | Caitlin Hadfield   | Derbyshire | 54.07 | NS       | 9      |
| 3    | 67  | Bethany Trow       | Shropshire | 55.26 | NS       | 8      |
| 4    | 34  | Chloe Poore        | Hampshire  | 55.99 | NS       | 7      |
| 5    | 39  | Charlotte McKenzie | Humberside | 56.08 | NS       | 6      |
| 6    | 5   | Patricia Armah     | Berkshire  | 56.14 | NS       | 5      |
| 7    | 33  | Ella Hutton        | Hampshire  | 56.73 | NS       | 4      |

Points awarded include additional points (ESAA standards NS & ES) from heats,



**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T38 SG 800 metres Heats**

**Heat 1**

**NS 2:12.00 ES 2:14.00 CBP 2:04.40**

**Record Holder - Khahisa Mhlanga (Essex) 2017**

| Posn | Num | Name              | County             | Perf    | ESAA Std | Points |
|------|-----|-------------------|--------------------|---------|----------|--------|
| 1    | 29  | Millie Cossins    | Gloucestershire    | 2:13.53 | ES       | Q      |
| 2    | 47  | Mollie Grant      | Lincolnshire       | 2:13.54 | ES       | Q      |
| 3    | 31  | Imogen Hill       | Greater Manchester | 2:14.33 |          |        |
| 4    | 80  | Angelina Diacci   | Sussex             | 2:17.04 |          |        |
| 5    | 86  | Rosie Thistlewood | West Yorkshire     | 2:17.07 |          |        |
| 6    | 70  | Gemma Tolputt     | Somerset           | 2:20.99 |          |        |
| 7    | 76  | Bella Taylor      | Suffolk            | 2:23.57 |          |        |

**T38 SG 800 metres Heats**

**Heat 2**

**NS 2:12.00 ES 2:14.00 CBP 2:04.40**

**Record Holder - Khahisa Mhlanga (Essex) 2017**

| Posn | Num | Name          | County          | Perf    | ESAA Std | Points |
|------|-----|---------------|-----------------|---------|----------|--------|
| 1    | 1   | Holly Sanigar | Avon            | 2:09.81 | NS       | Q      |
| 2    | 53  | Posie Shaw    | Middlesex       | 2:09.95 | NS       | Q      |
| 3    | 75  | Lily Burton   | Suffolk         | 2:10.19 | NS       | q      |
| 4    | 80a | Emily Carman  | Sussex          | 2:10.69 | NS       | q      |
| 5    | 50  | Orla Wright   | London          | 2:10.92 | NS       | 2      |
| 6    | 83  | Kiera Nee     | West Midlands   | 2:14.66 |          |        |
| 7    | 71  | Layla Roden   | South Yorkshire | 2:16.32 |          |        |

**T38 SG 800 metres Heats**

**Heat 3**

**NS 2:12.00 ES 2:14.00 CBP 2:04.40**

**Record Holder - Khahisa Mhlanga (Essex) 2017**

| Posn | Num | Name                   | County          | Perf    | ESAA Std | Points |
|------|-----|------------------------|-----------------|---------|----------|--------|
| 1    | 79  | Grace Tuesday          | Sussex          | 2:10.81 | NS       | Q      |
| 2    | 85  | Nia Harrison-Sargent   | West Yorkshire  | 2:11.60 | NS       | Q      |
| 3    | 33  | Emerson Churcher       | Hampshire       | 2:12.25 | ES       | 1      |
| 4    | 11  | Eva Jha                | Cheshire        | 2:14.74 |          |        |
| 5    | 61  | Sophie Robertson-dover | North Yorkshire | 2:14.91 |          |        |
| 6    | 5   | Georgina Langdon       | Berkshire       | 2:15.69 |          |        |
| 7    | 49  | Elena Oliphant         | London          | 2:17.30 |          |        |
| 8    | 69  | Olivia Morgan          | Somerset        | 2:20.92 |          |        |

**T74 SG 800 metres Final**

**NS 2:12.00 ES 2:14.00 CBP 2:04.40**

**Record Holder - Khahisa Mhlanga (Essex) 2017**

| Posn | Num | Name                 | County          | Perf    | ESAA Std | Points |
|------|-----|----------------------|-----------------|---------|----------|--------|
| 1    | 1   | Holly Sanigar        | Avon            | 2:09.28 | NS       | 10     |
| 2    | 47  | Mollie Grant         | Lincolnshire    | 2:10.38 | NS       | 9      |
| 3    | 75  | Lily Burton          | Suffolk         | 2:10.94 | NS       | 8      |
| 4    | 53  | Posie Shaw           | Middlesex       | 2:11.40 | NS       | 7      |
| 5    | 29  | Millie Cossins       | Gloucestershire | 2:13.08 | ES       | 5      |
| 6    | 85  | Nia Harrison-Sargent | West Yorkshire  | 2:13.31 | ES       | 5      |
| 7    | 79  | Grace Tuesday        | Sussex          | 2:15.51 |          | 4      |
| 8    | 80a | Emily Carman         | Sussex          | 2:23.71 |          | 3      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T42 SG 1500 metres Heats**

**Heat 1**

**NS 4:33.00 ES 4:42.00 CBP 4:15.08**

**Record Holder - Amy Griffiths (Leics) 2014**

| Posn | Num | Name               | County               | Perf    | ESAA Std | Points |
|------|-----|--------------------|----------------------|---------|----------|--------|
| 1    | 51  | Holly Cross        | Merseyside           | 4:33.37 | ES       | Q      |
| 2    | 34  | Florence East      | Hampshire            | 4:33.64 | ES       | Q      |
| 3    | 81  | Olivia McGhee      | Warwickshire         | 4:34.84 | ES       | Q      |
| 4    | 48  | Ellarose Whitworth | Lincolnshire         | 4:35.17 | ES       | Q      |
| 5    | 85  | Maisey Bellwood    | West Yorkshire       | 4:35.64 | ES       | Q      |
| 6    | 65  | Isla McGowan       | Oxfordshire          | 4:36.47 | ES       | Q      |
| 7    | 93  | Tilly Black        | United Arab Emirates | 4:40.13 | ES       | 1      |
| 8    | 21  | Olivia Steer       | Devon                | 4:41.02 | ES       | 1      |
| 9    | 11  | Imogen Wharton     | Cheshire             | 4:45.91 |          |        |
| 10   | 29  | Ella Spencer       | Gloucestershire      | 4:47.36 |          |        |
| 11   | 5   | Yasmin Grant       | Berkshire            | 4:55.78 |          |        |

**T42 SG 1500 metres Heats**

**Heat 2**

**NS 4:33.00 ES 4:42.00 CBP 4:15.08**

**Record Holder - Amy Griffiths (Leics) 2014**

| Posn | Num | Name                         | County                     | Perf    | ESAA Std | Points |
|------|-----|------------------------------|----------------------------|---------|----------|--------|
| 1    | 33  | Imogen Edwards               | Hampshire                  | 4:38.86 | ES       | Q      |
| 2    | 45  | Violet Rudkin                | Leicestershire and Rutland | 4:39.42 | ES       | Q      |
| 3    | 47  | Isla Porter                  | Lincolnshire               | 4:39.71 | ES       | Q      |
| 4    | 27  | Lottie Wilkin                | Essex                      | 4:40.35 | ES       | Q      |
| 5    | 6   | Marnie Fieldsend             | Berkshire                  | 4:40.51 | ES       | Q      |
| 6    | 71  | Graiagh Turner               | South Yorkshire            | 4:42.11 |          | Q      |
| 7    | 73  | Tilly Thursfield             | Staffordshire              | 4:43.77 |          |        |
| 8    | 31  | Scarlett Hutchinson Thompson | Greater Manchester         | 4:49.62 |          |        |
| 9    | 72  | Grace Igoe                   | South Yorkshire            | 4:52.29 |          |        |
| 10   | 57  | Libby Freeland               | Northamptonshire           | 4:57.35 |          |        |
| 11   | 19  | Iris Clarke                  | Derbyshire                 | 5:00.81 |          |        |

**T101 SG 1500 metres Final**

**NS 4:33.00 ES 4:42.00 CBP 4:15.08**

**Record Holder - Amy Griffiths (Leics) 2014**

| Posn | Num | Name               | County                     | Perf    | ESAA Std | Points |
|------|-----|--------------------|----------------------------|---------|----------|--------|
| 1    | 81  | Olivia McGhee      | Warwickshire               | 4:28.63 | NS       | 10     |
| 2    | 51  | Holly Cross        | Merseyside                 | 4:29.00 | NS       | 9      |
| 3    | 45  | Violet Rudkin      | Leicestershire and Rutland | 4:29.85 | NS       | 8      |
| 4    | 33  | Imogen Edwards     | Hampshire                  | 4:29.96 | NS       | 7      |
| 5    | 34  | Florence East      | Hampshire                  | 4:32.69 | NS       | 6      |
| 6    | 48  | Ellarose Whitworth | Lincolnshire               | 4:36.08 | ES       | 4      |
| 7    | 86  | Poppy Henson       | West Yorkshire             | 4:36.97 | ES       | 3      |
| 8    | 47  | Isla Porter        | Lincolnshire               | 4:37.55 | ES       | 2      |
| 9    | 27  | Lottie Wilkin      | Essex                      | 4:39.55 | ES       | 1      |
| 10   | 71  | Graiagh Turner     | South Yorkshire            | 4:42.89 |          |        |
| 11   | 6   | Marnie Fieldsend   | Berkshire                  | 4:47.97 |          | 1      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T49 SG 3000 metres Final**

**NS 9:53.00 ES 10:12.00 CBP 8:58.85**

**Record Holder - Innes Fitzgerald (Devon) 2024**

**Wind=**

| Posn | Num | Name                     | County             | Perf     | ESAA Std | Points |
|------|-----|--------------------------|--------------------|----------|----------|--------|
| 1    | 21  | Eleanor Foster           | Devon              | 9:38.58  | NS       | 10     |
| 2    | 5   | Lizzy Sheridan           | Berkshire          | 9:46.02  | NS       | 9      |
| 3    | 80  | Molly Smithers           | Sussex             | 9:49.80  | NS       | 8      |
| 4    | 29  | Ruth Brook               | Gloucestershire    | 10:03.52 | ES       | 6      |
| 5    | 47  | Faith Taylor             | Lincolnshire       | 10:07.49 | ES       | 5      |
| 6    | 27  | Keira Shaw               | Essex              | 10:08.06 | ES       | 4      |
| 7    | 17  | Rose Gilldaley           | Cumbria            | 10:08.69 | ES       | 3      |
| 8    | 49  | Arabella Nichol          | London             | 10:10.65 | ES       | 2      |
| 9    | 79  | Freda Pearce             | Sussex             | 10:15.17 |          |        |
| 10   | 11  | Nancy Farmer             | Cheshire           | 10:16.29 |          |        |
| 11   | 77  | Sabrina Coppola-johansen | Surrey             | 10:17.45 |          |        |
| 12   | 1   | Estelle Lowe             | Avon               | 10:23.50 |          |        |
| 13   | 31  | Isobel Hall              | Greater Manchester | 10:31.35 |          |        |

**T69 SG 1500m S/C 76.2cm Final**

**NS 5:10.00 ES 5:17.00 CBP 4:40.23**

**Record Holder - Victoria Weir (Devon) 2016**

| Posn | Num | Name              | County             | Perf    | ESAA Std | Points |
|------|-----|-------------------|--------------------|---------|----------|--------|
| 1    | 79  | Ava James         | Sussex             | 4:46.74 | NS       | 10     |
| 2    | 31  | Jasmine Wright    | Greater Manchester | 4:56.52 | NS       | 9      |
| 3    | 80  | Alice Cox         | Sussex             | 4:56.78 | NS       | 8      |
| 4    | 32  | Darcy Slattery    | Greater Manchester | 5:00.18 | NS       | 7      |
| 5    | 89  | Eleanor Jamieson  | Channel Islands    | 5:00.66 | NS       | 6      |
| 6    | 77  | Imogen Freeman    | Surrey             | 5:01.32 | NS       | 5      |
| 7    | 69  | Daisy Davies      | Somerset           | 5:06.65 | NS       | 4      |
| 8    | 78  | Katie Ealden      | Surrey             | 5:12.80 | ES       | 2      |
| 9    | 1   | Poppy FEASEY      | AVON               | 5:13.39 | ES       | 1      |
| 10   | 49  | Monika Panoutsou  | London             | 5:15.62 | ES       | 1      |
| 11   | 3   | Katherine Sinnott | Bedfordshire       | 5:25.97 |          |        |
| 12   | 41  | Niamh Stanley     | Kent               | 5:28.17 |          |        |
| 13   | 7   | Natasha Freeland  | Buckinghamshire    | 5:34.32 |          |        |
| 14   | 5   | Martha Brennan    | Berkshire          | 5:38.74 |          |        |

**T8 U19W 100 metres Hurdles (84.0cm) He: Heat 1**

**NS 14.80 ES 15.50 CBP 0.00**

**Record Holder - Leslie-Ann Skeete (Somerset) 1986**

**Wind=**

**-1.6**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points   |
|------|-----|--------------------|--------------------|-------|----------|----------|
| 1    | 9   | Leah Wagstaff      | Cambridgeshire     | 14.09 | NS       | <i>Q</i> |
| 2    | 87  | Laila-Jae Belgrave | Wiltshire          | 15.01 | ES       | <i>Q</i> |
| 3    | 51  | Sadie Madigan      | Merseyside         | 15.06 | ES       | <i>Q</i> |
| 4    | 67  | Grace Gray         | Shropshire         | 15.57 |          | <i>q</i> |
| 5    | 31  | Jemima Miles       | Greater Manchester | 15.72 |          |          |
| 6    | 26  | Tilly Lodge        | Durham             | 16.87 |          |          |

**T8 U19W 100 metres Hurdles (84.0cm) He: Heat 2**

**NS 14.80 ES 15.50 CBP 0.00**

**Record Holder - Leslie-Ann Skeete (Somerset) 1986**

**Wind=**

**-2.6**

| Posn | Bib | Name               | County    | Perf  | ESAA Std | Points   |
|------|-----|--------------------|-----------|-------|----------|----------|
| 1    | 41  | Lily Gayle         | Kent      | 14.81 | ES       | <i>Q</i> |
| 2    | 25  | Maria Gordon       | Durham    | 14.88 | ES       | <i>Q</i> |
| 3    | 33  | REBEKAH SMITH      | Hampshire | 15.26 | ES       | <i>Q</i> |
| 4    | 49  | Kazia Asiedu boafu | London    | 15.44 | ES       | <i>q</i> |
| 5    | 53  | Asia Emanuel       | Middlesex | 15.91 |          |          |

**ESAA T&F Championships**  
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**T50 U19W 100 metres Hurdles (84.0cm) Final**

**NS 14.80 ES 15.50 CBP 0.00**

**Record Holder - Leslie-Ann Skeete (Somerset) 1986**

**Wind=**

**+1.2**

| Posn | Bib | Name               | County         | Perf  | ESAA Std | Points |
|------|-----|--------------------|----------------|-------|----------|--------|
| 1    | 9   | Leah Wagstaff      | Cambridgeshire | 13.73 | NS       | 10     |
| 2    | 41  | Lily Gayle         | Kent           | 14.02 | NS       | 9      |
| 3    | 25  | Maria Gordon       | Durham         | 14.45 | NS       | 8      |
| 4    | 51  | Sadie Madigan      | Merseyside     | 14.60 | NS       | 7      |
| 5    | 67  | Grace Gray         | Shropshire     | 14.88 | ES       | 5      |
| 6    | 49  | Kazia Asiedu boafa | London         | 15.22 | ES       | 4      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T89 SG U19W 400 metres Hurdles (76.2cm) Final**

**NS 64.50 ES 66.00 CBP 0.00**

**Record Holder - Hayley McLean (Essex) 2013**

| Posn | Bib | Name             | County          | Perf  | ESAA Std | Points |
|------|-----|------------------|-----------------|-------|----------|--------|
| 1    | 59  | Senna Gorvett    | Northumberland  | 62.81 | NS       | 10     |
| 2    | 77  | Gracelyn Kendeck | Surrey          | 63.24 | NS       | 9      |
| 3    | 50  | Mieke Ashworth   | London          | 64.33 | NS       | 8      |
| 4    | 21  | Becky Milliner   | Devon           | 64.60 | ES       | 6      |
| 5    | 5   | Anna Delavere    | Berkshire       | 65.27 | ES       | 5      |
| 6    | 49  | Gabriella Noyce  | London          | 66.35 |          | 3      |
| 7    | 61  | Olivia Tweddle   | North Yorkshire | 68.08 |          | 2      |
| 8    | 22  | Mia Forbes       | Devon           | 70.30 |          | 1      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T34 SG Relay 4 x 100m Final**

**NS 48.50 ES 49.00 CBP 46.43**

**Record Holder - (Essex) 2019**

| Posn | Bib | Name | County             | Perf  | ESAA Std    | Points |
|------|-----|------|--------------------|-------|-------------|--------|
| 1    | 53  |      | Middlesex          | 46.20 | NS / Record | 10     |
| 2    | 41  |      | Kent               | 46.62 | NS          | 9      |
| 3    | 77  |      | Surrey             | 46.63 | NS          | 8      |
| 4    | 49  |      | London             | 47.06 | NS          | 7      |
| 5    | 31  |      | Greater Manchester | 48.66 | ES          | 5      |
| 6    | 5   |      | Berkshire          | 49.75 |             | 3      |
| 7    | 79  |      | Sussex             | 52.85 |             | 2      |
| 8    | 37  |      | Hertfordshire      | DNF   |             |        |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T78 Senior Mixed Relay 4 x 100m Heats**

**Heat 1**

**NS 45.50 ES 47.00 CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points |
|------|-----|------|-----------------|-------|----------|--------|
| 1    | 81  |      | Warwickshire    | 44.83 | NS       | Q      |
| 2    | 73  |      | Staffordshire   | 45.21 | NS       | Q      |
| 3    | 63  |      | Nottinghamshire | 45.21 | NS       | q      |
| 4    | 43  |      | Lancashire      | 45.60 | ES       | q      |
| 5    | 59  |      | Northumberland  | 45.68 | ES       | 0.5    |
| 6    | 75  |      | Suffolk         | 47.04 |          |        |

**T78 Senior Mixed Relay 4 x 100m Heats**

**Heat 2**

**NS 45.50 ES 47.00 CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points |
|------|-----|------|-----------------|-------|----------|--------|
| 1    | 55  |      | Norfolk         | 44.88 | NS       | Q      |
| 2    | 11  |      | Cheshire        | 45.25 | NS       | Q      |
| 3    | 21  |      | Devon           | 45.71 | ES       | 0.5    |
| 4    | 65  |      | Oxfordshire     | 47.05 |          |        |
| 5    | 71  |      | South Yorkshire | 47.37 |          |        |
| 6    | 19  |      | Derbyshire      | 47.92 |          |        |
| 7    | 25  |      | Durham          | DNF   |          |        |

**T78 Senior Mixed Relay 4 x 100m Heats**

**Heat 3**

**NS 45.50 ES 47.00 CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points |
|------|-----|------|-----------------|-------|----------|--------|
| 1    | 51  |      | Merseyside      | 43.73 | NS       | Q      |
| 2    | 69  |      | Somerset        | 46.86 | ES       | Q      |
| 3    | 15  |      | Cornwall        | 46.86 | ES       | 0.5    |
| 4    | 67  |      | Shropshire      | 47.11 |          |        |
| 5    | 85  |      | West Yorkshire  | 47.18 |          |        |
| 6    | 61  |      | North Yorkshire | 47.64 |          |        |

**T97 Senior Mixed Relay 4 x 100m Final**

**NS 45.50 ES 47.00 CBP 44.21**

**Record Holder - 0**

| Posn     | Bib       | Name | County            | Perf         | ESAA Std          | Points |
|----------|-----------|------|-------------------|--------------|-------------------|--------|
| <b>1</b> | <b>51</b> |      | <b>Merseyside</b> | <b>43.63</b> | <b>NS/ Record</b> | 5      |
| 2        | 11        |      | Cheshire          | 43.83        | NS                | 4.5    |
| 3        | 81        |      | Warwickshire      | 44.39        | NS                | 4      |
| 4        | 55        |      | Norfolk           | 44.43        | NS                | 3.5    |
| 5        | 43        |      | Lancashire        | 44.62        | NS                | 3      |
| 6        | 73        |      | Staffordshire     | 44.77        | NS                | 2.5    |
| 7        | 63        |      | Nottinghamshire   | 44.96        | NS                | 2      |
| 8        | 69        |      | Somerset          | 47.63        |                   | 1      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
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**F32 SG Long Jump**

**NS 5.60 ES 5.50 CBP 6.65**

**Record Holder - Fiona May (Merseyside) 1989**

| Posn | Bib | Name                   | County             | Perf | ESAA Std | Points | Wind |
|------|-----|------------------------|--------------------|------|----------|--------|------|
| 1    | 41  | Isabella Amartey       | Kent               | 5.80 | NS       | 10     |      |
| 2    | 27  | Alice Coshell          | Essex              | 5.70 | NS       | 9      |      |
| 3    | 31  | Amy Hewitt             | Greater Manchester | 5.68 | NS       | 8      |      |
| 4    | 7   | Thaila-Jade Mason      | Buckinghamshire    | 5.62 | NS       | 7      |      |
| 5    | 15  | Cara Ellis             | Cornwall           | 5.54 | ES       | 5      |      |
| 6    | 16  | Elodie Partington-Nash | Cornwall           | 5.34 |          | 3      |      |
| 7    | 61  | Isabel Dalton          | North Yorkshire    | 5.34 |          | 2      |      |
| 8    | 32  | Amy HEWITT             | GREATER MANCHESTER | 5.22 |          | 1      |      |
| 9    | 19  | Isla Hiscocks          | Derbyshire         | 5.21 |          |        |      |
| 10   | 20  | Lottie Woodward        | Derbyshire         | 5.12 |          |        |      |

**F20 SG Triple Jump**

**NS 11.40 ES 11.10 CBP 12.88**

**Record Holder - Temi Ojora (Bedfordshire) 2019**

| Posn | Bib | Name              | County          | Perf  | ESAA Std | Points | Wind |
|------|-----|-------------------|-----------------|-------|----------|--------|------|
| 1    | 41  | Qi-Chi Ukpai      | Kent            | 12.70 | NS       | 10     |      |
| 2    | 79  | Jaiten Best       | Sussex          | 12.38 | NS       | 9      |      |
| 3    | 77  | Angelica Kirby    | Surrey          | 12.28 | NS       | 8      |      |
| 4    | 7   | Maria McMullan    | Buckinghamshire | 11.83 | NS       | 7      |      |
| 5    | 33  | Florence Watling  | Hampshire       | 11.61 | NS       | 6      |      |
| 6    | 5   | Isabella Winslade | Berkshire       | 11.49 | NS       | 5      |      |
| 7    | 27  | Nereci Da Silva   | Essex           | 11.47 | NS       | 4      |      |
| 8    | 67  | Kadisha Nwachukwu | Shropshire      | 11.09 |          | 1      |      |
| 9    | 61  | Zoe Bind          | North Yorkshire | 10.86 |          |        |      |
| 10   | 91  | Jessica Schreuder | Isle Of Man     | 10.48 |          |        |      |
| 11   | 25  | Linnea Eriksson   | Durham          | 10.22 |          |        |      |

**F34 SG High Jump**

**NS 1.72 ES 1.66 CBP 1.88**

**Record Holder - Vikki Hubbard (Leicestershire) 2006**

| Posn | Bib | Name           | County          | Perf | ESAA Std | Points |
|------|-----|----------------|-----------------|------|----------|--------|
| 1    | 77  | Carmen Rose    | Surrey          | 1.78 | NS       | 10     |
| 2    | 37  | Dahlia Corp    | Hertfordshire   | 1.75 | NS       | 9      |
| 3    | 83  | Daisy Burton   | West Midlands   | 1.72 | NS       | 8      |
| 4    | 29  | Isla Pain      | Gloucestershire | 1.69 | ES       | 6      |
| 5    | 1   | Evie Moir      | Avon            | 1.69 | ES       | 5      |
| 6    | 63  | Nina McEachran | Nottinghamshire | 1.66 | ES       | 4      |
| 7    | 78  | Minna Williams | Surrey          | 1.66 | ES       | 3      |
| 8    | 33  | Rosie Lewis    | Hampshire       | 1.63 |          | 1      |
| 9    | 5   | Maddy Vietz    | Berkshire       | 1.53 |          |        |

**F31 SG Pole Vault**

**NS 3.50 ES 3.20 CBP 4.21**

**Record Holder - Sophie Ashurst (Sussex) 2021**

| Posn | Bib | Name                  | County             | Perf | ESAA Std | Points |
|------|-----|-----------------------|--------------------|------|----------|--------|
| 1    | 77  | Madeleine Dodd        | Surrey             | 3.65 | NS       | 10     |
| 2    | 7   | Lilianne Jarvis-Allan | Buckinghamshire    | 3.55 | NS       | 9      |
| 3    | 78  | Sophia McCart         | Surrey             | 3.55 | NS       | 8      |
| 4    | 29  | Arisa Burgess         | Gloucestershire    | 3.55 | NS       | 7      |
| 5    | 37  | Isabella Turner       | Hertfordshire      | 3.55 | NS       | 6      |
| 6    | 79  | Ava Hayes             | Sussex             | 3.40 | ES       | 4      |
| 7    | 80  | Alice Johnston        | Sussex             | 3.40 | ES       | 3      |
| 8=   | 31  | Claudia Berry         | Greater Manchester | 3.20 | ES       | 1.5    |
| 8=   | 33  | Lexie Trott           | Hampshire          | 3.20 | ES       | 1.5    |
| 8=   | 83  | Ella Wilkinson        | West Midlands      | 3.20 | ES       | 1.5    |
| 11   | 65  | Jess Slater           | Oxfordshire        | 3.20 | ES       | 1      |
| 12   | 91  | Lara Smith            | Isle Of Man        | 3.20 | ES       | 1      |
| 13   | 32  | Onatejiro Odudu       | Greater Manchester | 3.00 |          |        |

**ESAA T&F Championships**  
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**F16 SG Shot 4Kg**

**NS 11.40 ES 10.50 CBP 15.65**

**Record Holder - Eden Francis (London) 2007**

| Posn | Bib | Name                | County             | Perf  | ESAA Std | Points |
|------|-----|---------------------|--------------------|-------|----------|--------|
| 1    | 31  | Alani Dumbuya       | Greater Manchester | 15.29 | NS       | 10     |
| 2    | 32  | Yasmin Baker        | Greater Manchester | 13.03 | NS       | 9      |
| 3    | 53  | Kerisha Patterson   | Middlesex          | 12.34 | NS       | 8      |
| 4    | 77  | Keira Oxley         | Surrey             | 11.88 | NS       | 7      |
| 5    | 83  | Imogen Lane         | West Midlands      | 11.31 | ES       | 5      |
| 6    | 23  | Ella Reece          | Dorset             | 11.16 | ES       | 4      |
| 7    | 85  | Abigail Kingston    | West Yorkshire     | 10.76 | ES       | 3      |
| 8    | 63  | Rubie Slater-Rowley | Nottinghamshire    | 10.39 |          | 1      |
| 9    | 33  | Eve Mengham         | Hampshire          | 10.26 |          |        |
| 10   | 49  | Isabelle Stamp      | London             | 10.19 |          |        |
| 11   | 5   | Kanma Dozie         | Berkshire          | 10.08 |          |        |
| 12   | 55  | Charlotte Gilding   | Norfolk            | 9.76  |          |        |
| 13   | 17  | Thia Grice-Chiula   | Cumbria            | 9.46  |          |        |

**F27 SG Javelin 600g**

**NS 40.00 ES 37.00 CBP 52.68**

**Record Holder - Harriet Court (Kent) 2025**

| Posn | Bib | Name                    | County          | Perf  | ESAA Std | Points |
|------|-----|-------------------------|-----------------|-------|----------|--------|
| 1    | 11  | Harriet Wheeler         | Cheshire        | 50.54 | NS       | 10     |
| 2    | 41  | Harriet Court           | Kent            | 47.06 | NS       | 9      |
| 3    | 71  | Scarlette Slater-Rowley | South Yorkshire | 44.79 | NS       | 8      |
| 4    | 33  | Abigail MCBRIAR         | HAMPSHIRE       | 40.29 | NS       | 7      |
| 5    | 25  | Skye Marshall           | Durham          | 40.04 | NS       | 6      |
| 6    | 77  | Elise Christian         | Surrey          | 37.79 | ES       | 4      |
| 7    | 69  | Ellie Roe               | Somerset        | 37.70 | ES       | 3      |
| 8    | 55  | Aggie Long              | Norfolk         | 36.97 |          | 1      |
| 9    | 79  | Olina Chatfield         | Sussex          | 35.52 |          |        |
| 10   | 21  | Evie Palmer             | Devon           | 35.28 |          |        |
| 11   | 63  | Penelope Thornton       | Nottinghamshire | 33.83 |          |        |
| 12   | 19  | Freya Kirby             | Derbyshire      | 31.70 |          |        |
| 13   | 17  | Zara Armstrong          | Cumbria         | 27.41 |          |        |

**F42 SG Discus 1Kg**

**NS 39.00 ES 35.00 CBP 52.74**

**Record Holder - Claire Smithson (Sussex) 2001**

| Posn | Bib | Name            | County        | Perf  | ESAA Std | Points |
|------|-----|-----------------|---------------|-------|----------|--------|
| 1    | 53  | Elkie Baker     | Middlesex     | 42.44 | NS       | 10     |
| 2    | 77  | Matilda Farrar  | Surrey        | 39.41 | NS       | 9      |
| 3    | 33  | Bethany Mballa  | Hampshire     | 38.43 | ES       | 7      |
| 4    | 39  | Amelia Fraser   | Humberside    | 37.11 | ES       | 6      |
| 5    | 40  | Matilda Wright  | Humberside    | 36.84 | ES       | 5      |
| 6    | 49  | Neva Jansen     | London        | 36.60 | ES       | 4      |
| 7    | 27  | Matilda Hewitt  | Essex         | 36.53 | ES       | 3      |
| 8    | 37  | Alana Thomas    | Hertfordshire | 32.73 |          | 1      |
| 9    | 15  | Charlotte Doney | Cornwall      | 32.31 |          |        |
| 10   | 87  | Kaitlin Miller  | Wiltshire     | 31.51 |          |        |
| 11   | 25  | Lottie Graves   | Durham        | 31.31 |          |        |

**ESAA T&F Championships**  
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**F46 SG Hammer 4Kg**

**NS 47.00 ES 42.00 CBP 61.65**

**Record Holder - Sophie Hitchon (Essex) 2009**

| Posn | Bib | Name               | County             | Perf  | ESAA Std | Points |
|------|-----|--------------------|--------------------|-------|----------|--------|
| 1    | 61  | Ella McIntosh      | North Yorkshire    | 54.54 | NS       | 10     |
| 2    | 79  | Alice Howie        | Sussex             | 54.11 | NS       | 9      |
| 3    | 21  | Tegan Brown        | Devon              | 50.72 | NS       | 8      |
| 4    | 31  | Jessica Wilkins    | Greater Manchester | 48.85 | NS       | 7      |
| 5    | 11  | Kara Stoll         | Cheshire           | 45.16 | ES       | 5      |
| 6    | 27  | Laureen Okoghenu   | Essex              | 44.83 | ES       | 4      |
| 7    | 77  | Evelyn Bosoko      | Surrey             | 43.69 | ES       | 3      |
| 8    | 55  | Lilymae Coote      | Norfolk            | 41.02 |          | 1      |
| 9    | 38  | Keira Lake-Bryan   | Hertfordshire      | 38.92 |          |        |
| 10   | 59  | Alexandria Hodgson | Northumberland     | 38.38 |          |        |

**T11 SB 100 metres Heats**

**Heat 1**

**NS 10.80 ES 10.90 CBP 10.40**

**Record Holder - Michael Powell (London) 1980**

**Wind=**

**+1.4**

| Posn | Bib | Name             | County             | Perf  | ESAA Std | Points |
|------|-----|------------------|--------------------|-------|----------|--------|
| 1    | 54  | Owen Keenlyside  | Middlesex          | 10.52 | NS       | Q      |
| 2    | 28a | Joel Ajayi       | Essex              | 10.62 | NS       | q      |
| 3    | 33  | Jamie Goldsmith  | Hampshire          | 10.79 | NS       | 2      |
| 4    | 11  | Oliver Johnson   | Cheshire           | 10.82 | ES       | 1      |
| 5    | 31  | Maxwell Ormston  | Greater Manchester | 10.87 | ES       | 1      |
| 6    | 68  | Daniel Wood      | Shropshire         | 10.92 |          |        |
| 7    | 25  | Abdullah Djabali | Durham             | 11.02 |          |        |
| 8    | 65  | Charlie Palmer   | Oxfordshire        | 11.11 |          |        |
| 9    | 54  | Owen Keenlyside  | Middlesex          | DQ    |          |        |

**T11 SB 100 metres Heats**

**Heat 2**

**NS 10.80 ES 10.90 CBP 10.40**

**Record Holder - Michael Powell (London) 1980**

**Wind=**

**+0.9**

| Posn | Bib | Name                     | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------------|-----------------|-------|----------|--------|
| 1    | 29  | James Arminio            | Gloucestershire | 10.52 | NS       | Q      |
| 2    | 49  | Luke Lo                  | London          | 10.59 | NS       | q      |
| 3    | 85  | Morgan Downes            | West Yorkshire  | 10.81 | ES       | 1      |
| 4    | 78a | James O'Flynn            | Surrey          | 10.83 | ES       | 1      |
| 5    | 72  | Ethan Ochieng            | South Yorkshire | 10.87 | ES       | 1      |
| 6    | 17  | Daniel Cattermole        | Cumbria         | 11.00 |          |        |
| 7    | 73  | Kris Greenaway           | Staffordshire   | 11.01 |          |        |
| 8    | 69  | Evan Ukachu              | Somerset        | 11.37 |          |        |
| 9    | 28  | Emmanuel Asirifi-otchere | Essex           | 11.48 |          |        |

**T11 SB 100 metres Heats**

**Heat 3**

**NS 10.80 ES 10.90 CBP 10.40**

**Record Holder - Michael Powell (London) 1980**

**Wind=**

**+1.6**

| Posn | Bib | Name               | County                     | Perf  | ESAA Std   | Points |
|------|-----|--------------------|----------------------------|-------|------------|--------|
| 1    | 51  | Alec Williamson    | Merseyside                 | 10.31 | NS/ Record | Q      |
| 2    | 53  | Tyler Thompson     | Middlesex                  | 10.40 | NS         | q      |
| 3    | 61  | Seb Goodridge      | North Yorkshire            | 10.90 | ES         | 1      |
| 4    | 21  | David Oldfield     | Devon                      | 10.93 |            |        |
| 5    | 55  | Alecks Whyte       | Norfolk                    | 10.97 |            |        |
| 6    | 37  | Charlie Williamson | Hertfordshire              | 11.07 |            |        |
| 7    | 45  | Claude Botchway    | Leicestershire and Rutland | 11.20 |            |        |

**T11 SB 100 metres Heats**

**Heat 4**

**NS 10.80 ES 10.90 CBP 10.40**

**Record Holder - Michael Powell (London) 1980**

**Wind=**

**-0.2**

| Posn | Bib | Name                | County                     | Perf  | ESAA Std | Points |
|------|-----|---------------------|----------------------------|-------|----------|--------|
| 1    | 83  | Mayo Alabi          | West Midlands              | 10.54 | NS       | Q      |
| 2    | 77  | Farrell Fabusiwa    | Surrey                     | 10.58 | NS       | q      |
| 3    | 27  | James Becker        | Essex                      | 10.69 | NS       | 2      |
| 4    | 52  | Josh Tan            | Merseyside                 | 10.74 | NS       | 2      |
| 5    | 54a | Zachary Bindon-Goss | Middlesex                  | 10.86 | ES       | 1      |
| 6    | 5   | Aydin Bailey        | Berkshire                  | 10.89 | ES       | 1      |
| 7    | 79  | Tayan MUTAGAYA      | Sussex                     | 10.97 |          |        |
| 8    | 43  | Matthew Wheatley    | Lancashire                 | 11.07 |          |        |
| 9    | 46  | Hayden Jeffs        | Leicestershire and Rutland | 11.32 |          |        |



**ESAA T&F Championships**  
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**T61 SB 100 metres Final**

**NS 10.80 ES 10.90 CBP 10.40**

**Record Holder - Michael Powell (London) 1980**

**Wind= +0.3**

| Posn | Bib | Name             | County          | Perf  | ESAA Std | Points |
|------|-----|------------------|-----------------|-------|----------|--------|
| 1    | 29  | James Arminio    | Gloucestershire | 10.45 | NS       | 10     |
| 2    | 53  | Tyler Thompson   | Middlesex       | 10.50 | NS       | 9      |
| 3    | 51  | Alec Williamson  | Merseyside      | 10.56 | NS       | 8      |
| 4    | 77  | Farrell Fabusiwa | Surrey          | 10.63 | NS       | 7      |
| 5    | 54  | Owen Keenlyside  | Middlesex       | 10.76 | NS       | 6      |
| 6    | 49  | Luke Lo          | London          | 10.81 | ES       | 5      |
| 7    | 28a | Joel Ajayi       | Essex           | DQ    |          | 2      |
| 8    | 83  | Mayo Alabi       | West Midlands   | DQ    |          | 2      |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**T48 SB 200 metres Heats**

**Heat 1**

**NS 21.90 ES 22.20 CBP 20.85**

**Record Holder - Ethan Franklin (Essex) 2025**

**Wind= -0.1**

| Posn | Bib | Name                | County           | Perf  | ESAA Std | Points |
|------|-----|---------------------|------------------|-------|----------|--------|
| 1    | 78  | Adam Ofeimun        | Surrey           | 21.19 | NS       | Q      |
| 2    | 44  | Alistair Sharrock   | Lancashire       | 21.53 | NS       | q      |
| 3    | 3   | Khyan Markland      | Bedfordshire     | 21.78 | NS       | q      |
| 4    | 85  | Jack Keeble-Cavuoto | West Yorkshire   | 21.98 | ES       | 1      |
| 5    | 57  | Isaac Lloyd-Uzoegbu | Northamptonshire | 22.00 | ES       | 1      |
| 6    | 29  | Dan Jackson Osborne | Gloucestershire  | 22.25 |          |        |
| 7    | 39  | Alexander Clarke    | Humberside       | 22.70 |          |        |
| 8    | 75  | Lester Palmer       | Suffolk          | 23.27 |          |        |

**T48 SB 200 metres Heats**

**Heat 2**

**NS 21.90 ES 22.20 CBP 20.85**

**Record Holder - Ethan Franklin (Essex) 2025**

**Wind= -0.8**

| Posn | Bib | Name                  | County                     | Perf  | ESAA Std | Points |
|------|-----|-----------------------|----------------------------|-------|----------|--------|
| 1    | 77  | Leon Francis          | Surrey                     | 21.54 | NS       | Q      |
| 2    | 47  | Sean O'donnell        | Lincolnshire               | 21.92 | ES       | q      |
| 3    | 45  | Ross Priestley        | Leicestershire and Rutland | 21.93 | ES       | 1      |
| 4    | 54  | Lashaun Thorpe-Mclean | Middlesex                  | 21.95 | ES       | 1      |
| 5    | 37  | Harry Emeh            | Hertfordshire              | 22.35 |          |        |
| 6    | 63  | Chibunna Obirieze     | Nottinghamshire            | 22.81 |          |        |
| 7    | 69  | Tomisin Awofisayo     | Somerset                   | 22.91 |          |        |

**T48 SB 200 metres Heats**

**Heat 3**

**NS 21.90 ES 22.20 CBP 20.85**

**Record Holder - Ethan Franklin (Essex) 2025**

**Wind= -1.5**

| Posn | Bib | Name                 | County          | Perf  | ESAA Std | Points |
|------|-----|----------------------|-----------------|-------|----------|--------|
| 1    | 43  | THOMAS KELSALL       | Lancashire      | 22.37 |          | Q      |
| 2    | 54a | Connor Chung-Tak Man | Middlesex       | 22.43 |          |        |
| 3    | 15  | Matteo Symons-Chan   | Cornwall        | 22.68 |          |        |
| 4    | 71  | Krystian Michalski   | South Yorkshire | 23.17 |          |        |
| 5    | 64  | Jake Booth           | Nottinghamshire | 23.18 |          |        |
| 6    | 1   | Jamie Semple         | Avon            | 23.64 |          |        |
| 7    | 26  | Harry Simpson        | Durham          | 23.65 |          |        |

**T48 SB 200 metres Heats**

**Heat 4**

**NS 21.90 ES 22.20 CBP 20.85**

**Record Holder - Ethan Franklin (Essex) 2025**

**Wind= -0.5**

| Posn | Bib | Name               | County                     | Perf  | ESAA Std | Points |
|------|-----|--------------------|----------------------------|-------|----------|--------|
| 1    | 53  | Sean Appiah        | Middlesex                  | 21.45 | NS       | Q      |
| 2    | 81  | Harrison Nash      | Warwickshire               | 21.86 | NS       | q      |
| 3    | 33  | Scott Harris       | Hampshire                  | 22.01 | ES       | 1      |
| 4    | 59  | Cristian Omorodion | Northumberland             | 22.18 | ES       | 1      |
| 5    | 89  | Theo Le Tissier    | Channel Islands            | 22.51 |          |        |
| 6    | 46  | Henry Booth        | Leicestershire and Rutland | 22.93 |          |        |
| 7    | 26a | Temitope Sowunmi   | Durham                     | 23.72 |          |        |
| 8    | 21  | Aaron Smith        | Devon                      | 24.09 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T67 SB 200 metres Final**

**NS 21.90 ES 22.20 CBP 20.85**

**Record Holder - Ethan Franklin (Essex) 2025**

**Wind= -1.7**

| Posn | Bib | Name              | County       | Perf  | ESAA Std | Points |
|------|-----|-------------------|--------------|-------|----------|--------|
| 1    | 53  | Sean Appiah       | Middlesex    | 21.17 | NS       | 10     |
| 2    | 78  | Adam Ofeimun      | Surrey       | 21.32 | NS       | 9      |
| 3    | 81  | Harrison Nash     | Warwickshire | 21.86 | NS       | 8      |
| 4    | 44  | Alistair Sharrock | Lancashire   | 21.92 | ES       | 7      |
| 5    | 3   | Khyan Markland    | Bedfordshire | 22.33 |          | 6      |
| 6    | 43  | THOMAS KELSALL    | Lancashire   | 22.43 |          | 3      |
| 7    | 47  | Sean O'donnell    | Lincolnshire | 22.47 |          | 3      |
| 8    | 77  | Leon Francis      | Surrey       | DNF   |          | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T18 SB 400 metres Heats**

**Heat 1**

**NS 48.80 ES 49.70 CBP 46.26**

**Record Holder - Mark Hylton (Berkshire) 1995**

| Posn | Bib | Name            | County                      | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------------------|-------|----------|--------|
| 1    | 38  | Daniel Skilbeck | Hertfordshire               | 48.22 | NS       | Q      |
| 2    | 67  | Joe Flynn       | Shropshire                  | 49.18 | ES       | Q      |
| 3    | 59  | Arran HEAD      | Northumberland              | 49.20 | ES       | q      |
| 4    | 13  | Thomas Watton   | Cleveland                   | 49.26 | ES       | 1      |
| 5    | 33  | Tobenna Okoro   | Hampshire                   | 49.91 |          |        |
| 6    | 31  | Samuel Cuffe    | Greater Manchester          | 50.78 |          |        |
| 7    | 35  | Oscar Leyland   | Hereford and Worcestershire | 50.99 |          |        |
| 8    | 55  | Jonathon Crowle | Norfolk                     | 51.53 |          |        |

**T18 SB 400 metres Heats**

**Heat 2**

**NS 48.80 ES 49.70 CBP 46.26**

**Record Holder - Mark Hylton (Berkshire) 1995**

| Posn | Bib | Name            | County                     | Perf  | ESAA Std | Points |
|------|-----|-----------------|----------------------------|-------|----------|--------|
| 1    | 61  | Rowan Whittaker | North Yorkshire            | 48.75 | NS       | Q      |
| 2    | 83  | Harvey Nelson   | West Midlands              | 48.82 | ES       | Q      |
| 3    | 9   | Benedict Scott  | Cambridgeshire             | 49.29 | ES       | 1      |
| 4    | 37  | Joshua Hirst    | Hertfordshire              | 49.39 | ES       | 1      |
| 5    | 46  | Oliver Hume     | Leicestershire and Rutland | 49.86 |          |        |
| 6    | 79  | Raffaele Barra  | Sussex                     | 50.84 |          |        |
| 7    | 76  | Aidan Wright    | Suffolk                    | 53.29 |          |        |

**T18 SB 400 metres Heats**

**Heat 3**

**NS 48.80 ES 49.70 CBP 46.26**

**Record Holder - Mark Hylton (Berkshire) 1995**

| Posn | Bib | Name              | County                     | Perf  | ESAA Std | Points |
|------|-----|-------------------|----------------------------|-------|----------|--------|
| 1    | 27  | Matthew Agbolegbe | Essex                      | 48.24 | NS       | Q      |
| 2    | 38a | Kai Fellows       | Hertfordshire              | 48.91 | ES       | Q      |
| 3    | 77  | Ryen Rennie       | Surrey                     | 49.09 | ES       | q      |
| 4    | 75  | Femi Seyi adelaja | Suffolk                    | 49.43 | ES       | 1      |
| 5    | 54  | Shakur Roberts    | Middlesex                  | 50.25 |          |        |
| 6    | 5   | Liam Gould        | Berkshire                  | 50.37 |          |        |
| 7    | 45  | MILO BROTHERTON   | Leicestershire and Rutland | 52.04 |          |        |
| 8    | 10  | Harry Collister   | Cambridgeshire             | 52.12 |          |        |

**T85 SB 400 metres Final**

**NS 48.80 ES 49.70 CBP 46.26**

**Record Holder - Mark Hylton (Berkshire) 1995**

| Posn | Bib | Name              | County          | Perf  | ESAA Std | Points |
|------|-----|-------------------|-----------------|-------|----------|--------|
| 1    | 61  | Rowan Whittaker   | North Yorkshire | 47.84 | NS       | 10     |
| 2    | 27  | Matthew Agbolegbe | Essex           | 47.97 | NS       | 9      |
| 3    | 38  | Daniel Skilbeck   | Hertfordshire   | 48.43 | NS       | 8      |
| 4    | 38a | Kai Fellows       | Hertfordshire   | 48.76 | NS       | 7      |
| 5    | 77  | Ryen Rennie       | Surrey          | 49.38 | ES       | 5      |
| 6    | 83  | Harvey Nelson     | West Midlands   | 49.48 | ES       | 4      |
| 7    | 59  | Arran HEAD        | Northumberland  | 49.80 |          | 3      |
| 8    | 67  | Joe Flynn         | Shropshire      | 49.94 |          | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T39 SB 800 metres Heats**

**Heat 1**

**NS 1:52.00 ES 1:54.00 CBP 1:48.60**

**Record Holder - Paul Burgess (Leicestershire) 1989**

| Posn | Num | Name                    | County             | Perf    | ESAA Std | Points |   |
|------|-----|-------------------------|--------------------|---------|----------|--------|---|
| 1    | 23  | Joseph Usher            | Dorset             | 1:53.90 | ES       |        | Q |
| 2    | 55  | William Percival        | Norfolk            | 1:54.15 |          |        |   |
| 3    | 59  | Zac Brannon             | Northumberland     | 1:54.52 |          |        |   |
| 4    | 37  | Oscar Nagalingam        | Hertfordshire      | 1:54.88 |          |        |   |
| 5    | 31  | Thomas Alexander AMARAL | Greater Manchester | 1:57.70 |          |        |   |
| 6    | 86a | Ben Slow                | West Yorkshire     | 1:57.77 |          |        |   |
| 7    | 75  | James McAllen           | Suffolk            | 1:58.02 |          |        |   |
| 8    | 65  | William Potts           | Oxfordshire        | 1:59.51 |          |        |   |
| 9    | 9   | Jonathan Bridger        | Cambridgeshire     | 2:04.55 |          |        |   |
| 10   | 68a | Simon Bagshaw           | Shropshire         | 2:05.10 |          |        |   |

**T39 SB 800 metres Heats**

**Heat 2**

**NS 1:52.00 ES 1:54.00 CBP 1:48.60**

**Record Holder - Paul Burgess (Leicestershire) 1989**

| Posn | Num | Name                 | County                      | Perf    | ESAA Std | Points |   |
|------|-----|----------------------|-----------------------------|---------|----------|--------|---|
| 1    | 25  | William Jardine      | Durham                      | 1:52.60 | ES       |        | Q |
| 2    | 35  | Samuel Hembry        | Hereford And Worcestershire | 1:52.87 | ES       |        | q |
| 3    | 1   | Max McKinstry        | Avon                        | 1:53.59 | ES       | 1      |   |
| 4    | 53  | Arthur Phillips      | Middlesex                   | 1:53.73 | ES       | 1      |   |
| 5    | 61  | Will Hardy           | North Yorkshire             | 1:54.83 |          |        |   |
| 6    | 76  | Harry Read           | Suffolk                     | 1:55.12 |          |        |   |
| 7    | 66a | Ruben Buckner-Rowley | Oxfordshire                 | 1:55.36 |          |        |   |
| 8    | 34a | Oliver Freemantle    | Hampshire                   | 1:55.42 |          |        |   |
| 9    | 64  | William Brailey      | Nottinghamshire             | 1:56.64 |          |        |   |
| 10   | 10  |                      |                             | 1:59.02 |          |        |   |

**T39 SB 800 metres Heats**

**Heat 3**

**NS 1:52.00 ES 1:54.00 CBP 1:48.60**

**Record Holder - Paul Burgess (Leicestershire) 1989**

| Posn | Num | Name           | County          | Perf    | ESAA Std | Points |   |
|------|-----|----------------|-----------------|---------|----------|--------|---|
| 1    | 19  | Henry Hemmings | Derbyshire      | 1:51.77 | NS       |        | Q |
| 2    | 28  | Lochlan Dyer   | Essex           | 1:51.89 | NS       |        | q |
| 3    | 63  | Jude Ryan      | Nottinghamshire | 1:52.81 | ES       |        | q |
| 4    | 34  | Ewan Gwyer     | Hampshire       | 1:53.91 | ES       | 1      |   |
| 5    | 11  | Jake Rowley    | Cheshire        | 1:54.95 |          |        |   |
| 6    | 86  | Cole McAndrew  | West Yorkshire  | 1:55.34 |          |        |   |
| 7    | 71  | ALFIE BEDFORD  | South Yorkshire | 1:55.62 |          |        |   |
| 8    | 56  | Finlay Haynes  | Norfolk         | 1:56.24 |          |        |   |
| 9    | 66  | Jonas Tipping  | Oxfordshire     | 1:57.57 |          |        |   |
| 10   | 67  | Ralph Brown    | Shropshire      | 2:00.05 |          |        |   |

**T39 SB 800 metres Heats**

**Heat 4**

**NS 1:52.00 ES 1:54.00 CBP 1:48.60**

**Record Holder - Paul Burgess (Leicestershire) 1989**

| Posn | Num | Name              | County                     | Perf    | ESAA Std | Points |   |
|------|-----|-------------------|----------------------------|---------|----------|--------|---|
| 1    | 27  | Findlay McLaren   | Essex                      | 1:50.73 | NS       |        | Q |
| 2    | 41  | Theo Ronchetti    | Kent                       | 1:52.84 | ES       |        | q |
| 3    | 7   | Sarim Toqeer      | Buckinghamshire            | 1:54.09 |          |        |   |
| 4    | 68  | Kody Gilbody      | Shropshire                 | 1:54.27 |          |        |   |
| 5    | 85  | Otis Brooks       | West Yorkshire             | 1:54.36 |          |        |   |
| 6    | 43  | Luke Ward         | Lancashire                 | 1:55.15 |          |        |   |
| 7    | 60  | Charlie Furness   | Northumberland             | 1:58.01 |          |        |   |
| 8    | 45  | William Griffiths | Leicestershire And Rutland | 1:58.35 |          |        |   |
| 9    | 20  | Theo Jones        | Derbyshire                 | 2:01.73 |          |        |   |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T75 SB 800 metres Final**

**NS 1:52.00 ES 1:54.00 CBP 1:48.60**

**Record Holder - Paul Burgess (Leicestershire) 1989**

| Posn | Num | Name             | County                      | Perf    | ESAA Std | Points |
|------|-----|------------------|-----------------------------|---------|----------|--------|
| 1    | 55  | William Percival | Norfolk                     | 1:51.29 | NS       | 10     |
| 2    | 63  | Jude Ryan        | Nottinghamshire             | 1:51.49 | NS       | 9      |
| 3    | 41  | Theo Ronchetti   | Kent                        | 1:51.50 | NS       | 8      |
| 4    | 35  | Samuel Hembry    | Hereford And Worcestershire | 1:51.96 | NS       | 7      |
| 5    | 19  | Henry Hemmings   | Derbyshire                  | 1:53.15 | ES       | 6      |
| 6    | 23  | Joseph Usher     | Dorset                      | 1:54.98 |          | 4      |
| 7    | 25  | William Jardine  | Durham                      | 1:56.03 |          | 3      |
| 8    | 27  | Findlay McLaren  | Essex                       | 1:57.81 |          | 3      |
| 9    | 28  | Lochlan Dyer     | Essex                       | 2:19.62 |          | 2      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**T43 SB 1500 metres Heats**

**Heat 1**

**NS 3:55.00 ES 3:58.00 CBP 3:45.90**

**Record Holder - Clifton Bradeley (Staffordshire) 1984**

| Posn | Num | Name                   | County                     | Perf    | ESAA Std | Points |
|------|-----|------------------------|----------------------------|---------|----------|--------|
| 1    | 37  | Ben Murphy             | Hertfordshire              | 3:58.38 | 0        | Q      |
| 2    | 43  | MATTHEW DRUMMOND CLARK | Lancashire                 | 3:58.45 |          | Q      |
| 3    | 39  | Sebastian Pearson      | Humberside                 | 3:58.45 |          | Q      |
| 4    | 60  | Alfie Cook             | Northumberland             | 3:58.49 |          | Q      |
| 5    | 42  | Jed Starvis            | Kent                       | 3:58.56 |          | Q      |
| 6    | 33  | Harris Worship         | Hampshire                  | 3:58.71 |          | Q      |
| 7    | 69  | Cai Lewis              | Somerset                   | 3:58.72 |          |        |
| 8    | 31  | Evan Horwell           | Greater Manchester         | 4:00.41 |          |        |
| 9    | 79  | Jake Michael Pursey    | Sussex                     | 4:00.79 |          |        |
| 10   | 62  | Tom Matthews           | North Yorkshire            | 4:04.57 |          |        |
| 11   | 76  | Max Uttley             | Suffolk                    | 4:07.48 |          |        |
| 12   | 13  | Jacob Brown            | Cleveland                  | 4:08.40 |          |        |
| 13   | 45  | Henry Haslam           | Leicestershire And Rutland | 4:11.00 |          |        |
| 14   | 70a | Callum Mcdonald        | Somerset                   | 4:12.05 |          |        |

**T43 SB 1500 metres Heats**

**Heat 2**

**NS 3:55.00 ES 3:58.00 CBP 3:45.90**

**Record Holder - Clifton Bradeley (Staffordshire) 1984**

| Posn | Num | Name              | County             | Perf    | ESAA Std | Points |
|------|-----|-------------------|--------------------|---------|----------|--------|
| 1    | 75  | Sebastian Melero  | Suffolk            | 3:59.26 |          | Q      |
| 2    | 51  | Liam Johnson      | Merseyside         | 3:59.52 |          | Q      |
| 3    | 59  | Daniel Watson     | Northumberland     | 3:59.59 |          | Q      |
| 4    | 61  | Isaac Stabler     | North Yorkshire    | 3:59.61 |          | Q      |
| 5    | 27  | Jacob Hurrell     | Essex              | 4:00.01 |          | Q      |
| 6    | 53  | Marcus Solomon    | Middlesex          | 4:00.39 |          | Q      |
| 7    | 17  | Hugo Berry        | Cumbria            | 4:00.94 |          |        |
| 8    | 9   | Noah Scott-Donkin | Cambridgeshire     | 4:03.39 |          |        |
| 9    | 80  | Arun KHURSHED     | SUSSEX             | 4:03.95 |          |        |
| 10   | 34  | Archie Pearson    | Hampshire          | 4:04.57 |          |        |
| 11   | 32a | Sami Manir-Jolley | Greater Manchester | 4:08.66 |          |        |
| 12   | 63  | Edward Holden     | Nottinghamshire    | 4:09.91 |          |        |
| 13   | 81  | Zak Lambert       | Warwickshire       | 4:14.76 |          |        |
| 14   | 32  | Finlay Dobson     | Greater Manchester | 4:21.57 |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T102 SB 1500 metres Final**

**NS 3:55.00 ES 3:58.00 CBP 3:45.90**

**Record Holder - Clifton Bradeley (Staffordshire) 1984**

| Posn | Num | Name                   | County          | Perf    | ESAA Std | Points |
|------|-----|------------------------|-----------------|---------|----------|--------|
| 1    | 27  | Jacob Hurrell          | Essex           | 3:58.50 |          | 8      |
| 2    | 51  | Liam Johnson           | Merseyside      | 3:59.64 |          | 7      |
| 3    | 43  | MATTHEW DRUMMOND CLARK | Lancashire      | 4:00.11 |          | 6      |
| 4    | 59  | Daniel Watson          | Northumberland  | 4:00.14 |          | 5      |
| 5    | 61  | Isaac Stabler          | North Yorkshire | 4:01.04 |          | 4      |
| 6    | 39  | Sebastian Pearson      | Humberside      | 4:01.17 |          | 3      |
| 7    | 53  | Marcus Solomon         | Middlesex       | 4:01.44 |          | 2      |
| 8    | 42  | Jed Starvis            | Kent            | 4:01.61 |          | 1      |
| 9    | 33  | Harris Worship         | Hampshire       | 4:02.44 |          |        |
| 10   | 60  | Alfie Cook             | Northumberland  | 4:05.81 |          |        |
| 11   | 37  | Ben Murphy             | Hertfordshire   | 4:08.49 |          |        |
| 12   | 75  | Sebastian Melero       | Suffolk         | 4:29.72 |          |        |

**Points awarded include additional points (ESAA standards NS & ES) from heats,**

**T44 SB 3000 metres Heats**

**Heat 1**

**NS 8:24.00 ES 8:33.00 CBP 8:10.46**

**Record Holder - Aron Gebremariam (West Midlands) 2024**

| Posn | Num | Name              | County             | Perf    | ESAA Std | Points |
|------|-----|-------------------|--------------------|---------|----------|--------|
| 1    | 55  | Michael Clark     | Norfolk            | 8:34.40 |          | Q      |
| 2    | 22  | Rory Barclay-Watt | Devon              | 8:34.88 |          | Q      |
| 3    | 53  | Henry Barker      | Middlesex          | 8:35.31 |          | Q      |
| 4    | 21  | Martin Falle      | Devon              | 8:35.93 |          | Q      |
| 5    | 11  | Jack Marwood      | Cheshire           | 8:36.41 |          | Q      |
| 6    | 33  | Jon Pepin         | Hampshire          | 8:37.21 |          | Q      |
| 7    | 61  | Jack Sanderson    | North Yorkshire    | 8:39.38 |          |        |
| 8    | 12  | Lewis Morris      | Cheshire           | 8:48.48 |          |        |
| 9    | 2   | Joseph Finch      | Avon               | 8:49.99 |          |        |
| 10   | 31  | Pio Aron          | Greater Manchester | 8:54.12 |          |        |
| 11   | 1   | James Bennett     | Avon               | 8:57.38 |          |        |
| 12   | 32  | Theodor Austin    | Greater Manchester | 9:00.55 |          |        |

**T44 SB 3000 metres Heats**

**Heat 2**

**NS 8:24.00 ES 8:33.00 CBP 8:10.46**

**Record Holder - Aron Gebremariam (West Midlands) 2024**

| Posn | Num | Name             | County                      | Perf    | ESAA Std | Points |
|------|-----|------------------|-----------------------------|---------|----------|--------|
| 1    | 43  | Myles Fraser     | Lancashire                  | 9:06.59 |          | Q      |
| 2    | 35  | Gabriel Wagstaff | Hereford And Worcestershire | 9:07.01 |          | Q      |
| 3    | 87  | Charlie Coles    | Wiltshire                   | 9:08.01 |          | Q      |
| 4    | 41  | Joseph Hill      | Kent                        | 9:08.02 |          | Q      |
| 5    | 19  | Remi Clifford    | Derbyshire                  | 9:09.12 |          | Q      |
| 6    | 54  | Louis Moore      | Middlesex                   | 9:10.00 |          | Q      |
| 7    | 75  | Roman Gambling   | Suffolk                     | 9:11.32 |          |        |
| 8    | 69  | Tom Vestey       | Somerset                    | 9:12.11 |          |        |
| 9    | 71  | Daniel Reeve     | South Yorkshire             | 9:14.83 |          |        |
| 10   | 81  | Sam Lambert      | Warwickshire                | 9:17.67 |          |        |
| 11   | 9   | Conor McBrien    | Cambridgeshire              | 9:24.30 |          |        |
| 12   | 76  | Alfie Jeffery    | Suffolk                     | DNF     |          |        |

**ESAA T&F Championships**  
**Friday 10th & Saturday 11th July 2026 : Alexandra Stadium, Birmingham**

**T98 SB 3000 metres Final**

**NS 8:24.00 ES 8:33.00 CBP 8:10.46**

**Record Holder - Aron Gebremariam (West Midlands) 2024**

| Posn | Num | Name              | County                      | Perf    | ESAA Std | Points |
|------|-----|-------------------|-----------------------------|---------|----------|--------|
| 1    | 55  | Michael Clark     | Norfolk                     | 8:15.78 | NS       | 10     |
| 2    | 22  | Rory Barclay-Watt | Devon                       | 8:18.09 | NS       | 9      |
| 3    | 11  | Jack Marwood      | Cheshire                    | 8:20.76 | NS       | 8      |
| 4    | 21  | Martin Falle      | Devon                       | 8:23.01 | NS       | 7      |
| 5    | 54  | Louis Moore       | Middlesex                   | 8:26.41 | ES       | 5      |
| 6    | 87  | Charlie Coles     | Wiltshire                   | 8:28.76 | ES       | 4      |
| 7    | 43  | Myles Fraser      | Lancashire                  | 8:32.75 | ES       | 3      |
| 8    | 53  | Henry Barker      | Middlesex                   | 8:33.23 |          | 1      |
| 9    | 33  | Jon Pepin         | Hampshire                   | 8:39.95 |          |        |
| 10   | 41  | Joseph Hill       | Kent                        | 8:41.31 |          |        |
| 11   | 35  | Gabriel Wagstaff  | Hereford And Worcestershire | 8:44.89 |          |        |
| 12   | 19  | Remi Clifford     | Derbyshire                  | 8:56.34 |          |        |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

**T108 SB 2000m S/C 91.4cm Heats Heat 1**

**NS 6:08.00 ES 6:18.00 CBP 5:38.20**

**Record Holder - Spencer Duval (Staffordshire) 1989**

| Posn | Num | Name             | County          | Perf    | ESAA Std | Points |
|------|-----|------------------|-----------------|---------|----------|--------|
| 1    | 55  | Alfie Bone       | Norfolk         | 6:07.92 | NS       | Q      |
| 2    | 61  | Luke Shacklock   | North Yorkshire | 6:07.93 | NS       | Q      |
| 3    | 81  | Archie Lane      | Warwickshire    | 6:08.05 | ES       | Q      |
| 4    | 1   | Stanley Wyatt    | Avon            | 6:09.43 | ES       | Q      |
| 5    | 79  | Freddie Matthews | Sussex          | 6:09.89 | ES       | Q      |
| 6    | 77  | Harry Klein      | Surrey          | 6:12.73 | ES       | Q      |
| 7    | 73  | Hayden Murphy    | Staffordshire   | 6:15.48 | ES       | 1      |
| 8    | 9   | Sandy Mcdonald   | Cambridgeshire  | 6:23.57 |          |        |
| 9    | 6   | Josh Norton      | Berkshire       | 6:25.62 |          |        |
| 10   | 43  | Jack Eccles      | Lancashire      | 6:28.35 |          |        |

**T108 SB 2000m S/C 91.4cm Heats Heat 2**

**NS 6:08.00 ES 6:18.00 CBP 5:38.20**

**Record Holder - Spencer Duval (Staffordshire) 1989**

| Posn | Num | Name              | County        | Perf    | ESAA Std | Points |
|------|-----|-------------------|---------------|---------|----------|--------|
| 1    | 56  | Billy Eccles      | Norfolk       | 6:01.06 | NS       | Q      |
| 2    | 41  | Benjamin O'Grady  | Kent          | 6:04.68 | NS       | Q      |
| 3    | 27  | Danny Curran      | Essex         | 6:04.77 | NS       | Q      |
| 4    | 44  | Harrison Stokes   | Lancashire    | 6:04.92 | NS       | Q      |
| 5    | 3   | Archie Henderson  | Bedfordshire  | 6:05.07 | NS       | Q      |
| 6    | 78  | Christopher Cull  | Surrey        | 6:05.85 | NS       | Q      |
| 7    | 53  | Sam Turner        | Middlesex     | 6:08.20 | ES       | 1      |
| 8    | 5   | James Titmas      | Berkshire     | 6:15.03 | ES       | 1      |
| 9    | 37  | Aubrey Murray     | Hertfordshire | 6:39.83 |          |        |
| 10   | 75  | Jack Lugo-Hankins | Suffolk       | 6:43.54 |          |        |

**T94 SB 2000m S/C 91.4cm Final**

**NS 6:08.00 ES 6:18.00 CBP 5:38.20**

**Record Holder - Spencer Duval (Staffordshire) 1989**

| Posn | Num | Name             | County          | Perf    | ESAA Std | Points |
|------|-----|------------------|-----------------|---------|----------|--------|
| 1    | 61  | Luke Shacklock   | North Yorkshire | 5:50.86 | NS       | 10     |
| 2    | 44  | Harrison Stokes  | Lancashire      | 5:56.75 | NS       | 9      |
| 3    | 77  | Harry Klein      | Surrey          | 5:57.63 | NS       | 8      |
| 4    | 27  | Danny Curran     | Essex           | 5:59.36 | NS       | 7      |
| 5    | 1   | Stanley Wyatt    | Avon            | 6:05.21 | NS       | 6      |
| 6    | 78  | Christopher Cull | Surrey          | 6:05.50 | NS       | 5      |
| 7    | 56  | Billy Eccles     | Norfolk         | 6:12.48 | ES       | 4      |
| 8    | 55  | Alfie Bone       | Norfolk         | 6:12.76 | ES       | 3      |
| 9    | 81  | Archie Lane      | Warwickshire    | 6:15.74 | ES       | 1      |
| 10   | 3   | Archie Henderson | Bedfordshire    | 6:21.09 |          | 2      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*

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**T51 U19M 110 metres Hurdles (99.1cm) Final**

**NS 14.80 ES 15.60 CBP 0.00**

**Record Holder - Noah Hanson (Essex) 2024**

**Wind= -2.5**

| Posn | Bib | Name               | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------|-----------------|-------|----------|--------|
| 1    | 53  | Montana Dennis     | Middlesex       | 14.73 | NS       | 10     |
| 2    | 41  | Samuel Newton      | Kent            | 14.81 | ES       | 8      |
| 3    | 59  | Luke Pichler       | Northumberland  | 14.89 | ES       | 7      |
| 4    | 7   | Alexander Eldridge | Buckinghamshire | 14.90 | ES       | 6      |
| 5    | 11  | Reece Bradley      | Cheshire        | 15.35 | ES       | 5      |
| 6    | 29  | Oliver Belbeck     | Gloucestershire | 16.41 |          | 3      |
| 7    | 5   | Tom Croft          | Berkshire       | DQ    |          |        |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T29 U19M 400 metres Hurdles (91.4cm) Heat 1**

**NS 55.50 ES 58.00 CBP 0.00**

**Record Holder - Max Robertson (Somerset) 1982**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------------|-------|----------|--------|
| 1    | 81  | Elliott Godfrey | Warwickshire       | 55.23 | NS       | Q      |
| 2    | 5   | Oliver Hall     | Berkshire          | 55.84 | ES       | Q      |
| 3    | 79  | Sonny Ryder     | Sussex             | 55.97 | ES       | Q      |
| 4    | 63  | Euan Fraser     | Nottinghamshire    | 57.63 | ES       | q      |
| 5    | 11  | Henry Smith     | Cheshire           | 57.78 | ES       | q      |
| 6    | 31  | Owen Baron      | Greater Manchester | 60.21 |          |        |

**T29 U19M 400 metres Hurdles (91.4cm) Heat 2**

**NS 55.50 ES 58.00 CBP 0.00**

**Record Holder - Max Robertson (Somerset) 1982**

| Posn | Bib | Name           | County                      | Perf  | ESAA Std | Points |
|------|-----|----------------|-----------------------------|-------|----------|--------|
| 1    | 87  | Arthur Widdows | Wiltshire                   | 55.26 | NS       | Q      |
| 2    | 35  | Ollie Dieppe   | Hereford and Worcestershire | 55.67 | ES       | Q      |
| 3    | 82  | SEB HILLARD    | Warwickshire                | 57.20 | ES       | Q      |
| 4    | 37  | Haydan London  | Hertfordshire               | 57.90 | ES       | 1      |
| 5    | 17  | Joe Waddington | Cumbria                     | 61.61 |          |        |

**T91 U19M 400 metres Hurdles (91.4cm) Final**

**NS 55.50 ES 58.00 CBP 0.00**

**Record Holder - Max Robertson (Somerset) 1982**

| Posn | Bib | Name            | County                      | Perf  | ESAA Std | Points |
|------|-----|-----------------|-----------------------------|-------|----------|--------|
| 1    | 5   | Oliver Hall     | Berkshire                   | 54.03 | NS       | 10     |
| 2    | 35  | Ollie Dieppe    | Hereford and Worcestershire | 54.26 | NS       | 9      |
| 3    | 87  | Arthur Widdows  | Wiltshire                   | 54.48 | NS       | 8      |
| 4    | 81  | Elliott Godfrey | Warwickshire                | 55.19 | NS       | 7      |
| 5    | 82  | SEB HILLARD     | Warwickshire                | 56.23 | ES       | 5      |
| 6    | 79  | Sonny Ryder     | Sussex                      | 57.45 | ES       | 4      |
| 7    | 63  | Euan Fraser     | Nottinghamshire             | 57.54 | ES       | 3      |
| 8    | 11  | Henry Smith     | Cheshire                    | 58.49 |          | 2      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

**T35 SB Relay 4 x 100m Final**

**NS 43.00 ES 44.50 CBP 40.55**

**Record Holder - (Middlesex) 2009**

| Posn | Bib | Name | County             | Perf  | ESAA Std | Points |
|------|-----|------|--------------------|-------|----------|--------|
| 1    | 77  |      | Surrey             | 40.98 | NS       | 10     |
| 2    | 53  |      | Middlesex          | 41.26 | NS       | 9      |
| 3    | 5   |      | Berkshire          | 42.96 | NS       | 8      |
| 4    | 27  |      | Essex              | 43.25 | ES       | 6      |
| 5    | 37  |      | Hertfordshire      | 43.59 | ES       | 5      |
| 6    | 31  |      | Greater Manchester | 44.14 | ES       | 4      |

Points awarded include additional points (ESAA standards NS & ES) from heats,

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**T78 Senior Mixed Relay 4 x 100m Heats      Heat 1**

**NS 45.50   ES 47.00   CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points   |
|------|-----|------|-----------------|-------|----------|----------|
| 1    | 81  |      | Warwickshire    | 44.83 | NS       | <i>Q</i> |
| 2    | 73  |      | Staffordshire   | 45.21 | NS       | <i>Q</i> |
| 3    | 63  |      | Nottinghamshire | 45.21 | NS       | <i>q</i> |
| 4    | 43  |      | Lancashire      | 45.60 | ES       | <i>q</i> |
| 5    | 59  |      | Northumberland  | 45.68 | ES       | 0.5      |
| 6    | 75  |      | Suffolk         | 47.04 |          |          |

**T78 Senior Mixed Relay 4 x 100m Heats      Heat 2**

**NS 45.50   ES 47.00   CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points   |
|------|-----|------|-----------------|-------|----------|----------|
| 1    | 55  |      | Norfolk         | 44.88 | NS       | <i>Q</i> |
| 2    | 11  |      | Cheshire        | 45.25 | NS       | <i>Q</i> |
| 3    | 21  |      | Devon           | 45.71 | ES       | 0.5      |
| 4    | 65  |      | Oxfordshire     | 47.05 |          |          |
| 5    | 71  |      | South Yorkshire | 47.37 |          |          |
| 6    | 19  |      | Derbyshire      | 47.92 |          |          |
| 7    | 25  |      | Durham          | DNF   |          |          |

**T78 Senior Mixed Relay 4 x 100m Heats      Heat 3**

**NS 45.50   ES 47.00   CBP 44.21**

**Record Holder - Bedfordshire 2023**

| Posn | Bib | Name | County          | Perf  | ESAA Std | Points   |
|------|-----|------|-----------------|-------|----------|----------|
| 1    | 51  |      | Merseyside      | 43.73 | NS       | <i>Q</i> |
| 2    | 69  |      | Somerset        | 46.86 | ES       | <i>Q</i> |
| 3    | 15  |      | Cornwall        | 46.86 | ES       | 0.5      |
| 4    | 67  |      | Shropshire      | 47.11 |          |          |
| 5    | 85  |      | West Yorkshire  | 47.18 |          |          |
| 6    | 61  |      | North Yorkshire | 47.64 |          |          |

**T97 Senior Mixed Relay 4 x 100m Final**

**NS 45.50   ES 47.00   CBP 44.21**

**Record Holder - 0**

| Posn     | Bib       | Name | County            | Perf         | ESAA Std          | Points |
|----------|-----------|------|-------------------|--------------|-------------------|--------|
| <b>1</b> | <b>51</b> |      | <b>Merseyside</b> | <b>43.63</b> | <b>NS/ Record</b> | 5      |
| 2        | 11        |      | Cheshire          | 43.83        | NS                | 4.5    |
| 3        | 81        |      | Warwickshire      | 44.39        | NS                | 4      |
| 4        | 55        |      | Norfolk           | 44.43        | NS                | 3.5    |
| 5        | 43        |      | Lancashire        | 44.62        | NS                | 3      |
| 6        | 73        |      | Staffordshire     | 44.77        | NS                | 2.5    |
| 7        | 63        |      | Nottinghamshire   | 44.96        | NS                | 2      |
| 8        | 69        |      | Somerset          | 47.63        |                   | 1      |

*Points awarded include additional points (ESAA standards NS & ES) from heats,*



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**F44 SB Long Jump**

**NS 6.80 ES 6.70 CBP 7.68**

**Record Holder - Julian Moore (West Midlands) 2001**

| Posn | Bib | Name                  | County           | Perf        | ESAA Std           | Points | Wind |
|------|-----|-----------------------|------------------|-------------|--------------------|--------|------|
| 1    | 53  | <b>Daniel Emegbor</b> | <b>Middlesex</b> | <b>7.82</b> | <b>NS / Record</b> | 10     |      |
| 2    | 69  | Andre Onyekwe         | Somerset         | 7.36        | NS                 | 9      |      |
| 3    | 41  | Joshua Dako           | Kent             | 7.10        | NS                 | 8      |      |
| 4    | 23  | William Launder       | Dorset           | 7.04        | NS                 | 7      |      |
| 5    | 79  | Jesse Sobrasuaipiri   | Sussex           | 6.96        | NS                 | 6      |      |
| 6    | 85  | Daniel Akintolu       | West Yorkshire   | 6.74        | ES                 | 4      |      |
| 7    | 27  | William Watts         | Essex            | 6.73        | ES                 | 3      |      |
| 8    | 84  | Cagan Kilic           | West Midlands    | 6.47        |                    | 1      |      |
| 9    | 25  | Daniel IAnson         | Durham           | 6.39        |                    |        |      |
| 10   | 11  | James Howarth         | Cheshire         | 6.37        |                    |        |      |

**F41 SB Triple Jump**

**NS 14.20 ES 13.50 CBP 15.92**

**Record Holder - Lawrence Lynch (London) 1985**

| Posn | Bib | Name                 | County             | Perf  | ESAA Std | Points | Wind |
|------|-----|----------------------|--------------------|-------|----------|--------|------|
| 1    | 27  | Sean-connor Atafo    | Essex              | 15.47 | NS       | 10     |      |
| 2    | 3   | Harley Henry         | Bedfordshire       | 15.43 | NS       | 9      |      |
| 3    | 61  | Ben Foulger          | North Yorkshire    | 14.68 | NS       | 8      |      |
| 4    | 53  | Joshua Chunye        | Middlesex          | 14.60 | NS       | 7      |      |
| 5    | 23  | Zachary Richings     | Dorset             | 14.53 | NS       | 6      |      |
| 6    | 25  | Ben Cunningham       | Durham             | 14.34 | NS       | 5      |      |
| 7    | 41  | Rahman Odugbayi      | Kent               | 14.31 | NS       | 4      |      |
| 8    | 29  | Oshotare Kadirir     | Gloucestershire    | 14.17 | ES       | 2      |      |
| 9    | 80  | David Michael-ulocho | Sussex             | 13.92 | ES       | 1      |      |
| 10   | 79  | Ayotunde Joseph      | Sussex             | 13.68 | ES       | 1      |      |
| 11   | 31  | Quaid Sin            | Greater Manchester | 13.67 | ES       | 1      |      |
| 12   | 33  | Logan Cookson        | Hampshire          | 13.63 | ES       | 1      |      |
| 13   | 37  | Timothy Madukah      | Hertfordshire      | 13.59 | ES       | 1      |      |

**F45 SB High Jump**

**NS 2.01 ES 1.95 CBP 2.25**

**Record Holder - Geoff Parsons (Kent) 1983**

| Posn | Bib | Name                    | County                     | Perf | ESAA Std | Points |
|------|-----|-------------------------|----------------------------|------|----------|--------|
| 1    | 87  | Otis Poole              | Wiltshire                  | 2.21 | NS       | 10     |
| 2    | 3   | Zaphaniah Bryan         | Bedfordshire               | 2.07 | NS       | 9      |
| 3    | 37  | Alexander Gooden-Devesa | Hertfordshire              | 2.04 | NS       | 8      |
| 4=   | 45  | David Oduwusi           | Leicestershire And Rutland | 2.01 | NS       | 6.5    |
| 4=   | 27  | Charlie Pyner           | Essex                      | 2.01 | NS       | 6.5    |
| 6    | 41  | Daniel Obike            | Kent                       | 2.01 | NS       | 5      |
| 7    | 24  | Theo Knott              | Dorset                     | 1.98 | ES       | 3      |
| 8    | 9   | Omondi Owuor            | Cambridgeshire             | 1.95 | ES       | 2      |
| 9    | 83  | Sam Morris              | West Midlands              | 1.92 |          |        |
| 10   | 1   | Joshua Toms             | Avon                       | 1.92 |          |        |
| 11   | 23  | Harry Robson            | Dorset                     | 1.87 |          |        |
| 12   | 79  | Malik Clark             | Sussex                     | 1.82 |          |        |

**F37 SB Pole Vault**

**NS 4.40 ES 4.10 CBP 5.16**

**Record Holder - Ben Flint (South Yorkshire) 1998**

| Posn | Bib | Name                | County                     | Perf | ESAA Std | Points |
|------|-----|---------------------|----------------------------|------|----------|--------|
| 1    | 85  | Arthur Reilly       | West Yorkshire             | 5.00 | NS       | 10     |
| 2    | 31  | Panagis Zapantis    | Greater Manchester         | 4.60 | NS       | 9      |
| 3    | 25  | Thomas Hill         | Durham                     | 4.50 | NS       | 8      |
| 4=   | 77  | Harry Owen          | Surrey                     | 4.40 | NS       | 6.5    |
| 4=   | 45  | Braimoh Busari      | Leicestershire And Rutland | 4.40 | NS       | 6.5    |
| 6    | 57  | Rhys Owen           | Northamptonshire           | 4.25 | ES       | 4      |
| 7    | 83  | Matthew Morris      | West Midlands              | 4.10 | ES       | 3      |
| 8    | 27  | Harry Casey         | Essex                      | 4.10 | ES       | 2      |
| 9    | 37  | Isaac Van den bergh | Hertfordshire              | 4.10 | ES       | 1      |
| 10   | 79  | Dylan Parr          | Sussex                     | 4.10 | ES       | 1      |
| 11   | 38  | Thomas Robertson    | Hertfordshire              | 3.90 |          |        |

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**F40 SB Shot 6Kg**

**NS 13.70 ES 12.80 CBP 20.64**

**Record Holder - Lewis Byng (Warwickshire) 2019**

| Posn | Bib | Name                     | County          | Perf  | ESAA Std | Points |
|------|-----|--------------------------|-----------------|-------|----------|--------|
| 1    | 47  | Lawson Capes             | Lincolnshire    | 17.74 | NS       | 10     |
| 2    | 33  | Olivier Coulibaly        | Hampshire       | 15.84 | NS       | 9      |
| 3    | 5   | Chummy Anthony-uzoeto    | Berkshire       | 15.36 | NS       | 8      |
| 4    | 29  | William Richards-Baldwin | Gloucestershire | 15.27 | NS       | 7      |
| 5    | 37  | Daniel Cadmus-alakuro    | Hertfordshire   | 14.25 | NS       | 6      |
| 6    | 55  | Charlie Broad            | Norfolk         | 14.24 | NS       | 5      |
| 7    | 48  | Reuban Cooper            | Lincolnshire    | 13.57 | ES       | 3      |
| 8    | 3   | Benjamin Ohwariovbe      | Bedfordshire    | 13.55 | ES       | 2      |
| 9    | 30  | Lewis Burnett-Hockey     | Gloucestershire | 12.81 | ES       | 1      |
| 10   | 67  | Dhyan Stephen            | Shropshire      | 12.74 |          |        |
| 11   | 38  | Theo Lloyd-Evans         | Hertfordshire   | 12.62 |          |        |
| 12   | 53  | Ethan Cort               | Middlesex       | 12.37 |          |        |

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**F18 SB Javelin 800g**

**NS 56.00 ES 52.00 CBP 73.41**

**Record Holder - Harry Hughes (Suffolk) 2016**

| Posn | Bib | Name            | County             | Perf  | ESAA Std | Points |
|------|-----|-----------------|--------------------|-------|----------|--------|
| 1    | 29  | Charlie Mason   | Gloucestershire    | 63.73 | NS       | 10     |
| 2    | 89  | Daniel Dubras   | Channel Islands    | 61.41 | NS       | 9      |
| 3    | 34  | Sam Nicholson   | Hampshire          | 60.29 | NS       | 8      |
| 4    | 55  | Archie Hannant  | Norfolk            | 58.67 | NS       | 7      |
| 5    | 30  | Henry Watson    | Gloucestershire    | 58.02 | NS       | 6      |
| 6    | 33  | Ben Barker      | Hampshire          | 57.68 | NS       | 5      |
| 7    | 87  | Henry Jones     | Wiltshire          | 57.37 | NS       | 4      |
| 8    | 88  | Jacob Earle     | Wiltshire          | 57.35 | NS       | 3      |
| 9    | 41  | William Law     | Kent               | 54.87 | ES       | 1      |
| 10   | 51  | James BRIERS    | Merseyside         | 52.30 | ES       | 1      |
| 11   | 79  | Barney Hastings | Sussex             | 51.02 |          |        |
| 12   | 31  | Fred Savage     | Greater Manchester | 50.81 |          |        |
| 13   | 57  | George Mills    | Northamptonshire   | 49.29 |          |        |
| 14   | 17  | Callum James    | Cumbria            | 45.88 |          |        |
|      | 1   | Corey Summers   | Avon               | NM    |          |        |

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**F35 SB Discus 1.75Kg**

**NS 46.00 ES 40.00 CBP 61.87**

**Record Holder - Lawrence Okoye (Surrey) 2010**

| Posn | Bib | Name             | County          | Perf  | ESAA Std | Points |
|------|-----|------------------|-----------------|-------|----------|--------|
| 1    | 41  | Harry Beard      | Kent            | 49.16 | NS       | 10     |
| 2    | 37  | Godwin Mutandwa  | Hertfordshire   | 48.06 | NS       | 9      |
| 3    | 1   | Owen Garrett     | Avon            | 47.85 | NS       | 8      |
| 4    | 69  | Finlay Stuart    | Somerset        | 46.68 | NS       | 7      |
| 5    | 79  | Lawrence Graham  | Sussex          | 42.48 | ES       | 5      |
| 6    | 43  | Ben Roberts      | Lancashire      | 41.27 | ES       | 4      |
| 7    | 70  | Deacon Evans     | Somerset        | 40.85 | ES       | 3      |
| 8    | 7   | Louis Nash       | Buckinghamshire | 39.62 |          | 1      |
| 9    | 19  | Tyler Booth      | Derbyshire      | 37.27 |          |        |
| 10   | 11  | Dun Xue          | Cheshire        | 36.12 |          |        |
| 11   | 73  | George Kugelmann | Staffordshire   | 34.40 |          |        |
| 12   | 80  | Oscar Piggott    | Sussex          | 32.57 |          |        |

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**F26 SB Hammer 6Kg**

**NS 58.00 ES 50.00 CBP 76.84**

**Record Holder - Jake Norris (Berks ) 2017**

| Posn | Bib | Name                   | County           | Perf  | ESAA Std | Points |
|------|-----|------------------------|------------------|-------|----------|--------|
| 1    | 83  | Ethan Kendrick         | West Midlands    | 64.19 | NS       | 10     |
| 2    | 34  | Jack Burgess           | Hampshire        | 57.62 | ES       | 8      |
| 3    | 33  | Aaron Axtell           | Hampshire        | 55.93 | ES       | 7      |
| 4    | 79  | Gabriel Barnard Seidel | Sussex           | 52.08 | ES       | 6      |
| 5    | 57  | Jack Hancock           | Northamptonshire | 51.92 | ES       | 5      |
| 6    | 55  | Thomas Norkett         | Norfolk          | 45.75 |          | 3      |
| 7    | 85  | Louie Reid             | West Yorkshire   | 44.87 |          | 2      |
| 8    | 5   | Soham Das              | Berkshire        | 44.33 |          | 1      |